



**Register
TODAY!**



SUMMER 2026
Professional Development
YMCA Child Care Resource & Referral

Important Workshop Policies and Information

Registration Policies and Procedures

- **NEW: Workshop registration for YBC CCRR programs has moved to a new online platform!**

Visit mycommunity.bc.ymca.ca/s/ccrr to create your account, view and register for upcoming workshops, access professional development certificates (for workshops starting after February 1st, 2026), submit workshop feedback, and download workshop handouts. If you need help navigating the new portal, let us know!

- Register online via mycommunity.bc.ymca.ca/s/ccrr or by phoning either [604-931-3400](tel:604-931-3400) or [604-294-1109](tel:604-294-1109).
- Payment options include American Express, MasterCard, Visa or Debit.
- Refunds will only be given to registrants who provide a minimum of 3 working days notice.
- Workshops may be cancelled due to insufficient enrollment and other factors outside of our control. In the event of cancellation, a full refund will be issued.

In Person Courses/Workshops Policies

- Workshops start promptly at the time indicated.
- Late arrivals will not be permitted 15 minutes after the start time.
- Participants must stay for the full workshop/course to receive a certificate.
- If you are feeling unwell or exhibiting flu like symptoms, please do not attend and risk infecting others.
- We cannot guarantee a scent-free environment.
- We are unable to accommodate children during courses, workshops, or networking events.

Online Courses/Workshops Policies

- Workshops start promptly at the time indicated and will be held on Zoom or MS Teams.
- It is recommended to use a laptop or computer.
- Late arrivals will not be admitted 15 minutes after the start time.
- Participants must stay for the full workshop/course to receive a certificate.
- Cameras need to be on and participants need to be in view for the entire duration of the course/workshop to receive a certificate of completion.
- Refunds will not be given due to technical difficulties with your equipment.

Workshop Locations

Prince George CCRR

2020 Massey Drive, Prince George, BC,
nbc.crr@bc.ymca.ca • 250-563-2483

Vanderhoof CCRR - VCC Services

186 Columbia Street. W, Vanderhoof, BC,
nbc.crr@bc.ymca.ca • 250-567-4524

The Marriott

900 Brunswick St, Prince George, BC

Online

Zoom or MS Teams

The YMCA Child Care Resource and Referral provides certificates of completion for all courses and workshops. When claiming a workshop or course for training hours it is the responsibility of the participant to check with the ECE Registry or Community Care Licensing.

ONLINE WORKSHOPS

ORAL LANGUAGE: AN EVENING OF EXPLORING AND SHARING SONGS

Thursday, July 9th, 2026 • 7:00-9:00PM • Online • Cost: \$5.00 • Suitable for child care providers, child care workforce, and parents.

Join Maureen Doll online for an evening of exploring and sharing songs, stories and rhymes and why this matters in the early years. Please come prepared with your favourite children's song or rhyme so that we can share the classics that are important to us as we learn about why and how song and rhyme are crucial in the early years.

Presenter: Maureen Doll

Maureen Doll is the Director of Community Programs - Interior for YMCA BC. Maureen has worked for the YMCA family for 8 years and within the social service sector for 30 years. She calls Tk'emlups te Secwepmc, currently known as Kamloops, home. Maureen is also a provincial Parent Child Mother Goose teacher trainer and loves being able to share her passion for supporting families, and those that work within the early years sector.



STEM LEARNING WITH LOOSE PARTS

Thursday, July 30th, 2026 • 7:00-9:00PM • Online • Cost: \$5.00 • Suitable for child care providers, child care workforce, and parents.

STEM teaching is an interdisciplinary approach to learning where children learn and apply concepts in science, technology, engineering, and mathematics. Inspired by the Early Learning Framework in this workshop the participants will learn how to plan provocations that invite children to observe, explore, investigate, problem-solve, experiment, and design. We will explore ways to integrate STEM language throughout the day to help children think like scientists. This workshop will help educators to understand the importance of loose parts and how to use them in various ways to promote the STEM learning with young children and implement a child friendly curriculum that will prepare children for the 21st century.

Presenter: Pooja Kalsi

Pooja Kalsi has a Master's degree in Early Childhood Education. She has 28 years of experience in the Early Childhood field as a teacher, facilitator, supervisor, director and instructor. She is very passionate about finding ways to promote children's creativity and expression of discovery. She currently teaches at Langara College in the ECE department.



CONNECTIONS IN NATURE FOR ALL CHILDREN

Thursday, August 20th, 2026 • 7:00-9:00PM • Online • Cost: \$5.00 • Suitable for child care providers, child care workforce, and parents.

Developing a connection with nature is an integral piece of childhood. Through interactions with the natural world, children develop a sense of wonder, calm, joy, and fascination. In this interactive session, we explore placebased learning with children of all ages. We discuss ways of moving past challenges, engaging stakeholders, and exploring simple and meaningful open-ended play ideas and learning invitations that bring children outside and bring nature in. Participants will leave with a nature play idea kit filled with strategies and inspiration, including ideas that require little to no preparation or materials and ideas that include Aboriginal perspectives and understandings.

Presenter: Karen Begley

Karen Begley supports educators to feel fantastic about the work they are already doing by making connections between their values, programming, and pedagogical theory. Her playful style makes for interactive workshops that generate new ideas and increase participants' confidence and competency to bring practical and enriching experiences to the children in their care. To learn more about Karen, join her monthly newsletter list at www.natureplaystudios.com



EXPLORING BIAS AND COLLABORATIVE TEAM BUILDING IN CHILDCARE

Thursday, August 27th, 2026 • 7:00-9:00PM • Online • Cost: \$5.00 • Suitable for child care providers and child care workforce.

In this workshop, we'll explore how bias can show up in our everyday work with children and colleagues and how greater self-awareness can help us create more inclusive environments. We'll also look at different communication styles, common challenges in team settings and simple strategies to handle misunderstandings. Through discussion and practical examples, you'll gain tools to strengthen teamwork, communicate more effectively, and support a positive, respectful workplace.

Presenters: Jesica Wiens & Megan Pochurko (BC Centre for Ability)

Jesica Wiens holds a Bachelor of Applied Science in Early Childhood Education and brings over 25 years of experience in child development. Throughout her career, she has worked closely with families and childcare centres to build strong understanding around inclusion and adaptive practices. Jesica has also facilitated numerous workshops for Early Childhood Educators and values the shared learning outcomes that come from collaborative professional development.

Megan Pochurko is an Early Childhood Educator with over 12 years of experience supporting children and their families. She holds a Bachelor of General Studies, a Diploma in Education in Infant Development and Supported Child Development and an Early Childhood Educator Certificate to Practice. Megan believes that play is a child's most important work. She's passionate about creating inclusive, high-quality early learning experiences and making sure every child has the chance to succeed.

RESPONSIBLE ADULT: 20 HOUR CHILD CARE TRAINING COURSE

Monday, September 14th - Friday, September 25th (weekdays), 2026 • 10:00AM-12:00PM • Online • Cost: \$25.00 • Suitable for child care providers and child care workforce.

This course fulfills the 20-hour training requirement to become a "Responsible Adult" as stipulated by Child Care Licensing Regulations. The content covers topics such as child development, behaviour, health, safety, nutrition, and programming. The course is live and interactive, so participants must have both video and audio capabilities.

Participants are required to: be at least 19 years old at the time of registration, demonstrate Grade 8 proficiency in both written and spoken English (or an equivalent level) to engage actively in class, and attend all sessions to earn a certificate of completion.

Upon successfully completing this course, participants will be qualified to work as a Responsible Adult in various environments, including School-age Child Care Programs, Licensed Family Child Care, as additional support or substitutes in Licensed Preschool and Child Care Programs, as well as Summer Camps.

Presenter: YMCA CCRR Consultant

WORKING WITH CHILDREN AND FAMILIES USING A TRAUMA INFORMED LENS

Thursday, September 17th, 2026 • 7:00-9:00PM • Online • Cost: \$5.00 • Suitable for child care providers, child care workforce, and parents.

Certified Counselor Tanya Kirkland will share with us how we can be more aware of where children and families come from, using her expertise as a counselor and her lived experience as an indigenous woman.

Presenter: Tanya Kirkland

Tanya Kirkland is an Indigenous woman and certified Counsellor. Tanya uses a unique and welcoming approach to build trusting relationships and create a safe space for people seeking an understanding listener, a kind heart, and honest conversation. Tanya is an Indigenous queer woman gratefully residing on Lheidli T'enneh Territory. Her ancestry is Cree (Canoe Lake Cree First Nation) and English. You can find her at sacredspaceholisticcounselling.ca.

COMMUNITY OF PRACTICE: RHYMES, RHYTHM & RELATIONS GROWING OUR DAILY GATHERINGS



Online • Cost: \$10.00 • Suitable for child care providers and child care workforce.

Circle time, daily meeting, gathering, story time. It goes by many names. Join our CCRR Consultants for a 12-hour Community of Practice discussing how and why we gather with the children in our care to sing, play, and tell stories. We are excited to have you join us and bring your perspectives, experiences and cultures as we look at all the different ways we learn at our gathering times. We will also be looking at how we can include indigenous ways of being and knowing in these gatherings.

Presenters: YMCA CCRR Consultants

Dates & Times

- Thursday, Sept. 24th, 2026: 7:00-9:00PM
- Thursday, Oct. 8th, 2026: 7:00-9:00PM
- Thursday, Oct. 22nd, 2026: 7:00-9:00PM
- Thursday, Nov. 5th, 2026: 7:00-9:00PM
- Thursday, Nov. 19th, 2026: 7:00-9:00PM
- Thursday, Dec. 3rd, 2026: 7:00-9:00PM

This is a 12-hour Community of Practice professional development. A certificate will be issued at the end of the last session. Participants will need to be available for all 6 sessions.

**SATURDAY
SEPTEMBER 19th, 2026**

9:00AM-12:45PM*

**Online
\$10.00**

*** 15 min break included**

FROM CLASSROOM TO CAREER: Thriving as a new ECE professional



Anisha Angella is an ECE industry leader with 18+ years of experience, and now devotes her energy to transforming the way educators, programs, and communities grow. From leading childcare centers, to teaching college programs and overseeing 45+ licensed childcare locations, Anisha has seen the early learning sector from every angle—including what's missing! She's filling the gaps and evolving the ECE industry with her team at The Early Childhood Coach + Co.

This workshop is for new educators ready to connect their school learning with real-life Early Childhood Education (ECE) roles. It will cover how theory applies in practice, expectations for the first months, and essential tools for success. Participants will engage in discussions and examples, discovering valuable insights through ECC's coaching approach.

- Bringing ECE theory to life in the classroom
- Preparing for challenges and surprises in the first months
- Essential resources for educators
- Practical strategies for success from day one
- Setting meaningful goals and creating a career growth plan

THE **early** COACH⁺
childhood™

IN-PERSON WORKSHOPS



UKELELE IN THE PARK

Thursdays, July 9 and 23, 6:30-8:00pm & Saturdays, July 11 and 25, 10:00am-12:00pm • Prince George CCRR • Cost: \$20.00 • Suitable for child care providers and child care workforce.

Learn to Play the Ukulele! Join Jacey for four fun and engaging ukulele lessons designed for beginners. Your registration fee includes all the essentials you need to get started, including a ukulele, tuner, carrying case, and other basic supplies. This is a four-session program, and participants are expected to attend all sessions.

Presenter: CCRR Consultant



NETWORKING: FAMILY YOGA

Thursdays, July 9, 16 & 23rd, 2026 • 5:00-6:30PM • Prince George CCRR, 2020 Massey Dr, Prince George • Cost: \$5.00 • Suitable for parents.

Parents and Families! Bring your little ones to the grassy area outside of our office to practice some calming yoga together on 3 summer evenings in July. Registration is for all three sessions. Participants will receive 1 yoga mat for themselves and a yoga mat for one child. If you can, please dress yourself and your children in comfy clothes and bring a blanket and a water bottle for each member of your family.

Presenter: Karen Myatovic

Karen Myatovic, 200 RYT, enjoys teaching a slow flow style of yoga that emphasizes mindful movement, steady breath, and deep connection to the body. Her classes are accessible to all levels, from beginners to experienced yogis looking to slow down and reconnect.

Move your body, build some strength and find a moment of calm and relaxation in a busy day. Karen's classes will provide a nurturing environment where you can show up exactly as you are.

IDENTIFYING & REMOVING BARRIERS:

An inclusion mini conference

**ONLY
\$10.00!**

**Lunch & Snacks
provided!**

**Browse the
Vendors Hall**

**Receive Gift Bags
&
Win Door Prizes!**

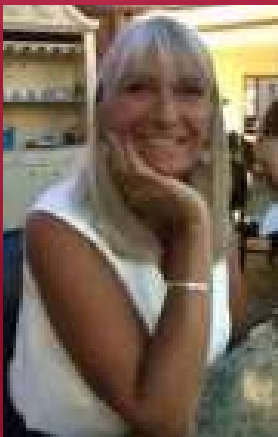


SATURDAY, SEPTEMBER 26TH, 2026

9:00AM - 4:00PM

The Marriott 900 Brunswick St, Prince George

Suitable for child care providers, child care workforce, and parents.



Join us for a one-day mini conference on the topic of inclusion and Diversity. Debra Smith will present the workshop "Identifying and Removing Barriers: We Can All Play!" Parts one and Two. This workshop supports Early Childhood Educators in responding to the unique strengths, needs, and identities of every child within play-based programs. Participants will explore how observation and reflective practice guide inclusive, responsive environments that evolve from children's interests.

Presenter: Debra Smith

Debra Smith received her ECE from Douglas College and later completed a Bachelors Degree in CYC and a Masters in Education; Counselling Psychology. Deb has worked extensively with a range of children in diverse programs and is passionate about working with children with diverse abilities, physical literacy, learning environments and advocacy in early childhood education. Deb continues to work at Douglas College in the ECE Program and enjoys her connections with the ECE community.

YMCA CCRR Supportive Site Visits

We offer Supportive Site Visits to child care providers and the child care workforce!
Do you need support with any of the following?



- Professional Development Workshops: Delivered by YMCA CCRR consultants at your child care, our office, or online. All participants receive a certificate!
 - Library Resource Pick-Up & Drop-Off: Conveniently access YMCA CCRR Early Learning Library resources without the hassle of travel.
 - Event Support: Extra (out-of-ratio) hands for holiday or graduation events; let us know if you need help!
 - "Unboxing the Resources" Visits: YMCA CCRR consultants bring materials from our Early Learning Library to set up engaging provocations in your child care program.
- Story and Circle Time Sessions: YMCA CCRR consultants visit your child care program to lead an engaging story or circle time.
 - CCRR Services Presentation: Explore YMCA CCRR services for child care providers and the child care workforce, available at your program, our office, or online.

Interested? Visit our [Support Visit Request Form](#).



We would be delighted to have you visit us! :)



Funding for the CCRR is provided by the Province of British Columbia.

Prince George Child Care Resource & Referral
2020 Massey Drive, Prince George BC V2L 4V7
250-563-2483

Vanderhoof Child Care Resource & Referral
186 Columbia St. W., Vanderhoof, BC V0J 3A0
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ymcabca.ca/child-care-resource-referral
www.gov.bc.ca/ChildCareResourceReferralCentres



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