

New Westminster FREE Family Drop-In Programs – Spring 2026

*Updated March 2026, programs may be subject to change.



Kinsight

Program Name	Description	Location/Time	Registration Details
Infant Massage	Open to parents and babies from birth to not-yet-walking. Learn gentle massage techniques that support your baby's development and well-being in a calm, welcoming space. No weekly commitment required.	New West Family Place • #112 - 960 Quayside Dr <u>Saturdays:</u> 10:30 – 12:00 PM	Drop-In! For more information email Victoria: vsmith@kinsight.org

Métis Nation

Program Name	Description	Location/Time	Registration Details
Imagination Library (0 – 4 years)	A literacy program for Métis children birth to 4 years. Métis children that are registered in the program received free, age-appropriate books each month.	https://www.mnbc.ca/work-programs/programs-services/imagination-library ONGOING	Visit website for details: Métis Child Care Benefit Program MNBC For more information contact Chandni Bhatnagar, Metis Family Connections Navigator at cbhatnagar@mnbc.ca or call 778.312.3052

New West Family Place

Program Name	Description	Location/Time	Registration Details
Family Playtime (0 – 6 years)	Open-ended free play with early learning toys and activities, crafts, sensory play, and circle time designed by our Early Childhood Educator (ECE), Friendly Family Support Workers who can listen, answer questions, and connect you to resources, and visiting community partners.	New Westminster Family Place • 112 – 960 Quayside Dr <u>Monday-Friday:</u> 9:30 – 11:30 am <i>No session April 3</i>	Drop-In. No pre-registration required.
Thrive Together Playgroup	A playgroup created for caregivers & children who may benefit from extra support. Led by specialists from Kinsight's Supported Child Development (SCD) and Infant Development Program (IDP).	New Westminster Family Place • 112 – 960 Quayside Dr <u>Thursdays</u> 12:30 – 2:30 pm	Pre-register for weekly sessions: https://bit.ly/3UnSl55

New Westminster Public Library

Program Name	Description	Location/Time	Registration Details
Babytime (0 - 12 months)	Join us for quality one-on-one time with your little one as we learn literacy-building rhymes and songs. Our Main Branch and Anvil Centre programs are specially geared toward infants in their first year; for older babies please see our Toddler Time program or Babytime at our Queensborough branch.	<p>Anvil Centre • 777 Columbia St <u>Fridays</u> 12:00 – 12:30 pm April 10 – May 20</p> <p>New Westminster Library Main Branch • 716 Sixth Avenue <u>Thursdays</u> 10:30 - 11:00 am April 9 – May 28</p> <p>Queensborough Library • 920 Ewen Avenue <u>Wednesdays</u> 11:30 am - 12:00 pm April 8 – May 27</p>	Registration: Drop-In.
Baby Social (0 - 23 months)	Connect with other new parents in this casual opportunity to socialize and share.	<p>New Westminster Library Main Branch • 716 Sixth Avenue <u>Thursdays</u> 11:00 am - 12:00 pm April 9 – May 28</p> <p>Anvil Centre • 777 Columbia St <u>Fridays</u> 12:30 – 1:30 pm April 10 – May 29</p>	Drop-In
Toddler Time (12 - 36 months)	Enjoy a fun and active storytime specifically geared toward toddlers.	<p>New Westminster Library Main Branch • 716 Sixth Avenue <u>Fridays</u> 10:30 - 11:00 am April 10 – May 29</p>	Drop-In
Storytime (3 - 5 years)	Join us for fun stories, rhymes, and songs.	<p>New Westminster Library Main Branch • 716 Sixth Avenue <u>Tuesdays</u> 10:30 - 11:00 am April 7 – May 26</p>	Drop-In
Tigrinya Storytime (All Ages)	Join Mrs. Aida from <i>New West Family Place</i> for a special Storytime in the Tigrinya language. Hear stories, connect with other families & learn about library resources. All families, regardless of language, are welcome to participate.	<p>New Westminster Library Main Branch • 716 Sixth Avenue <u>Thursdays</u> 1:30 – 2:30 pm April 16, May 21 & June 18</p>	Drop-In

<p>Spanish Storytime (All ages)</p>	<p>Join us for storytime in Spanish! We'll share books, songs, and movement activities while celebrating the Spanish language.</p>	<p>New Westminster Library Main Branch • 716 Sixth Avenue</p> <p><u>Mondays</u> 4:00 – 4:30 pm April 20, May 11 & June 8</p>	<p>Drop-In</p>
<p>Ukrainian Storytime (All Ages)</p>	<p>Join us for storytime in Ukrainian! We'll share books, songs, and movement activities while celebrating the Ukrainian language.</p>	<p>New Westminster Library Main Branch • 716 Sixth Avenue</p> <p><u>Saturdays</u> 3:00 – 4:00 pm April 18, May 30 & June 27</p>	<p>Drop-In</p>
<p>Cantonese Storytime (All Ages)</p>	<p>Join us for an immersive Cantonese Storytime with Priscilla from Hello Canto! We'll sing songs, read stories, and play games designed to keep children actively engaged and having fun. This program is facilitated in beginner-friendly Cantonese.</p>	<p>New Westminster Library Main Branch • 716 Sixth Avenue</p> <p><u>Mondays</u> 4:00 – 4:45 pm April 8, May 25 & June 15</p>	<p>Drop-In</p>
<p>Pyjama Storytime (All Ages)</p>	<p>Enjoy fun family bonding while learning new favourite songs and stories.</p>	<p>New Westminster Library Main Branch • 716 Sixth Avenue</p> <p><u>Wednesdays</u> 6:30 - 7:00 pm April 8 – May 27</p>	<p>Drop-in</p>
<p>Sensory Storytime (2 – 6 years)</p>	<p>This small group, adaptive storytime is for children with additional support or sensory needs. We'll share stories, songs, and rhymes, with a special emphasis on adapting to the unique needs of the group. <i>Presented in partnership with a Speech Language Pathologist from Share Family and Community Services.</i></p>	<p>New Westminster Library Main Branch • 716 Sixth Avenue</p> <p><u>Mondays</u> 10:30 – 11:00 am April 13, May 11 & June 8</p>	<p>To keep this group small, we ask that you register in advance at nwpl.ca/events or call 604-527-4677.</p>
<p>After-School Drop-in</p>	<p>Enjoy board games and do other fun activities with library staff after school. Children age 8 and under must be accompanied by an adult.</p>	<p>Queensborough Library • 920 Ewen Avenue</p> <p><u>Wednesdays</u> 3:00 – 4:00 pm April 8 – May 27</p>	<p>Drop-in</p>

Purpose Society

Program Name	Description	Location/Time	Registration Details
Single Parents Program (0-6 years)	Support group for single parents raising children aged birth- 6yrs. Opportunity to learn about community resources and connect with other single parents.	Lower Mainland Purpose Society • 422 6th St <u>Saturdays</u> 10:00 – 11:30 am ONGOING	Free. To register or for more information email mail@purposesociety.org or phone 604 368 0776
Pitter Patter (0 – 3 years)	Join us for a fun filled indoor and/or outdoor program at local NW parks. Come play, make new friends, participate in circle time, create arts and crafts and so much more!	Lower Mainland Purpose Society • 422 6th St <u>Tuesdays</u> 10:00 – 11:30 am ONGOING	Free. To register or for more information email mail@purposesociety.org or phone 778 727 0786, ext. 205
Family Circle (2.5 – 6 years)	Join us for a fun filled indoor and/or outdoor program at local NW parks. Come play, make new friends, participate in circle time, create arts and crafts and so much more!	Lower Mainland Purpose Society • 422 6th St <u>Thursdays</u> 10:00 – 11:30 am ONGOING	Free. To register or for more information email mail@purposesociety.org or phone 778 727 0786, ext. 205
EME: Community Conversation	Opportunity for parents, grandparents and children to learn and practice English and make friends. Adults participate in English lessons while the children learn language through fun crafts, songs and play.	Lower Mainland Purpose Society • 422 6th St <u>Wednesdays</u> 10:00 – 11:30 am April 15 – June 10	Free. To register or for more information email mail@purposesociety.org or phone 778 727 0786, ext. 205
Parent-Child Mother Goose (0 – 3 years)	This program introduces adults and children to the pleasure and power of using rhymes, songs, and stories together. Parents gain skills and confidence, which can enable them to create positive family patterns during their children’s crucial early years. <i>In partnership with YMCA Child Care Resource & Referral</i>	Tommy Douglas Library • 7311 Kingsway, Burnaby <u>Wednesdays</u> 10:30 am – 12:00 pm April 1 – June 3	Free. To register or for more information email mail@purposesociety.org or phone 778 727 0786, ext. 205
PLANS (2 – 5/6 years)	Rain or shine! Outdoor program for families with children. Come play outside; join us for fun, games and circle time in the park.	Queen’s Park • 3 rd Ave, New Westminster <u>Mondays:</u> 10:00 – 11:30 am April 20 – June 22	Free. To register or for more information email mail@purposesociety.org or phone 778 727 0786, ext. 205

School District 40

Program Name	Description	Location/Time	Registration Details
Strong Start (0-5 years)	<p>StrongStart BC Early Learning Centres are open to children aged zero to five and their parents or guardians.</p> <p>StrongStart is staffed by qualified early childhood educators who will introduce children to learning through play as outlined in the British Columbia Early Learning Framework.</p>	<p>Connaught Heights Elementary School • 2201 London St <u>Monday - Friday</u> 9:00 - 11:30 am</p> <p>Skwo:wech Elementary School • 331 Richmond St <u>Monday, Tuesday, Wednesday, and Friday</u> 9:15 - 11:45 am</p> <p>Queensborough Middle School • 833 Salter St <u>Monday - Friday</u> 8:45 - 11:15 am March 30 onward</p> <p>Strong Start resumes for the school year on January 5, 2026.</p>	<p>Register at https://forms.office.com/Pages/ResponsePage.aspx?id=A6INalQXNE6f6JdvA1PFKs4PRCosigNDgDUSdnquyRhUN1hUM0s2WETjNVU1QkxBNzQyM0hBMUNHRy4u</p> <p>**After registering your child, the program is drop-in on a first-come-first-served basis.</p> <p>Each session can accommodate a maximum of 20 children who are accompanied by one caregiver.</p>

Spirit of the Children Society (SOTCS)

Program Name	Description	Location/Time	Registration Details
Hlulu Family Drop-In (0-6 years)	Free play, cultural teachings, snack, stories, circle, parent and child facilitation, supports/resources and more.	<p>SOTCS Office • 768 Columbia St</p> <p><u>Thursdays & Fridays</u> 9:00 am – 12:00 pm Offered year-round.</p>	Register when you come in or email: t.hausch@sotcs.ca or n.dionicio@sotcs.ca

New Westminister Schools Welcome Centre

Provides support to new families entering SD40. Connect with a City Navigator — a reference specialist who can help local residents explore and connect with all that the city has to offer. A City Navigator can also connect families new to Canada with community and in-house supports and services, such as settlement workers who can provide support in a variety of languages.

Located at: 820 6th Street, New Westminister

Phone: 604-517-6200

Website: newwestschools.ca

Leo Street Youth and Family Services - SMILE Young Parent Program

We offer a variety of programs for youth ages 16 and under who reside in Burnaby and New Westminister. Our monthly Prenatal Workshops are available both online and in person, providing flexible options for participation. With ongoing intakes and continuous programming, we're here to support young individuals and families throughout their journey.

Location: Located near Gilmore SkyTrain Station, with activities held in Burnaby and New Westminister.

Phone: 604-298-6245

Email: smile@stleo.ca

Métis Nation - Miyoopimatishihk (Wellbeing) Program

For families with Métis children birth to 8 years old. Métis families can apply for financial support to assist in the cost of a wide range of services, programs and products, including but not limited to: respite care, speech therapy, assessments, specialized equipment, mental health supports.

Location: <https://www.mnbc.ca/work-programs/programs-services/miyoopimatishihk-wellbeing-program>

Phone: 778.312.3052

Email: cbhatnagar@mnbc.ca

Métis Nation – Child Care Benefit Program

A service offered by the Metis Child Care Navigation and Support Program, for families with Metis children birth to 12 years. Through this program, families can access additional funding, bridging the connection to the Affordable Child Care Benefit. The Métis Child Care Benefit (MCCB) is a monthly benefit to support parents with their Licensed or Registered License-Not-Required childcare and Licensed Preschool fees.

Location: <https://www.mnbc.ca/work-programs/programs-services/metis-child-care-benefit-program>

Phone: 778.312.3052

Email: cbhatnagar@mnbc.ca



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YMCA Child Care Resource & Referral

10 - 620 Royal Avenue, New Westminster, BC V3M 1J2
604-931-3400

ygv.ccrr@bc.ymca.ca
www.gv.ymca.ca/ccrr

www.gov.bc.ca/ChildCareResourceReferralCentres



knwtable@gmail.com
kidsnewwest.ca