



CT Scan

Advanced Imaging. Clear Answers.

Your doctor may recommend a CT scan to diagnose injury or illness or to monitor ongoing conditions. This advanced imaging exam creates detailed cross-sectional images of bones, organs, and soft tissues—providing more information than a standard X-ray.

At Iowa Radiology, CT exams are performed by experienced technologists using advanced imaging equipment. Our expert radiologists deliver precise interpretation and timely results, providing the insights your physician needs to guide your care with confidence.

What to Expect

When you arrive, you may be asked to drink oral contrast and wait 30–60 minutes before your scan. This contrast helps highlight certain organs. In some cases, contrast may also be given through an IV. Your exam may require no contrast, oral contrast, IV contrast, or both.

During the scan, you will lie on a table that moves slowly through the CT scanner. The exam is quick and painless. You may be asked to briefly hold your breath while images are taken. Please inform your provider if you have an allergy to iodine or contrast dye.

How to Prepare

- Follow instructions provided when your appointment was scheduled
- You may be asked not to eat, drink, or use nicotine for several hours
- Inform your provider if you have allergies or diabetes
- Check with your insurance provider regarding preauthorization

After Your Procedure

You may resume normal eating and drinking, unless instructed otherwise.

A radiologist will review your images and promptly share results with your doctor, who will discuss next steps with you if needed.

Schedule an Appointment

Current patients

Self-schedule in the patient portal, visit IowaRadiology.com.

New patients

Call us at 515-226-9810 to make an appointment.

LOCATIONS

3625 N Ankeny Blvd, Ste H, Ankeny, IA 50023

1221 Pleasant St, Ste 350, Des Moines, IA 50309

12368 Stratford Dr, Ste 300, Clive, IA 50325

2515 Grand Prairie Pkwy, 2nd Floor, Waukee, IA 50263

HOURS

Monday – Friday: 8 AM – 5 PM

Saturday appointments available.

515.226.9810

IowaRadiology.com

