



A Less Invasive Approach to Colon Screening

CT Colonography is a fast CT exam used to screen for colorectal cancer and detect polyps. It creates detailed images of the colon and rectum, allowing radiologists to evaluate both the colon lining and surrounding structures.

At Iowa Radiology, exams are performed in a comfortable outpatient setting using advanced CT technology with expert interpretation.

Benefits

- No sedation required
- No driver needed
- Quick return to normal activities
- Lower risk than traditional colonoscopy
- May be an option when sedation is not recommended
- Can detect findings outside the colon

In Partnership With



Who is a Candidate?

- Average-risk patients needing colorectal cancer screening
- Patients with incomplete colonoscopy
- Patients who cannot undergo sedation
- Patients on blood thinners (provider dependent)
- No personal history of colon cancer or inflammatory bowel disease

What to Expect

A small tube is placed in the rectum to gently inflate the colon with carbon dioxide. You will lie on a CT table while images are taken in different positions. The exam takes about 15 minutes and may cause mild pressure or fullness.

How to Prepare

- Complete bowel prep as instructed
- Do not eat or drink as directed
- Follow all scheduling instructions
- Wear comfortable clothing

After the Exam

You may resume normal activities immediately. The gas is absorbed by the body with minimal discomfort. A radiologist reviews your exam and sends a report to your physician, typically within one business day.

**Appointment
Time & Date:** _____

LOCATIONS

1221 Pleasant Street Suite 350 Des Moines, IA 50309

HOURS

Mon – Fri: 8am–5pm

515.226.9810
IowaRadiology.com

