

Get Ready For Your QbCheck Test

-  Set aside at least 30 minutes to complete the test.
-  Make sure you're well-rested and feel calm.
-  Start the test during daytime.
-  It is not possible to pause the test, so use the bathroom before you begin.
-  If your provider has instructed you, be sure to take your ADHD medication before the test.

Start the test when you feel ready: path.qbtech.com

The room

- Find a quiet room where you won't be disturbed.
- Use a chair with a firm back that doesn't swivel. No wheels or armrests.
- Children under 12 should use a stool that doesn't swivel and has no armrests or backrest.

Your computer

- Use a laptop with a built-in webcam and an internet connection.
- Keep the laptop plugged into a power outlet.
- QbCheck works best on the latest versions of Chrome, Safari or Microsoft Edge.
- QbCheck won't run on smartphones, or tablets.

Children under 18

- Children under 18 should have an adult present during the test.

QbCheck helps identify ADHD early by measuring core symptoms like hyperactivity, impulsivity, and inattention.

Your results are compared to others of the same age and sex, both with and without ADHD. This helps your provider understand your symptoms and, where applicable, how you respond to ADHD treatment.