



Hysterosalpingogram

A Closer Look at Reproductive Health

A hysterosalpingogram (HSG) is an X-ray exam that evaluates the uterus and fallopian tubes using fluoroscopy, a technology that provides real-time imaging. It is commonly performed as part of an infertility evaluation and may also be used to assess the uterus and fallopian tubes or confirm tubal blockage.

At Iowa Radiology, HSG exams are performed by experienced radiologists using advanced imaging technology to provide detailed evaluation and timely results that help guide care.

How to Prepare

- Wear a loose-fitting two-piece outfit.
- You may take 600 mg of ibuprofen one hour before your exam.
- For infertility evaluations, timing is critical. The exam is typically scheduled 6–12 days after the start of menstruation.

In Partnership With



What to Expect

A technologist will review your medical history and provide instructions for the exam. You will be asked to change into a gown and lie on an examination table.

During the procedure, a radiologist inserts a small catheter through the cervix and injects contrast material into the uterus. Real-time X-ray images are then taken to evaluate the uterus and fallopian tubes. You may be asked to change positions during the exam.

Some patients experience cramping similar to menstrual cramps. The exam typically takes about 30 minutes.

After the Exam

Mild cramping and spotting may occur for 24–48 hours following the exam.

A radiologist will discuss the results with you after the procedure and send a signed report to your referring physician, typically within one business day.

**Appointment
Time & Date:** _____

LOCATIONS

12368 Stratford Dr, Ste 300, Clive, IA 50325

HOURS

Hours vary by location.