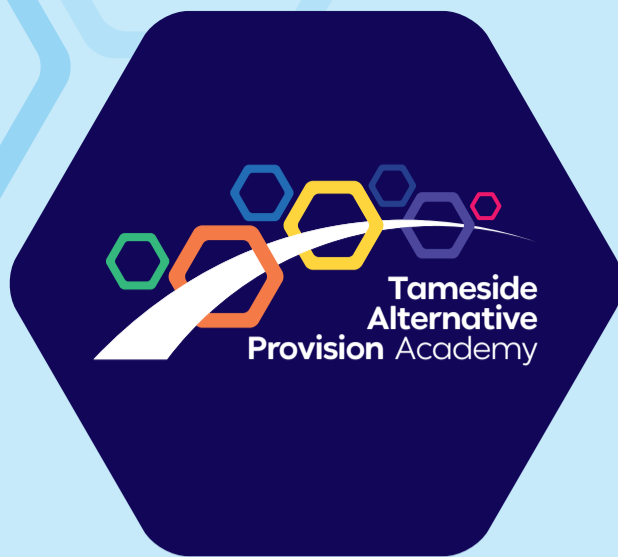


Year 10

Core PE



Overview

In Year 10 students will begin their studies on the GCSE PE pathway. Students will be taught the content from the Component 1 exam paper, which is the knowledge and understanding of the anatomy of the human body and the physical effects of exercising. Alongside this theory element students will also be performing in a range of sports to a mastering level and there will be a focus on the performance and decision making in these sports.

