I'm Committed To

My word and doing by best

What Holds Me Back

from Being at My Best

- 1. Overthinking
- 2. Not knowing the 'truth' or 'facts'
- 3. Not letting others help

I Work Best When

- 1. Give clear instructions
- 2. I know what I am working towards
- 3. I know what others expect of me

My Favorite Quote

"It is our choices, that show what we truly are, far more than our abilities"

- J.K. Rowling

5 Words To Describe Me

Easy going, committed, down to Earth, passionate, curious, honest

Do's And Don'ts

for Communicating with Me

- 1. Be clear and succinct
- 2. Do what you say you will do
- 3. Be honest
- 4. Don't make excuses

My Ideal Day Involves

A good book, a family walk, laughter, yummy food, baking

What Makes Me Smile

Animals (especially Walter), Fall, reading, baking, my husband