

My Sleepover at Discovery

Visual Story



Getting Ready

I am going to a sleepover at Discovery with my group and supervisors.

We will sleepover at Discovery for one night.

I will bring with me:

- Sleeping bag
- Pillow
- Stuffed animal or cuddle buddy
- Pajamas
- Water bottle
- Toothbrush and toothpaste
- Towel if using shower
- Change of clothes for the next day





Getting There

I may arrive with my parents or with my school or group. Discovery is located between the Bendigo Marketplace and the Bendigo Train Station

Entering the centre

I will enter Discovery through the glass doors at the front of the large brick building.

I will be greeted by a Discovery staff member when I walk inside.

I will take my belongings upstairs into to the auditorium.





Introduction

First we will meet the Discovery staff members that will be running programs for us.

We will be told the plan for the day and I will be able to ask any questions.

I can then set up my bed ready for the night.





The Vertical Slide

I will have the choice to go down the vertical slide.

I need to be wearing socks on my feet and Discovery's overalls.

I will need to learn how to safely slide by listening to the Discovery staff member give instructions. I must follow all instructions or I won't be allowed to slide.

If I decide I don't want to go down the slide, that is ok. I can walk back down the stairs.





Toilets and Showers

Discovery has toilets and showers down the green corridor that connects the front desk to our accessible ramp.

If I need help finding the toilet, I can ask a staff member.

I can brush my teeth in the bathrooms before bed.

There is a girls bathroom and a boys bathroom and an accessible toilet and accessible shower halfway down the corridor.

The hand dryers blow lots of air and are noisy.





Out of Bounds

Some areas will be out of bounds.

Kaleidoscope

Kaleidoscope is an area for young children under 5. It will be out of bounds during my sleepover.

Discovery Shop

The Shop will be out of bounds and must only be used as a path to get to the toilets.





Dinner

For dinner, we will have pizza. If I have any dietary requirements, my supervisor will have told the Discovery staff.

I could also bring dinner from home if needed.





Bendigo Planetarium

I may visit the planetarium before we go to bed.

The planetarium is like a movie theatre but the screen is all around us.

I may be able to choose where I sit. I might sit in a beanbag, low lounge or chair. I will make sure to stay in my seat while the show is on. If I need to leave, I will tell my supervisor.

Inside the planetarium is very dark. Some parts of the movie may have moving images. If these make me feel dizzy, I can close my eyes until I feel better. Some shows may contain flashing lights.





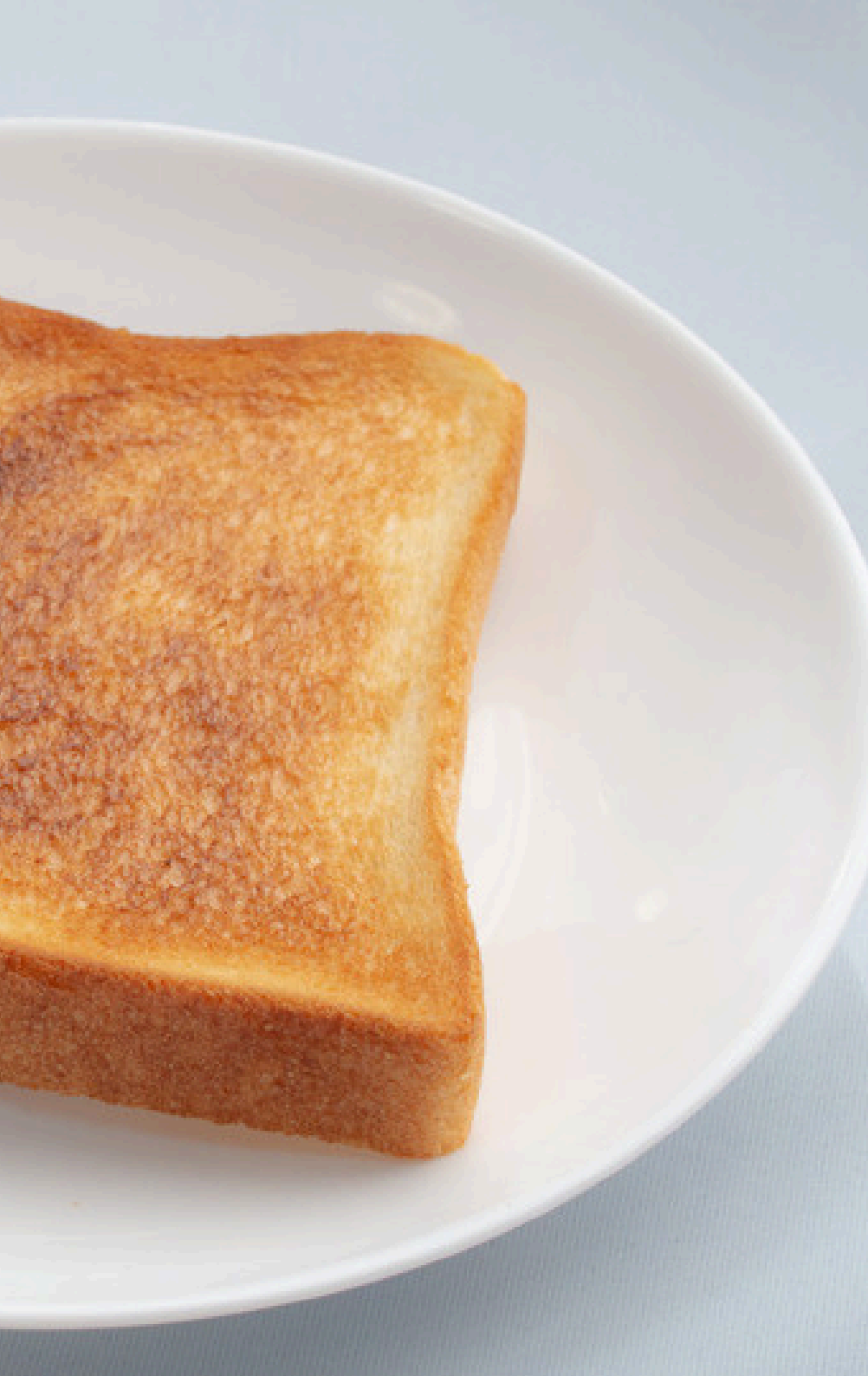
Sleeping at Discovery

When it is time for bed, I will sleep in the auditorium on sleeping mats on the floor.

We will watch a movie in this room before bed. My supervisors will also sleep in this room.

I will need to stay in this room unless I need the toilet. I can always ask my supervisor for help.





Breakfast

In the morning, I will have a choice of toast or cereal for breakfast.

We will all eat together.

When everyone is finished breakfast we will take turns brushing our teeth and packing our bags. We will make sure all our things are ready to take with us. If we have time and everything is packed up nicely we may have one more chance to play with the exhibits.





Leaving Discovery

When it is time to go home, I will go into the auditorium and get my overnight bag and sleeping bag.

I might use the bathroom before we leave, because the trip home may be long.

We will leave through the Discovery Shop.



We hope you enjoy your Sleepover!