



ARSHAY COOPER

# TOGETHER, WE BECOME MORE.

**SPEAKER | AUTHOR  
CHANGEMAKER**



Opportunity doesn't wait until you feel ready. It opens when you step forward. And when we step forward together, we all become stronger.



## ABOUT ARSHAY

Arshay Cooper is a #1 national bestselling author, rower, and speaker who turned adversity into purpose. Growing up on Chicago's West Side, he discovered rowing - a sport that taught him unity, courage, and resilience.

His journey inspired the award-winning documentary and bestselling book *A Most Beautiful Thing*. Today, Arshay travels the world spreading a message of hope, healing, and inclusion, showing that when we row together, we rise together, transforming fear into strength and communities into lasting change.



## SPEAKING FORMATS

**Keynotes** - High-energy, story-driven talks for organizations, conferences, companies, teams, and schools.

**Workshops** - Interactive sessions that build teamwork and break down barriers.

**Youth Engagements** - Relatable, inspiring talks for high school and college students.

**Community Programs** - From churches to recovery homes, messages that bring hope and healing.



## TRUSTED BY LEADERS & TEAMS AT

CONGRESS	International Olympic Committee	FORTUNE 100 COMPANY
UNIVERSITIES	NON-PROFITS	



## MY WORK HAS BEEN FEATURED IN

<i>The New York Times</i>	Men'sHealth		<i>The Atlantic</i>
Sports Illustrated	npr	PEOPLE	BBC



## SIGNATURE KEYNOTES



**Hope in Motion** – Mental health, resilience & belonging.



**Pulling in the Same Direction** – Unity & team performance.



**Lift Others Higher** – Servant leadership & impact.

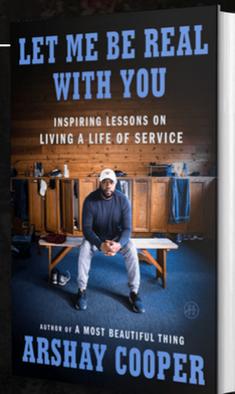


**Do It Afraid** – Turning fear into courage and growth.



**LET ME BE  
REAL WITH  
YOU...**

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LET'S CREATE MEANINGFUL CHANGE TOGETHER

BRING ARSHAY TO YOUR TEAM