

Physical Education non-negotiables



Health and Safety

- All school staff must be aware of the general Health and Safety requirements in P.E. activities.
- The school has risk assessments for activities delivered on and off-site.
- Staff not confident in delivering areas of the curriculum will seek support and CPD from school.
- Staff should encourage pupils to be aware of basic hazards and take steps to control these risks for themselves and others.
- Children will help to set up and put away gymnastic apparatus, including the large apparatus in the hall. Managing their own equipment represents an important element of pupil safety education. Pupils must be taught correct procedures on how to carry and lift equipment and should be done in an organised and systematic manner under direct supervision from the class teacher.
- The Association for PE (AfPE) document 'Safe Practice in Physical Education and School Sport' (2008) is a comprehensive guide to safe practice and managing risk in PE and should be referred to regarding any aspect of Health and Safety in PE.
- Many staff members are trained in first aid and will usually attend off site sporting activities.

Resources/Equipment/Facilities

- The P.E. Co-ordinator will manage the condition of resources and equipment and any damages will be repaired, replaced or removed from school.
- All staff have the responsibility of informing the P.E. Co-ordinator about and damaged items.
- Resources will be audited/managed and replacements ordered by the P.E. Co-ordinator if funds allow.
- The P.E. Co-ordinator along with the head teacher will have an overview of the management of internal and external facilities and equipment.

P.E. Kit

Indoor

Plain yellow t-shirt with school logo
Royal Blue/black shorts
Royal Blue School PE hoody (optional indoors)
Trainers/Plimsolls

Outdoor

Plain yellow t-shirt with school logo
Black or Navy jogging bottoms

Royal Blue School PE hoody
Trainers/ Plimsolls

- All school pupils are expected to come in wearing their P.E. kit for every lesson on P.E. days.
- All school staff are expected to come in wearing their P.E. kit for every lesson on P.E. days.
- Footwear that is fit for purpose is essential. It should demonstrate effective grip, support and reasonable protection where required.
- Pupils should never participate in socks on polished surfaces.
- Pupils **should not** participate in any form of physical activity whilst wearing earrings. Alternative PE provision must be made for pupils who are unable to remove earrings themselves.
- Jewellery and other personal effects should be removed by pupils before participating in P.E.
- Staff must undertake a risk assessment as to whether or not the weather conditions pose health and safety risks to pupils.
- Where weather conditions pose a health and safety risk, children should be given alternative Physical Education provision indoors for the hour session.
- Pupils should be adequately dressed for the weather conditions.