



# Guiding mental health journeys *with care*

Mental health care in Canada is fragmented. Founded in 2019, **we’re building the bridge one patient, one therapist, one partnership at a time.**

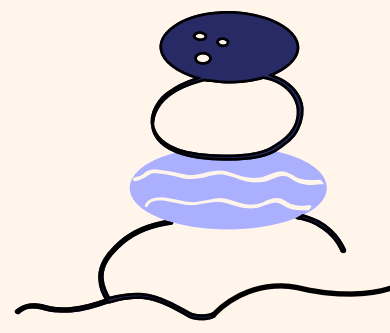


We connect people with our diverse community of clinicians and work with primary care to ensure timely, collaborative care. **Layla offers individual, couples, family, group therapy, low-cost options, and psychodiagnostic assessments.**

## Our values



Patient-centered



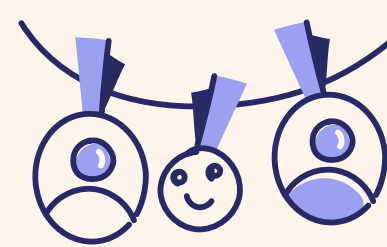
Dependable



Proactive



Inclusive



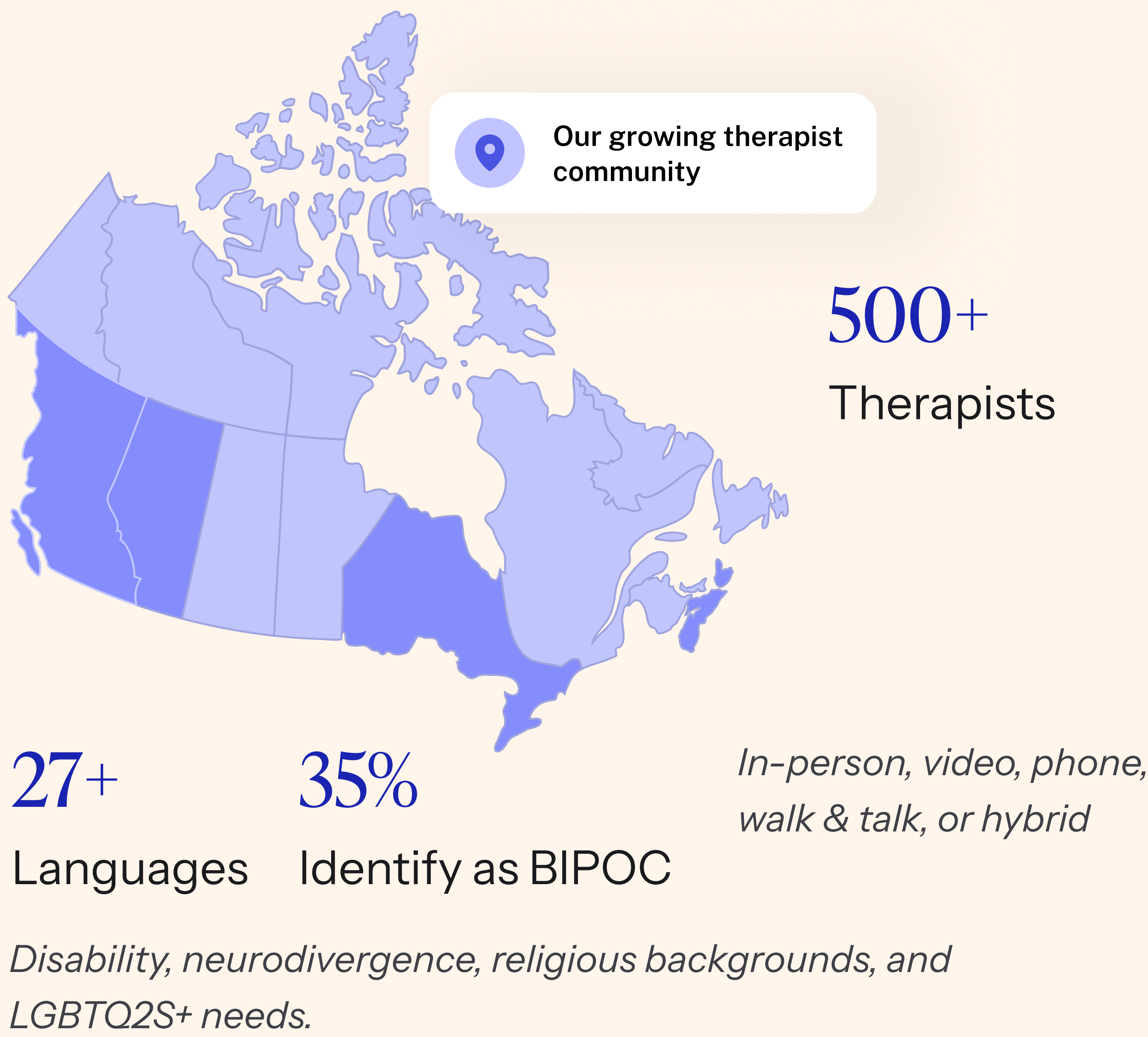
Collaborative

## What we do

**Personalized Therapist Matching with a Human Touch**  
Tailored to patients’ concerns, preferences, and care requirements.

**Curated Therapist Community**  
500+ clinicians across AB, BC, ON, and NS. Selected through a rigorous vetting process resulting in 20% admission rate.

**Special and Lower Cost Programs**  
Low-cost therapy with supervised clinicians, DBT skills group with dedicated free spots, partnered programs with 3rd party payers.



## Our impact

25 000	< 48 hours
clients served	average time to intake
9.5/10	9.3/10
patient-rated quality of care	patient-rated match score

## Collaboration with primary care

By working closely with doctors, nurses, and allied health professionals, we reach diverse populations, offer timely care, and reduce strain on the system.

Primary Care Providers have trusted Layla with 6,000+ patient referrals

We also invest in supporting primary care with accredited CME.



### CME Results

9.2/10 satisfaction | 85% knowledge gain | 300+ live attendees

## Looking ahead...

Our growth is guided by a simple principle: expanding reach while elevating care. Looking ahead, Layla will continue **scaling access for clients, building new pathways with primary care, and supporting therapists** with the tools and community they need to thrive.

