Important Contacts

COVERAGE	CARRIER	PHONE	WEBSITE/EMAIL
Medical	Wellmark	800-524-9242	www.wellmark.com
Pharmacy	MedOne	888-884-6331	www.medone.com
Telemedicine	Doctor on Demand	800-997-6196	www.doctorondemand.com
Dental	Delta Dental	800-544-0718	www.deltadentalia.com
Vision	Delta Vision	800-544-0718	www.deltadentalia.com
Life and AD&D Disability Supplemental	New York Life	888-842-4462	www.myNYLGBS.com
Employee Assistance Program	New York Life	800-344-9752	guidanceresources.com Web ID: NYLGBS
Flexible Spending Accounts	Alerus	800-279-3200	www.alerus.com
Federal & State Programs	FEDLogic	877-837-4196	www.fedlogicgroup.com
People & Culture	ITA Group	(515) 326 3400	benefits@itagroup.com