



**Register
TODAY!**

**Summer 2026
Professional Development**

YMCA Child Care
Resource & Referral



scan to register!

Important Workshop Policies and Information

Registration Policies and Procedures

- **NEW: Workshop registration for YBC CCRR programs has moved to a new online platform!**

Visit mycommunity.bc.ymca.ca/s/ccrr to create your account, view and register for upcoming workshops, access professional development certificates (for workshops starting after February 1st, 2026), submit workshop feedback, and download workshop handouts. If you need help navigating the new portal, let us know!

- Register online via mycommunity.bc.ymca.ca/s/ccrr or by phoning either [604-931-3400](tel:604-931-3400) or [604-294-1109](tel:604-294-1109).
- Payment options include American Express, MasterCard, Visa or Debit.
- Refunds will only be given to registrants who provide a minimum of 3 working days notice.
- Workshops may be cancelled due to insufficient enrollment and other factors outside of our control. In the event of cancellation, a full refund will be issued.

In Person Courses/Workshops Policies

- Workshops start promptly at the time indicated.
- Late arrivals will not be permitted 15 minutes after the start time.
- Participants must stay for the full workshop/course to receive a certificate.
- If you are feeling unwell or exhibiting flu like symptoms, please do not attend and risk infecting others.
- We cannot guarantee a scent-free environment.
- We are unable to accommodate children during courses, workshops, or networking events.

Online Courses/Workshops Policies

- Workshops start promptly at the time indicated and will be held on Zoom or MS Teams.
- It is recommended to use a laptop or computer.
- Late arrivals will not be admitted 15 minutes after the start time.
- Participants must stay for the full workshop/course to receive a certificate.
- Cameras need to be on and participants need to be in view for the entire duration of the course/workshop to receive a certificate of completion.
- Refunds will not be given due to technical difficulties with your equipment.

Workshop Locations

Online

Zoom or MS Teams

Burnaby CCRR

4460 Beresford St., Burnaby
ygv.ccrr@ymcabc.ca • 604-294-1109

Coquitlam CCRR

1130 C Austin Ave., Coquitlam
ygv.ccrr@ymcabc.ca • 604-931-3400

New Westminister CCRR

10 - 620 Royal Ave., New Westminister
ygv.ccrr@ymcabc.ca • 604-931-3400

Douglas College, Coquitlam Campus

250 Pinetree Way, Room A1470



The YMCA CCRR acknowledges the support of the City of Burnaby.

The YMCA Child Care Resource and Referral provides certificates of completion for all courses and workshops. When claiming a workshop or course for training hours it is the responsibility of the participant to check with the ECE Registry or Community Care Licensing.

ONLINE WORKSHOPS

ORAL LANGUAGE: AN EVENING OF EXPLORING AND SHARING SONGS

Thursday, July 9th, 2026 • 7:00-9:00PM • Online • Cost: \$5.00 • Suitable for child care providers, child care workforce, and parents.

Join Maureen Doll online for an evening of exploring and sharing songs, stories and rhymes and why this matters in the early years. Please come prepared with your favourite children's song or rhyme so that we can share the classics that are important to us as we learn about why and how song and rhyme are crucial in the early years.

Presenter: Maureen Doll

Maureen Doll is the Director of Community Programs - Interior for YMCA BC. Maureen has worked for the YMCA family for 8 years and within the social service sector for 30 years. She calls Tk'emlups te Secwepmc, currently known as Kamloops, home. Maureen is also a provincial Parent Child Mother Goose teacher trainer and loves being able to share her passion for supporting families, and those that work within the early years sector.



STEM LEARNING WITH LOOSE PARTS

Thursday, July 30th, 2026 • 7:00-9:00PM • Online • Cost: \$5.00 • Suitable for child care providers, child care workforce, and parents.

STEM teaching is an interdisciplinary approach to learning where children learn and apply concepts in science, technology, engineering, and mathematics. Inspired by the Early Learning Framework in this workshop the participants will learn how to plan provocations that invite children to observe, explore, investigate, problem-solve, experiment, and design. We will explore ways to integrate STEM language throughout the day to help children think like scientists. This workshop will help educators to understand the importance of loose parts and how to use them in various ways to promote the STEM learning with young children and implement a child friendly curriculum that will prepare children for the 21st century.

Presenter: Pooja Kalsi

Pooja Kalsi has a Master's degree in Early Childhood Education. She has 28 years of experience in the Early Childhood field as a teacher, facilitator, supervisor, director and instructor. She is very passionate about finding ways to promote children's creativity and expression of discovery. She currently teaches at Langara College in the ECE department.



CONNECTIONS IN NATURE FOR ALL CHILDREN

Thursday, August 20th, 2026 • 7:00-9:00PM • Online • Cost: \$5.00 • Suitable for child care providers, child care workforce, and parents.

Developing a connection with nature is an integral piece of childhood. Through interactions with the natural world, children develop a sense of wonder, calm, joy, and fascination. In this interactive session, we explore placebased learning with children of all ages. We discuss ways of moving past challenges, engaging stakeholders, and exploring simple and meaningful open-ended play ideas and learning invitations that bring children outside and bring nature in. Participants will leave with a nature play idea kit filled with strategies and inspiration, including ideas that require little to no preparation or materials and ideas that include Aboriginal perspectives and understandings.

Presenter: Karen Begley

Karen Begley supports educators to feel fantastic about the work they are already doing by making connections between their values, programming, and pedagogical theory. Her playful style makes for interactive workshops that generate new ideas and increase participants' confidence and competency to bring practical and enriching experiences to the children in their care. To learn more about Karen, join her monthly newsletter list at www.natureplaystudios.com



EXPLORING BIAS AND COLLABORATIVE TEAM BUILDING IN CHILDCARE

Thursday, August 27th, 2026 • 7:00-9:00PM • Online • Cost: \$5.00 • Suitable for child care providers and child care workforce.

In this workshop, we'll explore how bias can show up in our everyday work with children and colleagues and how greater self-awareness can help us create more inclusive environments. We'll also look at different communication styles, common challenges in team settings and simple strategies to handle misunderstandings. Through discussion and practical examples, you'll gain tools to strengthen teamwork, communicate more effectively, and support a positive, respectful workplace.

Presenters: Jesica Wiens & Megan Pochurko (BC Centre for Ability)

Jesica Wiens holds a Bachelor of Applied Science in Early Childhood Education and brings over 25 years of experience in child development. Throughout her career, she has worked closely with families and childcare centres to build strong understanding around inclusion and adaptive practices. Jesica has also facilitated numerous workshops for Early Childhood Educators and values the shared learning outcomes that come from collaborative professional development.

Megan Pochurko is an Early Childhood Educator with over 12 years of experience supporting children and their families. She holds a Bachelor of General Studies, a Diploma in Education in Infant Development and Supported Child Development and an Early Childhood Educator Certificate to Practice. Megan believes that play is a child's most important work. She's passionate about creating inclusive, high-quality early learning experiences and making sure every child has the chance to succeed.

RESPONSIBLE ADULT: 20 HOUR CHILD CARE TRAINING COURSE

Monday, September 14th - Friday, September 25th (weekdays), 2026 • 10:00AM-12:00PM • Online • Cost: \$25.00 • Suitable for child care providers and child care workforce.

This course fulfills the 20-hour training requirement to become a "Responsible Adult" as stipulated by Child Care Licensing Regulations. The content covers topics such as child development, behaviour, health, safety, nutrition, and programming. The course is live and interactive, so participants must have both video and audio capabilities.

Participants are required to: be at least 19 years old at the time of registration, demonstrate Grade 8 proficiency in both written and spoken English (or an equivalent level) to engage actively in class, and attend all sessions to earn a certificate of completion.

Upon successfully completing this course, participants will be qualified to work as a Responsible Adult in various environments, including School-age Child Care Programs, Licensed Family Child Care, as additional support or substitutes in Licensed Preschool and Child Care Programs, as well as Summer Camps.

Presenter: YMCA CCRR Consultant

WORKING WITH CHILDREN AND FAMILIES USING A TRAUMA INFORMED LENS

Thursday, September 17th, 2026 • 7:00-9:00PM • Online • Cost: \$5.00 • Suitable for child care providers, child care workforce, and parents.

Certified Counselor Tanya Kirkland will share with us how we can be more aware of where children and families come from, using her expertise as a counselor and her lived experience as an indigenous woman.

Presenter: Tanya Kirkland

Tanya Kirkland is an Indigenous woman and certified Counsellor. Tanya uses a unique and welcoming approach to build trusting relationships and create a safe space for people seeking an understanding listener, a kind heart, and honest conversation. Tanya is an Indigenous queer woman gratefully residing on Lheidli T'enneh Territory. Her ancestry is Cree (Canoe Lake Cree First Nation) and English. You can find her at sacredspaceholisticcounselling.ca.

COMMUNITY OF PRACTICE: RHYMES, RHYTHM & RELATIONS GROWING OUR DAILY GATHERINGS



Online • Cost: \$10.00 • Suitable for child care providers and child care workforce.

Circle time, daily meeting, gathering, story time. It goes by many names. Join our CCRR Consultants for a 12-hour Community of Practice discussing how and why we gather with the children in our care to sing, play, and tell stories. We are excited to have you join us and bring your perspectives, experiences and cultures as we look at all the different ways we learn at our gathering times. We will also be looking at how we can include indigenous ways of being and knowing in these gatherings.

Presenters: YMCA CCRR Consultants

Dates & Times

- Thursday, Sept. 24th, 2026: 7:00-9:00PM
- Thursday, Oct. 8th, 2026: 7:00-9:00PM
- Thursday, Oct. 22nd, 2026: 7:00-9:00PM
- Thursday, Nov. 5th, 2026: 7:00-9:00PM
- Thursday, Nov. 19th, 2026: 7:00-9:00PM
- Thursday, Dec. 3rd, 2026: 7:00-9:00PM

This is a 12-hour Community of Practice professional development. A certificate will be issued at the end of the last session.

Participants will need to be available for all 6 sessions.

**SATURDAY
SEPTEMBER 19th, 2026**

9:00AM-12:45PM*

Online

\$10.00

*** 15 min break included**

FROM CLASSROOM TO CAREER:

Thriving as a new ECE professional



Anisha Angella is an ECE industry leader with 18+ years of experience, and now devotes her energy to transforming the way educators, programs, and communities grow. From leading childcare centers, to teaching college programs and overseeing 45+ licensed childcare locations, Anisha has seen the early learning sector from every angle—including what's missing! She's filling the gaps and evolving the ECE industry with her team at The Early Childhood Coach + Co.

This workshop is for new educators ready to connect their school learning with real-life Early Childhood Education (ECE) roles. It will cover how theory applies in practice, expectations for the first months, and essential tools for success. Participants will engage in discussions and examples, discovering valuable insights through ECC's coaching approach.

- Bringing ECE theory to life in the classroom
- Preparing for challenges and surprises in the first months
- Essential resources for educators
- Practical strategies for success from day one
- Setting meaningful goals and creating a career growth plan

THE **early** COACH⁺
childhood™

IN-PERSON WORKSHOPS



MAKING MUSIC FOR FUN

Wednesday, July 8th, 2026 • 7:00-9:00PM • Coquitlam CCRR • 1130C Austin Avenue • Cost: \$10.00 • Suitable for child care providers, child care workforce, and parents.

Summertime and the living is easy! Come join Chris and be inspired to take your music experiences outside. We will explore new and old songs and speech activities with a land based focus. The evening will involve singing, moving, drama and percussion instruments that are guaranteed to add freshness and inspiration to your music curriculum. This workshop is very much a participatory experience with loads of opportunity to move, sing and play. We will have fun! Lyric sheets will be provided.

Presenter: Christine Roskelley

Chris Roskelley is an Early Childhood Educator with over 40 years of experience. For the past 30 years she has worked as a self-employed music enrichment teacher primarily at UBC Child Care. Along with her work with children Chris has also taught the music and movement course in the ECE Continuing Education programs in Burnaby and Delta. As of May 2025 she is mostly retired but is not ready to stop making a difference when it comes to music enrichment and the early years.

MAKE IT FUN: ENGAGING ACTIVITIES FOR CHILDREN

Wednesday, July 22nd, 2026 • 7:00-9:00PM • Coquitlam CCRR • 1130C Austin Avenue • Cost: \$10.00 • Suitable for child care providers, child care workforce, and parents.

This workshop looks at ways to infuse more fun and engaging activities in different childcare settings. Having fun is skill building, creates safe & caring relationships, addresses challenging behaviours, and provides positive experiences for children and educators.

Presenter: Cris Janicas

Cris Janicas has been a teacher with the Vancouver School Board since 2012. He is currently a District Resource Teacher focused on collaborating with schools to support students with challenging behaviours. He earned his Bachelor of Education from SFU and completed recent graduate programs focused on arts and health & physical education. He has been married for 18 years and has two sons.



KINDERGARTEN READINESS

Wednesday, August 5th, 2026 • 7:00-9:00PM • Coquitlam CCRR • 1130C Austin Avenue • Cost: \$5.00 • Suitable for child care providers, child care workforce, and parents.

This workshop explores kindergarten readiness through a whole-child lens, focusing on how early learning environments can thoughtfully support children's social-emotional, cognitive, physical, and self-help development. Participants will reflect on what kindergarten readiness truly means, how our images of the child and educator shape practice, and why readiness is not about checklists, but about creating environments where every child can thrive. Through reflection, group discussion, and interactive activities, participants are invited to deepen their understanding of children as capable, confident, and active learners.

Presenter: Tazeen Bharucha

Tazeen Bharucha is a CCRR Program Supervisor and has been an Early Childhood Educator for 30+ years. Tazeen has worked in various ECE settings including child care, preschool and as a Strong Start Educator in SD 43. Tazeen is passionate about providing quality programs and has received a Tri-Cities Champion for Children award for her work with children and families in the community.



CREATING A MUSIC-RICH ENVIRONMENT IN CHILDCARES

Wednesday, August 19th, 2026 • 7:00-9:00PM • Coquitlam CCRR • 1130C Austin Avenue • Cost: \$10.00 • Suitable for child care providers, child care workforce, and parents.

During this two hour, in-person workshop, we will be discussing what a Music-Rich Environment (MRE) is and why it is important in childcare settings. Join our presenter Nicole Walker for a guided discussion covering such topics as: basic components of music, musicality in children, methods and techniques you can use in your childcare setting, and additional benefits of music inclusion. There will be some hands-on experiences and fun activities that will demonstrate how to create, implement and enjoy a Music-Rich Environment.

Presenter: Nicole Walker

Nicole Walker is a musician, teacher, and owner of a local family-focused business. She holds an undergraduate degree in piano performance, and a master's degree in music theory. She is a certified Music Together® and Baby Signing Time® instructor, and has also studied linguistics, ASL, and Orff Schulwerk. Nicole is passionate about parenting and education, and brings a huge amount of enthusiasm, creativity and dedication to everything she does.

FELTING AS INQUIRY

Saturday, September 12th, 2026 • 9:30AM-2:00PM
(30 min. lunch break) • Coquitlam CCRR • 1130C
Austin Avenue • Cost: \$10.00 • Suitable for child
care providers, child care workforce, and parents.

Experiences with unspun sheep's wool offer a wide range of creative possibilities for both children and adults. The properties of natural wool appeal to the imagination in a vivid and inspirational manner. Participants will be introduced to forms of wool fibers, process of wet wool felting and its meditative nature. In our engagement with wool as a medium and through the process of felting, we uncover possibilities for experimentation, (self) inquiry, and story-ing pedagogical narratives. Participants will have an opportunity to engage in an exploratory process of wet felting a two-dimensional, abstract interpretation of a landscape consisting of an array of colours specific to the Pacific Northwest, and a three-dimensional 'nesting barnacles'.

Presenter: Ana Vojnovic

Ana Vojnovic (PhD student, MA, BECE) is an educator and artist-scholar with a deepening interest in holistic-contemplative education. Her work primarily concerns itself with the design of a relational educational space that is informed by Japanese aesthetic concepts, and personal contemplative-artistic practices.



VALUES BASED APPROACH TO DECOLONIZATION

Wednesday, September 16th, 2026 • 7:00-9:00PM • Coquitlam
CCRR • 1130C Austin Avenue • Cost: \$5.00 • Suitable for child
care providers, child care workforce, and parents.

Take a moment to reflect on how much you were raised to value 'productivity'. At its core this value is a wonderful and important part of any society or individual's life. Pushed too far however, over-productivity can lead to a wide range of negative side effects such as burnout, lack of relationship building or limited patience. When time and energy aren't invested into other values like self-care or relationship building, things can become out of balance. In this workshop we will explore what values are being prioritized and what other values might help bring more balance. Using communication exercises, value reflection charts and group breakout conversations we will take a deeper look at what could bring more balance to our lives and the systems we are a part of.

Presenter: Warren Hooley

Warren Hooley is from the Okanagan Territory in Penticton, B.C. With mixed roots of Okanagan (Syilx), English, and Ukrainian heritage, Warren has consistently found himself in a place of helping people understand each other. For the past 14 years, Warren has passionately facilitated over 2500 workshops and presentations. Today, living in Vancouver BC, Warren's vision is to help create communities where every single person can thrive and live a sustainable fulfilling life.

NETWORKING: CONNECTING WITH EARLY CHILDHOOD EDUCATORS OF BC (ECEBC)

Tuesday, September 22nd, 2026 • 6:30-8:00PM • New Westminster CCRR • 10-620 Royal Ave • Cost: Free! • Suitable for child care providers and child care workforce.

Interested in discovering more about ECEBC? We invite you to an informative session to connect with the ECEBC Ambassadors, Anita Galvin and Sabina Billo. Within their presentation they will introduce you to ECEBC, their roles, their Position Paper on Roles of the Educator, followed by a Q & A session.

Presenters: Anita Galvin and Sabina Billo (ECEBC Ambassadors)

Anita Galvin is an ECEBC Ambassador in the Fraser Region and is committed to creating spaces for connection and for the voices of Early Childhood Educators to be heard. As an Educator, Practicum Supervisor and Peer Mentor, Anita believes Early Childhood Educators are an important part of our society and need to be valued and seen for their dedication and commitment to caring for young children in our communities.

Sabina Billo is an ECEBC Ambassador in the Fraser Region. Sabina is passionate about learning, educating and building relationships in the Early Childhood sector. She is a preschool teacher, after school care educator, has had roles as both a Mentor and Facilitator for the Learning Outside Together Program. Sabina believes community is important to children as part of their early learning years.



Light refreshments will be provided.

A 1 hour professional development certificate will be issued.



EMERGENCY CHILD CARE FIRST AID / CPR LEVEL B

Saturday, October 3rd, 2026 • 8:30AM-5:30PM (30 min. lunch break, and two 15 min. breaks) • Coquitlam CCRR • 1130C Austin Avenue

This course will include choking skills, breathing emergencies, and CPR for babies and children. It will also cover basic first aid for common injuries such as bleeding, burns, falls, fractures, poisons and some medical conditions. AED certification is also included.

Presenter: Pacific First Aid

Please bring your own lunch, wear comfortable clothing and arrive 10 minutes before the course begins.

Payment and Registration: online at www.pacificfirstaid.ca or by phone at 604-638-1228.

DESIGNING FOR DIVERSITY

in child care settings

Breakfast & Lunch
Provided!

Door Prizes!

Participant Bags!

5 Hour ProD
Certificate!

**SATURDAY,
SEPTEMBER 26th, 2026
9:00AM-3:00PM***

**Douglas College,
Coquitlam Campus**

\$15.00

Registration starts at 8:15AM

***Lunch Break Included**

 **Paid Parking available onsite**

 **Accessible by SkyTrain**



Shelley Moore has worked with students, classrooms, and schools K-12 as a teacher, leader, consultant, and coach. She is also an adjunct professor at the University of British Columbia working with teacher candidates beginning their career. Shelley holds an undergraduate degree in Special Education (University of Alberta), a master's (SFU), and a Ph.D. (UBC). Her first book, *One Without the Other*, is a best seller and is a follow-up resource to her January 2016 TEDx talk.

The Inclusive planning process is aiming to situate Disability as an identity, not a deficit, and so to determine what supports and strategies children require, teams are shifting to look at needs, instead of disabilities, as a reference point.

In this session, participants will learn about strength-based dimensions and how to gather and incorporate this data when planning for and making decisions in child and youth community settings. Participants will learn to use a tool to identify the needs of children, and look at how prioritizing needs can positively impact the entire community. Lastly, we will explore how Universal Design for Learning (UDL) can be used as an anchor to reduce barriers and can be embedded into everyday routines, activities, and environments.

**Shelley
MOORE PH.D.**

YMCA CCRR Supportive Site Visits

We offer Supportive Site Visits to child care providers and the child care workforce!
Do you need support with any of the following?



- Professional Development Workshops: Delivered by YMCA CCRR consultants at your child care, our office, or online. All participants receive a certificate!
 - Library Resource Pick-Up & Drop-Off: Conveniently access YMCA CCRR Early Learning Library resources without the hassle of travel.
 - Event Support: Extra (out-of-ratio) hands for holiday or graduation events; let us know if you need help!
 - "Unboxing the Resources" Visits: YMCA CCRR consultants bring materials from our Early Learning Library to set up engaging provocations in your child care program.
- Story and Circle Time Sessions: YMCA CCRR consultants visit your child care program to lead an engaging story or circle time.
 - CCRR Services Presentation: Explore YMCA CCRR services for child care providers and the child care workforce, available at your program, our office, or online.

Interested? Visit our [Support Visit Request Form](#).



We would be delighted to have you visit us! :)



ChildCareBC

Funding for the CCRR is provided by the Province of British Columbia.

YMCA Child Care Resource & Referral

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