



SIEVEKING

PLASTIC SURGERY

WHERE YOU HAVE SURGERY MATTERS: INSIDE THE EXCELLENCE OF **GRASSLAND SURGERY CENTER**

Your Weekly Newsletter

by Dr. Nick Sieveking

March 2, 2026



This week, rather than focusing on a specific *functional medicine* topic or surgical procedure, I want to discuss something equally important — where your surgery is performed.

I am proud to introduce our brand-new, state-of-the-art, outpatient facility in the Grassland area of Franklin, designed exclusively for aesthetic and reconstructive procedures: ***Grassland Surgery Center***.

Founding physicians include:

- Jason Wendel MD
- Kristina O'Shaughnessy MD
- Ramin Behmand MD
- Nick Sieveking MD

Before highlighting what makes a dedicated outpatient surgery center exceptional, it is helpful to understand the traditional hospital experience — a setting where I have spent more than 30 years of my surgical career.

The Traditional Hospital Elective Surgery Experience



- Impersonal Environment – Large institutional systems can feel transactional rather than individualized.
- Privacy Limitations – Shared spaces and high patient volume may compromise discretion and confidentiality.
- Lack of Specialty Focus – Staff rotate across multiple specialties and are often not dedicated exclusively to plastic surgery.
- Cultural Bias Against Elective Surgery – Cosmetic procedures are often considered lower priority by hospital staff not familiar with “elective” surgeries
- Aging Infrastructure – Many hospital operating suites were built decades ago.
- Routine Scheduling Delays – Emergency and inpatient cases frequently displace elective surgeries. Late starts and delayed discharges are the “norm” for elective surgeries within a hospital.
- Administrative Prioritization – Insurance-based service lines often take precedence. Hospital companies feel that insurance-covered surgeries are more ‘profitable’ than elective cosmetic surgeries.
- Higher Infection Exposure – Broader and often critically ill patient populations increase exposure risk to “hospital-acquired surgical” infections
- Billing Complexity – Systems are structured around insurance billing, which can complicate self-pay services.

The Outpatient Surgery Center Difference



- State-of-the-Art Facility – Purpose-built operating rooms with modern surgical and anesthesia systems.
- Exceptionally Low Infection Rates – Elective-only patient populations and strict accreditation standards.
- Absolute Privacy & Discretion – Private check-in, recovery, and discharge processes.
- Specialized Plastic Surgery Teams – Staff focused exclusively on cosmetic and reconstructive surgery.
- Efficient Scheduling – No trauma cases or emergency add-ons. Surgery starts on-time and patients get home as promised
- Streamlined Experience – Faster processing and same-day discharge in a comfortable setting.
- Modern Cleanliness Standards – Advanced air handling and sterilization protocols.
- Patient-Centered Culture – Designed entirely around comfort, dignity, and individualized care.

Safety & Accreditation

Certified outpatient surgery centers meet strict accreditation standards from organizations such as The Joint Commission, AAAHC (Accreditation Association for Ambulatory Health Care), and Medicare/CMS.

<https://www.aaahc.org>

Patients are carefully screened to ensure they are appropriate candidates for same-day surgery, and facilities maintain rigorous protocols for anesthesia safety, sterilization, and emergency preparedness.

What is a Transfer Agreement for a Surgery Center

A Transfer Agreement for a surgery center (often called a Hospital Transfer Agreement) is a formal, written contract between an outpatient surgery center and a nearby hospital that ensures patients can be safely and promptly transferred if a medical emergency or complication occurs.

What It Covers:

1. Emergency Transfers

- If a patient develops a complication (bleeding, airway issue, cardiac event, etc.), the agreement guarantees immediate acceptance by the hospital.
- Defines how the transfer is initiated (EMS, direct physician call, etc.).

2. Continuity of Care

- Ensures the receiving hospital has the patient's records, operative report, anesthesia record, and medications given.
- Allows seamless continuation of treatment without delay.

3. Physician Privileges

- Agreements require the operating surgeon and/or anesthesiologist to hold privileges at the receiving hospital.
- Agreements allow transfer under the hospital's on-call service.

4. Distance Requirements

- Accrediting bodies and many state regulations require the hospital to be within a defined travel time (often 15–30 minutes).

The Bottom Line

Hospitals remain essential for complex and high-acuity medical care. However, for elective aesthetic surgery, a certified outpatient surgery center represents the modern **gold standard** — combining safety, specialization, privacy, and efficiency.

GRASSLAND

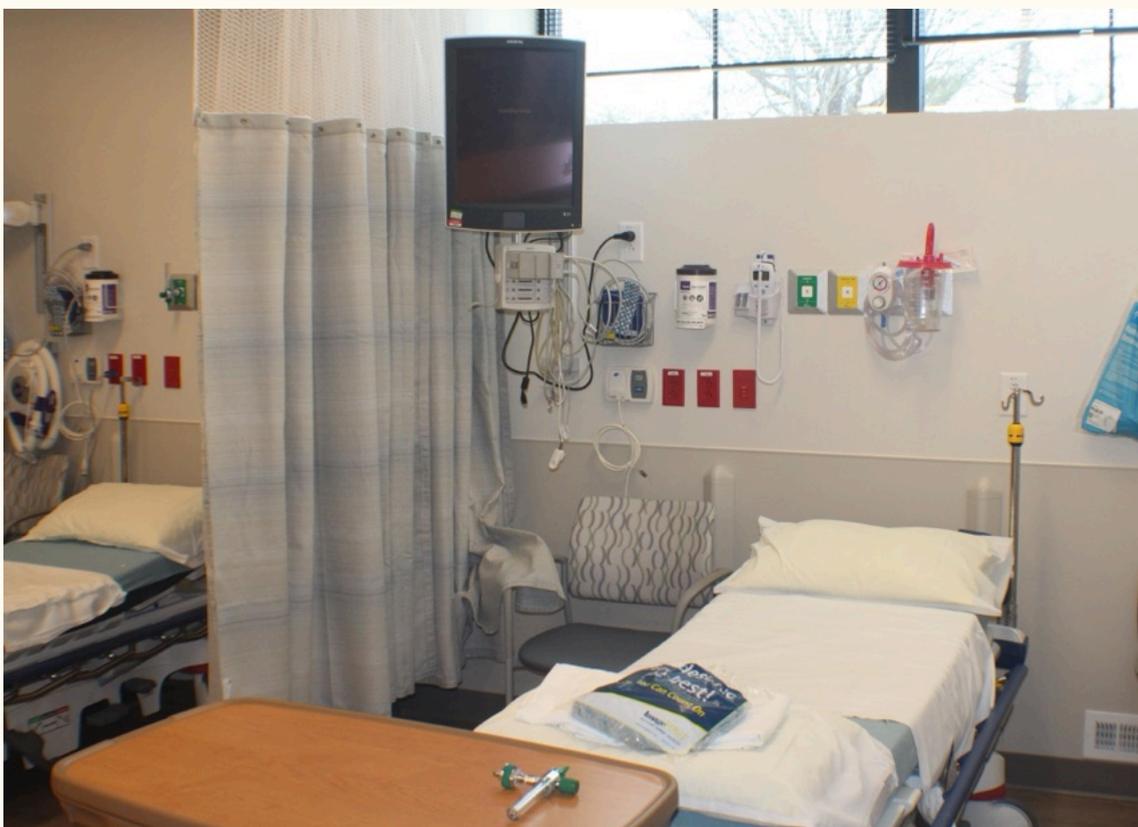
SURGERY CENTER



We are proud to bring this level of surgical excellence to the Grassland community through **Grassland Surgery Center** — purpose-built to deliver the highest level of aesthetic & reconstructive surgical care in a private and personalized setting

Safety by Design — Inside Grassland Surgery Center

- Grassland Surgery Center was built from the ground up with one guiding principle: safety comes first.





- Every detail of the facility was engineered around that standard. Our operating rooms are equipped with hospital-grade surgical technology, advanced air-filtration systems, and rigorous sterilization protocols that meet — and in many cases exceed — nationally recognized accreditation requirements.





- From the moment a patient arrives in pre-operative care through recovery and discharge, each space was intentionally designed to support privacy, continuous monitoring, and a calm, comfortable environment for both patients and their care teams. This purpose-built layout allows for seamless clinical flow while maintaining the highest level of discretion and individualized attention.





Anesthesia Excellence



Anesthesia Care — At **Grassland Surgery Center**, our anesthesia services are provided by ***Specialty Anesthesia of Tennessee***

Specialty Anesthesia of Tennessee (SAT) was founded in 2019 by Katherine Dobie MD to meet the growing need for highly specialized anesthesia care in the outpatient surgical setting. While safety is always the foundation of anesthesiology, the art of anesthesia plays a critical role in both patient outcomes and the overall surgical experience.

From cosmetic surgery to orthopedics and advanced procedures, the physicians (MD's) and nurse anesthetists (CRNA's) of ***Specialty Anesthesia of Tennessee*** bring deep expertise in ambulatory anesthesia care.

SAT's protocols are designed to optimize comfort and recovery — delivering precise, state-of-the-art anesthesia that allows patients to awaken more quickly, experience minimal grogginess, and have little to no postoperative nausea. AT **Grassland Surgery Center**, **SAT** always has a board-certified Anesthesiologist (MD) on site at **Grassland Surgery Center**.

The goal — after safety — is simple: for every patient to say, “This is the best I have ever felt after anesthesia.” And we hear that often.

The **SAT** model, outcomes, and patient-centered approach continue to attract both surgeons and patients seeking the highest standard of outpatient anesthesia care.

Thoughtful Location. Elevated Experience.

Grassland Surgery Center is located just outside of Nashville in the northern portion of Franklin — easily accessible from all areas of Middle Tennessee, yet intentionally removed from the congestion and institutional pace of the West End and downtown medical corridor.



Patients appreciate being close to home while still having the reassurance of multiple major medical centers located within a short 10-mile radius.

Despite that proximity to tertiary care resources, the experience inside Grassland Surgery Center feels worlds apart.

Our environment was designed to feel more like a private surgical retreat than a traditional medical facility — a setting many patients describe as a true “surgical spa.”

Overnight Recovery Option



For patients who prefer an additional layer of comfort and monitoring, we offer a private overnight recovery suite.

Here, a dedicated private-duty nurse provides one-on-one care throughout the evening following surgery — assisting with medications, hydration, mobility, and comfort measures — while closely monitoring recovery progress.

Patients awaken the following morning rested, stable, and fully prepared for discharge home, often finding this extended care option adds meaningful peace of mind for both themselves and their families.



SPECIAL PROMO:

More Glow Med Spa PLATINUM members receive a **10% discount**

(5% for GOLD members) on surgeon's fees for any plastic surgery procedure at Sieveking Plastic Surgery

PLUS...

for a limited time, we are offering a free IGF-I blood test to determine where you stand with your growth hormone levels.

Offer expires 3/31/26.

Make Appointment

Upcoming Sieveking Plastic Surgery DOCUMENTARY -
Stay Tuned!

One of our wonderful patients, Jayne, has graciously agreed to share her complete facelift journey with us - from the pre-operative planning phase, through surgery and into her recovery process.

We're excited to bring you this in-depth video documentary to provide an authentic, behind-the-scenes look at the full patient experience for those considering facial rejuvenation surgery. Updates on Jayne's progress and video of the journey will be added to our newsletters.

Be on the lookout for next week's newsletter, "*The Top 25 Questions about Aesthetic Surgery Answered by Dr. Sieveking.*"

[Newsletter Archives](#)



**Sieveking Plastic Surgery &
MoreGlow Med Spa**

1200 Old Hillsboro Rd., B2,
Franklin, TN 37069
info@sievekingplasticsurgery.co
m
615-321-1010

Ageless Solutions

615-678-7784

[Unsubscribe](#)