

I'm Working On

At the start of any project, it's important to know what skills people are trying to build and what habits they're trying to break. This tool provides a helpful way to share that information and foster a discussion about ways the team can help.

 **TIME: 10-15 MINUTES**

When should I use it?

When you have a new team or a mix of people who haven't worked together—and you want to understand the skills or habits people are trying to build.

What will I need?

+ *I'm Working On* worksheet

1 Distribute the *I'm Working On* worksheet to each person (can be done in advance or at the kickoff).

2 Give people 1-2 minutes to complete the three sections of the worksheet: a new muscle I'm trying to build, a habit I'm trying to break, an area I'm trying to learn more about.

3 Invite people to share what they wrote.

4 Discuss ways in which the team can support each person in his or her growth, especially if people are trying to change a habit or tackle a challenging new skill.

I'm Working On

A new muscle I'm trying to build

A habit I'm trying to break

An area I'm trying to learn more about
