



## YMCA CCRR Family Drop-In at Coquitlam's Bettie Allard YMCA

### **A Warm & Welcoming Environment for Families**

Parents and caregivers with children **ages 0–5** are invited to play, socialize, and explore. It's a wonderful opportunity for children to learn new skills, dive into art activities, sing songs, and enjoy stories while you connect with other local families.

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### **Experience & Resources**

- **For Children:** Socialization, creative art, music, and storytelling.
  - **For Adults:** Access to child development resources, parenting support, and community information.
  - **Community:** Meet others who spend their days with young children and enjoy a fun-filled morning.
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## 2026 Special Guest Schedule

Mark your calendars for these special sessions with community partners:

Partner	Time	Dates
Fraser Health Dental	10:00 am	April 9
Westcoast Family Navigator	10:00 am	April 21 & June 8
Kinsight	10:00 am	April 23 & June 11
Share Society Family Support	10:00 am	April 27 & June 11
Coquitlam Public Library	10:30 am	May 19 & June 16

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### Location & Contact

#### Bettie Allard YMCA

3rd Floor — Family Resource Room

555 Emerson St.

Coquitlam, B.C. V3J 3A4

**Questions? Call us at 604-931-3400 ext. 0**

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### Hours of Operation

- **Monday, Tuesday, & Thursday:** 9:00 am – 12:00 pm
- **Important Note:** Check our social media (@ymcaccrr) to see if the program has reached capacity.
- **Spring Break Closure:** Closed March 16 – 27, 2026.