



IMPORTANT CONTACTS

COVERAGE	CONTACT	PHONE	WEBSITE
Medical/Pharmacy	United Healthcare	866-801-4409	www.myuhc.com
Telemedicine	United Healthcare	866-801-4409	myuhc.com/virtualvisits
Dental	United HealthCare	877-816-3596	www.myuhc.com
Vision	United Healthcare	800-638-3120	www.myuhc.com
Health Savings Accounts	Optum Bank	866-234-8913	www.optumbank.com
Flexible Spending Accounts	Navia Benefits	866-535-9227	www.naviabenefits.com
Life/AD&D, Disability, and Supplemental Medical	United Healthcare	888-299-2070	www.myuhcfp.com
Employee Assistance Program	United Healthcare	877-660-3806	liveandworkwell.com
PMY Human Resources	Eri Cuevas – Senior HR Manager	817-913-6129	Eri.Cuevas@PMYGroup.com