

Your Screening Visit: What to Bring

A few simple items can help make your visit smooth and efficient. Here's what we recommend bringing with you.

What to Bring:

- Photo ID (if required for check-in)
- List of medications and supplements
- Comfortable clothing suitable for screening access
- Reading glasses if you need them for forms
- Water bottle for after fasting (if applicable)

Optional but Helpful:

- Your appointment confirmation email
- A small snack for after your screening if fasting was required
- Questions you'd like to ask the screening team

What You Don't Need to Bring:

- Medical records
- Insurance paperwork (unless specifically requested)
- Detailed medical history documents



Questions about your screening?

Visit www.awarewell.com