

Breakfast (From 7.30am)

Ladybug Omelette with Garden Salad

Plain \$12 Salmon with Spinach \$15 Mushroom with Mozzarella \$15 Bacon and Kimchi \$15 + Avo \$3

Energetic Breakfast Burrito

Bacon, Ham, Scrambled Egg, Lentil, Creamy Avocado, Halloumi Cheese, Tomato Relish and Seasoned Rice \$12

Fruity Breaky Cup

Mixed Seasonal Fruits with honey, Greek Yogurt and Granola \$6

Toast

Plain \$3 + Peanut Butter, Vegemite or Strawberry Jam \$1, + Avocado \$4

Pastries and Cakes

Croissant Plain \$5
Ham & Cheese Croissant \$10
Croissant with Strawberry Jam \$6
Pain au Chocolat \$6
Fruit Danish \$6
Banana Bread \$5
Chocolate Macadamia Brownie \$6

Tea & Coffee

Espresso Coffee with locally roasted beans & T2 Tea \$4-\$6

Smoothies

Berry Protein- Banana, blueberry, vanilla protein, peanut butter, peanuts, coconut water \$13 Green Machine- Mango, spinach, banana, peanuts, coconut water, Brookfarm granola \$10 Mango Madness- Mango, banana, apple juice \$10 Add vegan vanilla protein \$2, Add espresso shot \$2

Seating

Please order and collect from the Ladybug serving window, or scan below

Orders

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Food Allergens

Food prepared in our trailer may contain nuts, dairy, wheat, eggs and other allergens. Though we make effort to avoid cross contamination, if you have concerns with allergens please mention this to our staff.

Ladybug patrons are welcome to use the outdoor table settings. Entry into Prospect Studios is permitted for members only. Day memberships may be purchased from the staff at Ladybug.

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Fortitude Bowl

Cajun Seasoned Rice with Sautéed Seasonal Vegetables, Feta Cheese, Kimchi, Mayak Egg, Roasted Beetroot and Miso Sauce. Includes choice of protein: Roasted Turmeric Chicken, Roasted Herb Salmon, Roasted Oyster Mushroom, Scotch Fillet or Pork Belly \$18

Crispy Smash Burger

Beef Patty with Swiss Cheese, Cos Lettuce, Caramelised Onion, Tomato, BBQ Sauce and Baked Smash Potato \$16

Valley Quesadillas

Mozzarella Cheese and Spinach in Tortilla served with Chipotle or Garlic Aioli and Pico de Gallo. Includes choice of protein: Roasted Turmeric Chicken, Roasted Herb Salmon, Roasted Oyster Mushroom, Scotch Fillet or Pork Belly \$15

Flying Tuna Sandwich

Tuna Mayo, Crushed Avocado, Fried Egg White, Melted Cheese, and Lettuce folded in a Seaweed Sheet with a side of Pickled Ginger \$10

Ladybug Salad

Seasonal Greens, Roasted Beetroot, Red Onion, Roasted Cashews, Feta, Cherry Tomato and Lemon Chilli Crisp Dressing \$10

Plus choice of protein: Roasted Turmeric Chicken, Roasted Herb Salmon, Roasted Oyster Mushroom, Scotch Fillet or Pork Belly \$5

Sourdough Toasties

Truffle Mushroom - Mozzarella, Gruyere, and Spinach \$12

Tuna Melt - Tuna, Red onion, Spinach, Mozzarella, and Harissa Tapenade \$12

Ham & Cheese - Ham, Cheese, and Sun-dried tomatoes \$12

Dessert

Chocolate Macadamia Brownie with Passion fruit sauce, whipped cream & berries \$8

Bottled Drinks

Cold Press Juice (Beetroot/Carrot) \$8, Good Happy Kombucha \$8, Still and Sparkling Water \$6

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