

Prince George Family Drop-In Programs – Fall 2026

**Updated August 2026, programs may be subject to change.*



Engage Sport North

Program Name	Description	Location/Time	Registration Details
Active Star	Active Star is a free, drop-in program for children ages 2–5 that uses fun, active play to build physical literacy and fundamental movement skills, including balance, coordination, and agility, while helping children develop the confidence and motivation to stay physically active for life.	Northern Sport Centre – Field #1 3333 University Way Mon–Thurs 9:00–11:00 AM	Free, registration required: https://engagesportnorth.com/blog/active-star/

PG Public Library

Program Name	Description	Location/Time	Registration Details
Saturday Storytime	Join us for a half hour of stories, songs, and movement led by PGPL staff. We encourage caregivers to join in the songs and actions and help their children participate fully in Storytime activities.	Bob Harkins Branch 888 Canada Games Way Sep 19, Sep 26, Oct 3 & Oct 10 10:15–10:45 AM	Free, drop-in, for more information visit: https://www.pgpl.ca/events/saturday-storytime
Pajama Storytime	Join us for a gentle evening Storytime to help little ones unwind and cozy up at the end of the day. Pajamas encouraged! DINOSAUR THEME	Nechako Branch 6545 Hart Highway Sep 24 6:00–6:30 PM	Free, drop-in, for more information visit: https://www.pgpl.ca/events/pajama-storytime-nechako
Pajama Storytime	Join us for a gentle evening Storytime to help little ones unwind and cozy up at the end of the day. Pajamas encouraged! WINNIE THE POOH THEME	Bob Harkins Branch 888 Canada Games Way Oct 13 6:00–6:30 PM	Free, drop-in, for more information visit: https://www.pgpl.ca/events/pajama-storytime
Milestone Mornings	Join occupational and physiotherapists from the Child Development Centre and the Infant Development Program from AimHi for a drop in hour. Speech-language pathologists from Northern Health will be back for the October session. Helping your little one grow, one question at a time.	Bob Harkins Branch 888 Canada Games Way Oct 7 10:30–11:30 AM	Free, drop-in, for more information visit: https://www.pgpl.ca/events/milestone-mornings-nechako

Wednesday Storytime	Join us for a half hour of stories, songs, and movement led by PGPL staff. We encourage caregivers to join in the songs and actions and help their children participate fully in Storytime activities.	Nechako Branch 6545 Hart Highway Sep 16, Sep 23, Oct 7, Oct 14 & Oct 21 10:15–10:45 AM	Free, drop-in, for more information visit: https://www.pgpl.ca/events/wednesday-storytime-nechako
Thursday Storytime	Join us for a half hour of stories, songs, and movement led by PGPL staff. We encourage caregivers to join in the songs and actions and help their children participate fully in Storytime activities	Bob Harkins Branch 888 Canada Games Way Sep 17, Sep 24, Oct 1, Oct 8 & Oct 15 10:15–10:45 AM	Free, drop-in, for more information visit: https://www.pgpl.ca/events/thursday-storytime
Thursday Baby Time	Join us for a half hour of gentle songs, rhymes, reading, and movement for babies and their caregivers. Please make this a special time for you and your baby. Families with both babies and older children are encouraged to attend Storytime for ages 0-5.	Bob Harkins Branch 888 Canada Games Way Sep 17, Sep 24, Oct 1, Oct 8 & Oct 15 11:30 AM–12:00 PM	Free, drop-in, for more information visit: https://www.pgpl.ca/events/thursday-babytime
Read to Me in French / Lisez-moi en français	Experience the French language and join local teacher Mr. François for stories from the library's French collection. Découvrez la langue française et rejoignez M. François pour des histoires de la collection multilingue de la bibliothèque	Bob Harkins Branch 888 Canada Games Way Sep 8, Sep 22, Oct 6 & Oct 20 6:00–6:30 PM	Free, drop-in, for more information visit: https://www.pgpl.ca/events/read-me-french-lisez-moi-en-francais

Prince George Native Friendship Centre

Program Name	Description	Location/Time	Registration Details
Aboriginal Infant and Family Development – Drop-In Program	The Aboriginal Infant and Family Development Program provides free, culturally grounded support for expectant families and those with children from birth to age six. Through home visits, playgroups, parent education, and outreach, we focus on early development, family wellness, and connection to community. Programs include child assessments, parenting workshops, cultural activities, nature-based learning, and more.	Native Friendship Centre 1600 3rd Avenue Fridays 9:30 AM–12:30 PM	Free, drop-in, for more information visit: https://www.pgnfc.com/aboriginal-infant-and-family-development-program

South Fort George Family Resource Centre

Program Name	Description	Location/Time	Registration Details
FRC Family Connections Baby's New Beginnings	Baby's New Beginnings is a Pregnancy Outreach Program, which provides health and	Family Resource Centre 1200 Lasalle Ave	Free, drop-in, for more information visit: https://www.pgefry.bc.ca/princ

	social services support to at-risk pregnant and post-natal women (up to 6 months after child birth) in Prince George. We specialize in providing a safe, welcoming atmosphere, where every woman, child and partner is openly accepted in a nonjudgmental holistic manner.	Mon, Wed & Fri 8:30 AM–3:30 PM	e-george/babys-new-beginnings/
FRC Family Connections Power Play Program	Our Power Play program brings families with young children from birth to five years of age together to socialize and support one another. It provides a fun, relaxed, inviting atmosphere in which children and families can network, take part in activities, and find helpful information. In addition to on-site resources, our Power Play program also maintains an up-to-date listing of other community resources to assist families.	Family Resource Centre 1200 Lasalle Ave Mon–Thurs 10:00 AM–12:00 PM	Free, drop-in, for more information visit: https://www.sfgfrc.com/our-programs/power-play/
FRC Family Connections Twice Exceptional Program	Drop-in support group for families with neurodivergent children, aged 0 to 6 years old. It is free to attend and will focus on providing families with the skills and information to better understand and support their twice exceptional children. We will provide coffee, tea, and a light snack each month.	Family Resource Centre 1200 Lasalle Ave Every 2nd Wednesday 1:00–2:00 PM	Free, drop-in, for more information visit: https://www.sfgfrc.com/our-programs/twice-exceptional-program/
FRC Family Connections Little Artist's	Parent-participation early learning art class	Family Resource Centre 1200 Lasalle Ave Every 2nd Wednesday 1:00–2:00 PM	Free, drop-in, for more information visit: https://www.sfgfrc.com/our-programs/frc-family-connections/

Strong Start SD #57

Program Name	Description	Location/Time	Registration Details
Strong Start SD 357 (0-5 years)	StrongStart BC programs provide rich learning environments designed for early learning development – language, physical, cognitive, social and emotional.	<u>Beaverly Elementary</u> 9777 Western Rd Tues & Thurs 9:15 AM–12:15 PM <u>Harwin Elementary</u>	Free, complete a registration form when you drop-in (child's birth certificate required). For more information visit:

	Qualified early childhood educators lead learning activities where children find opportunities to make friends and interact with others of similar ages. Participate with your young child (aged birth to five) in play-based early learning activities – including stories, music and art. At no cost to families, this early learning drop-in program helps prepare children for success in Kindergarten.	1193 Harper St Mon–Fri 8:30–11:30 AM <u>Heather Park Elementary</u> 7151 Heather Park Rd Mon–Fri 8:45–11:45 AM <u>Malaspina Elementary</u> 7900 Malaspina Ave Mon, Wed & Fri 8:45–11:45 AM <u>Morfee Elementary</u> 310 Nechako Dr, Mackenzie Mon–Fri 8:45–11:45 AM <u>Nukko Lake Elementary</u> 23955 Chief Lake Rd Tues & Thurs 8:30–11:30 AM <u>Nusdeh Yoh Elementary</u> 2579 Victoria St Mon–Fri 9:00 AM–12:00 PM <u>Pineview Elementary</u> 8515 Old Cariboo Hwy Tues & Thurs 8:45–11:45 AM <u>Quinson Elementary</u> 251 Ogilvie St S Mon–Fri 8:45–11:45 AM <u>Ron Brent Elementary</u> 1401 17th Ave Mon–Fri 8:45–11:45 AM <u>Spruceland Community School of the Arts</u> 3805 Rainbow Dr Mon–Fri 9:00 AM–12:00 PM <u>Valemount Elementary</u> 1445 7 Ave, Valemount Tues & Thurs 8:45–11:45 AM <u>Westwood Elementary</u> 2633 Vanier Dr Mon–Fri 8:45–11:45 AM	https://sd57.bc.ca/programs/early-learning/ For closure dates, visit: https://sd57.bc.ca/district/school-district-calendars/
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YMCA BC Child Care Resource & Referral

Program Name	Description	Location/Time	Registration Details
Active Play	The YMCA Child Care Resource & Referral (CCRR) is excited to offer drop-in programs for families with young children ages 0–6. These play-based sessions are a great way for little ones to explore, learn, and grow — and for caregivers to connect with other families in the community.	Highland Development Centre Gym 155 McDermid Dr Tuesdays 10:00–11:30 AM	Free, drop-in.
Family Play	The YMCA Child Care Resource & Referral (CCRR) is excited to offer drop-in programs for families with young children ages 0–6. These play-based sessions are a great way for little ones to explore, learn, and grow — and for caregivers to connect with other families in the community.	Prince George CCRR 2020 Massey Dr Fridays 10:00 AM–11:30 AM	Free, drop-in.
Mother Goose	Join the CCRR for an 8 session Parent-Child Program for children ages 2 and under. Join a fun, interactive program that builds the parent-child bond through rhymes, songs and stories.	Prince George CCRR 2020 Massey Dr Wednesdays Oct 14–Dec 9 10:00 AM–11:30 AM	Free; registration required for the full series. Registration closes October 14. Visit mycommunity.bc.ymca.ca/s/ccrr to register.



Funding for the CCRR is provided by the Province of British Columbia.

Prince George Child Care Resource & Referral

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ymcabca.ca/child-care-resource-referral

www.gov.bc.ca/ChildCareResourceReferralCentres