

Icebreaker Questions

This is a starter set of stellar icebreaker questions, bound to help any new team get to know one another better.

 **TIME: 5-15 MINUTES**

When should I use it?

When you have a new team or a mix of people who haven't worked together—and you want to quickly establish a positive tone and rapport.

What will I need?

+ Post-it notes (optional)

1 Pick a question from the list below (or use your own).

2 Give each person 30 seconds to think of or write down an answer.

3 Go around the team and share answers, rapid fire. Make sure people don't eat up time by providing detailed explanations.

Suggested questions

- + What one word describes how you're feeling right now?
- + What is your personal motto?
- + What talent would you most like to possess?
- + What's something you always travel with?
- + What's something people would least expect about you?
- + What makes you feel like a hero?
- + What is your go-to comfort food?
- + What's your least favorite word?
- + What person—living, dead, or fictional—would you want to bring to dinner?
- + What's a piece of advice or feedback you've heard more than once?
- + What superstition do you take seriously?
- + What are you thankful for?
- + What's your guiltiest TV pleasure?
- + What were you doing in high school?
- + What is your idea of bliss?
- + What quality do you most admire in a person?
- + What makes you feel guilty?
- + Who is your celebrity doppelganger?
- + What resolution are you trying to keep right now?
- + What is something you've borrowed but never returned?
- + What was your childhood obsession?