



# PMB

The purpose of this guide- We will cover...

- Equipment list
- Kitchen layout
- Your training guides
- Recipes & video tutorials

- Safety & compliance guidelines
- Kitchen opening checks
- Cheat sheets

## **EQUIPMENT LIST**

### A list of equipment & tools you'll need to operate this brand



CATEGORY	ITEM	QUANTITY	LINK TO PURCHASE
	Countertop deep fryer	1-2 based on volume	<u>Dual Deep Fryer</u>
LARGE EQUIPMENT	Flat top/plancha	1	Countertop Griddle (plancha)
	Microwave oven	1	MIcrowave oven
	Probe/ thermometer	2	<u>Thermometer</u>
	Probe wipes	1 pack	<u>Probe wipes</u>
SAFETY & COMPLIANCE	Magnetic digital timer, one per fryer basket	2	Magnetic timer
	Date labels	1 roll	<u>Food date labels</u>
	Black marker pens	1 pack	Black Marker Pens
	Tongs (black or colour coded for compliance)	2 pcs	2x <u>Black</u> OR <u>Green</u> + <u>Yellow</u>
	Microwaveable containers	1 case	<u>Microwavable containers</u>
	Sugar shaker	1рс	<u>Sugar shaker</u>
	1/6 gastro + 30 ml ladle	1 each	<u>% gastro</u> + <u>30ml Ladle</u>
SMALLWARES FOR PREP & SERVICE	Spoodles	1x Red & 1x Green	Red & green
& SERVICE	Mixing Bowls (5 litre, 12 inch diameter)	2	Mixing bowls
	Spoons	1 pack (12 pc)	<u>Tablespoons</u>
	Plastic storage containers & lids	20 pcs + lids	<u>2lt containers</u> + <u>lids</u>
	Green chopping board	1	Green chopping board
	Green knife	1	<u>Green knife</u>
OTHERS- SETUP	Extension lead	1	Extension lead
OTHERS- SETUP	Blu tack (for cheat sheets)	1 pack	Blu tack

## **KITCHEN SETUP: COOK LINE**

Our kitchens have three sections. We're happy to help you find the right layout for your space - but here's a starting point

COUNTERTOP

CLEAN FRYER OIL (175C)

VEG FRYER MEAT FRYER PLANCHA FLAT TOP GRILL

BAIN MARIE/ HOT HOLD

**MICROWAVE** 

UNDER COUNTER

FREEZER (-18C)

Keep near to Fryer

Taquitos, Churros, etc

FRIDGE (0-8C)

Keep near Cook Line

Tortillas, Cheese, etc



## **KITCHEN SETUP: ASSEMBLY STATION**

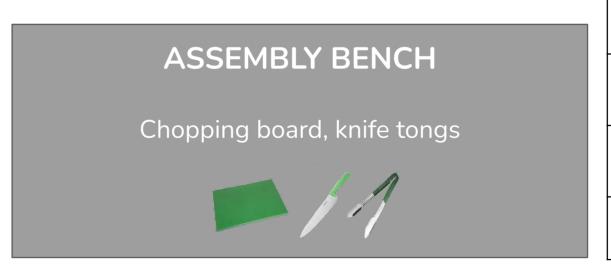






AMBIENT kept near to section
750ML CONTAINERS & LIDS
1000ML CONTAINERS & LIDS
4OZ POTS
PAPER BAGS
GREASEPROOF & FOIL SHEETS
STICKERS

SALADETTE 0-8C								
CORIANDER	SOUR	SHREDDED	PICKLED					
	CREAM	CHEESE	ONIONS					







## **KITCHEN SETUP: DISPATCH**

OVERHEAD SHELF

**DELIVERY BAGS** 



**STICKERS** 



**COUNTERTOP** 

TABLET & PRINTER



CUTLERY & NAPKINS





UNDER COUNTER

DRINKS FRIDGE (0-8°C)

(Coke, Coke Zero, Still Water)

SIDE SAUCES

(In 4 oz Containers)



## **FOOD PREP VIDEOS & TUTORIALS**

Watch these and practice to ensure you master these processes



**Chopped coriander** 



**House Beans** 



**House Peppers** 





## **FOOD PREP VIDEOS & TUTORIALS**

Watch these and practice to ensure you master these processes



Burrito



Cheesy corn Tacos



Bowl



Quesadilla



Flour Tacos



**Nachos** 



## **RECIPES & FRESH PREP GUIDELINES**

Follow these to ensure consistency & quality



HOUSE BEANS - MAKES 2015g - APPROX 50 PORTIONS						
SKU	INGREDIENTS	QUANTITY	METHOD			
VGT050	Tinned black beans (1 tin, drained)	1550g	<ol> <li>Drain black beans.</li> <li>Combine with refried beans and fajita spice in a large</li> </ol>			
VGT029	Refried beans (1 tin)	415g	bowl.  3. Mix until well blended,			
SPI645	Fajita spice	50g	label and keep covered in the fridge until needed.			



HOUSE PEPPERS - MAKES 780g - APPROX 40 PORTIONS						
SKU	INGREDIENTS	QUANTITY METHOD				
VEG559	Sliced peppers (defrosted)	1kg bag (750g Defrosted & drained weight)	<ol> <li>Defrost peppers overnight in the fridge and drain excess liquid.</li> <li>Combine with fajita mix until well blended, label and keep covered in the</li> </ol>			
SPI645	Fajita spice	30g	fridge until needed.			



## **SAFETY & COMPLIANCE**

Safety comes first! Here's some key practices you must follow to ensure safe food handling practices:

## Colour coded chopping boards & utensils:

Ensure you're using the correct colour according to the type of food being handled, following the guide below. This also applies to tongs and knives.

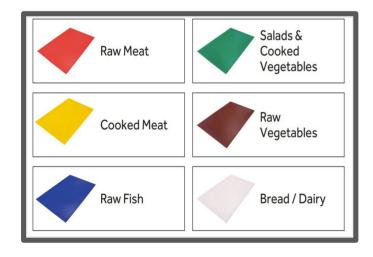
## Food temperature & probing:

All cooked & reheated food must reach an internal temperature of 75C (82C in Scotland) for 1 min.

Probe items on the thickest part to ensure accurate readings.

## Food labelling & dating:

Any opened or prepped food items must be covered and labelled with name, current and use by date. Use shelf life table for reference on this.









## **KITCHEN OPENING CHECKS**

Check all of your equipment and prep is ready before the scheduled opening time

Cook line	
Deep fryer turned on & set to correct temp (175C)	
Plancha/ Flat top switched on & oiled	
Timers set next to fryer	
Probe & probe wipes	
Hot hold (Bain Marie) on and on correct temp	
Microwave on & clean	
Assembly line	
Clean utensils (spoons, tongs)	
Sauces in bottles & 4oz containers	
Fresh garnishes	
Ambient garnishes	
Cheat sheets laminated & visible	
Fridge & freezer inventory check	
Drinks fridge replenished	
Packaging & dispatch	
Pens	
Packaging & labels	
Heat lamps	
Tablets on & ready to go	
Printers on & paper roll in	



## **HOW TO PROCESS AN ORDER**

When an order is received your tablet will alert you and the ticket will print automatically. Follow these steps to avoid mistakes

When an order is received 2 copies of the ticket will print automatically.

#### From there:

Action	Reason	
One ticket should be used on the cook line and the other should be stapled to the bag when the order is made	Matching items to the correct order	
Have plenty of pens and a stapler in your dispatch area to check off orders and close bags	Missing items are the No.1 reason for refunds!	
Bags should be sealed securely to make sure food stays warm and prevents items from falling out in transit	Keeps food warm	
Heat lamps should be used to keep orders warm while waiting for pick up	Reeps 1000 Wallii	
Drivers should mark orders as "accepted" when your order has been picked up	Dispatching the right bag, Prep Time Measure	

Here's a checklist of order process...

Order Checklist	
Attach ticket to bag	
Check off each item with a pen on a ticket before packing it into the bag	
Sticker bag closed securely	
If driver not ready, place items under the heat lamp to keep warm	
Driver swipes accepted after order collection	



## **PACKAGING ORDERS**

Following these guidelines will ensure orders are correctly packed and avoid missing or wrong items



Take the correct bag by brand.



Tape or sticker the receipt on the top left corner.

3

Pack napkins and cutlery if requested.



Once the food is ready, pack the bag tightly, trying to keep the heavy dishes on the bottom.



Close the bag and keep in your hot cupboard until the drivers arrive.



Make sure to TICK EVERY ITEM ON THE RECEIPT as you pack them inside the bag. This assures us and the customer that there are no missing items.



## **COMPLIANCE - INGREDIENT SHELF LIFE**

Safety comes first! Here's some key practices you must follow to ensure safe food handling practices:

Category	Product	Shelf life	
Frozen protein - Meat	Pulled beef	3 months	
Frozen protein - Meat	Chicken	3 months	
Frozen protein - Veg	Cauli bites	3 months	
Frozen protein - Veg	Sliced peppers	3 months	
Frozen side - Salsa	Mild salsa	3 months	
Frozen side - Guacamole	Guacamole	3 months	
Frozen side - Rice	Mexican rice	3 months	
Frozen side	Jalapeno poppers	3 months	
Frozen side	Churros	3 months	
Frozen side	Corn tortilla	3 months	

Category	Product	Shelf life
Garnish	Coriander	3 days refrigerated
Garnish	Pickled onions	7 days refrigerated
Toppings	Sour cream	7 days refrigerated
Toppings	Shredded cheese	7 days refrigerated



## **COMPLIANCE - TEMPERATURE RECORD SHEETS**

Safety comes first! Use these to keep records of safe temperature controls in the kitchen

It is extremely important that correct procedures are followed when hot holding food, and the temperatures for these are regularly checked and recorded.

Print the sheets in the next page for daily use and ensure all staff follow these guidelines.

Any food items that have been in hot hold and not used <u>must be discarded</u> at the end of the shift/day.



(For food to be held hot for more than 2 hours)

DATE	FOOD	TIME INTO HOT HOLD	CORE TEMP* after 2 hrs on display	CORE TEMP* after 4 hrs on display	CORE TEMP* after 6 hrs on display	COMMENTS/ACTION	SIGNED
					,		
					,		

NOTE: \*Keep hot food above 63°C

Manager/Supervisor check on	/ /	1 1	1 1	1 1	/ /
Initials					

# MEXICAN CHEAT SHEETS













10G PICKLED ONIONS









20G CHOICE OF:















**PULLED BEEF** 







IF REQUESTED

OR















4OZ

TO PACK

**CHICKEN PASTOR** 



2 X **6" FLOUR TORTILLAS** 



PASTOR CHICKEN

TACOS

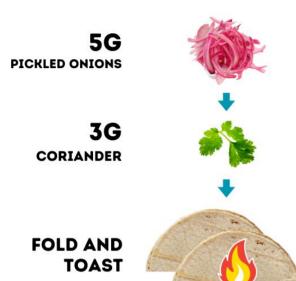
**PULLED BEEF** TACOS

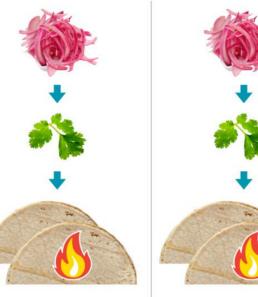




CRISPI CAULI TACOS

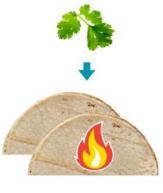
**FLOUR TACOS** 















000 120G









DON'T

**FORGET** 





























GRILLED VEG TACOS





**CUT INTO 3** 



**FOLD AND TOAST** 





















**HOUSE PEPPERS** 



**CHICKEN PASTOR** 



**PULLED BEEF** 









BEEF + CHEESE QUESADILLA



DON'T









TO PACK











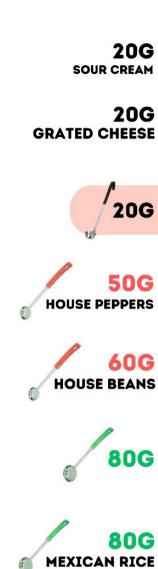






























































GUACAMOLE (IN BURRITO)



DOUBLE MEAT (IN BURRITO)



**EXTRA DIP IN POT** 

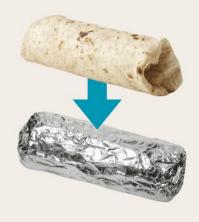




#### TO BUILD



#### TO PACK





12" TORTILLA

BURRITOS



**CHICKEN PASTOR** 









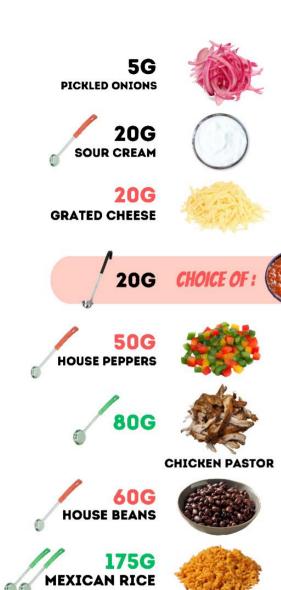


**PULLED BEEF** 

**PULLED BEEF** BURRITO



VEGGIE BURRITO









BOWL





### **TO BUILD**



#### TO PACK



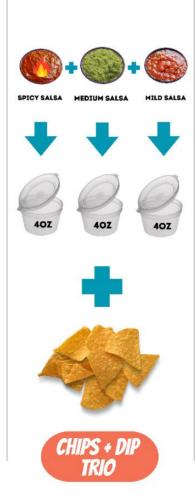






















4OZ

TORTILLA CHIPS































DON'T



OR







IF REQUESTED















VEG LOADED

**NACHOS** 







**NACHOS** 









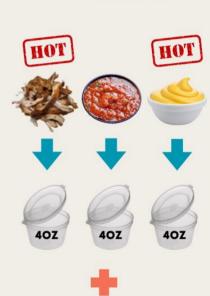






















SIDES & CHEESE TAQUITOS







JALAPENO POPPERS













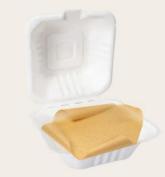
CHURROS & CHOC SAUCE















BROWNIE CHEESECAKE



**GUACAMOLE** 



SOUR CREAM





MILD SALSA



SPICY SALSA



**MEDIUM SALSA** 



**HOUSE PEPPERS** 



**GRATED CHEESE** 



**PICKLED ONIONS** 



**CHOC SAUCE** 



12" TORTILLA



**HOUSE BEANS** 



**CORIANDER** 



**6" TORTILLA** 



**CHICKEN PASTOR** 



**JALAPENO POPPERS** 



**CAULIFLOWER BITES** 



**TAQUITOS** 



**TORTILLA CHIPS** 



**PULLED BEEF** 

**CHURROS** 



**MEXICAN RICE** 



**BROWNIE** CHEESECAKE

















### **COOKING TIMES**

#### COOKING TIMES ARE APPROXIMATE AND TO BE USED AS GUIDELINE ONLY ALWAYS PROBE FOODS FOR 1 MIN AT 75°C (SCOTLAND 82°C)

#### **HOT HOLDING**

FOOD MUST BE KEPT AT 63C MINIMUM AND PROBED REGULARLY

**HEATED FOOD MUST BE DISCARDED AFTER 2 HOURS IF NOT CONSUMED** 







900 WATTS 2 MIN









900 WATTS 2 MIN

**PULLED BEEF** 







900 WATTS 2:30 MINS

**MEXICAN RICE** 







900 WATTS 1:30 MIN

**HOUSE BEANS** 







900 WATTS 1:30 MIN

**HOUSE PEPPERS** 



Cook from Chilled



900 WATTS

PROBE TO 75°C



**COOK FROM** 

CHILLED



**COOK FROM FROZEN** 

**DEEP FRYER** 



**VEG DEEP FRYER** 



**MICROWAVE** COOKING







175°C





























**POPPERS** 







3 MINS





1 MIN

**CHEESE SAUCE**