



# *Mark Your Calendar!*

## **Wednesday, December 2nd**



**This holiday season, kindness gets its own day.**

After Black Friday and Giving Tuesday, Kindness Wednesday invites people across the country to pause and complete one intentional act of kindness.

The idea is simple: do one act of kindness, share a kindness story, and invite someone else to take part.

Not everyone can make a financial gift, but everyone can do something kind. A phone call, a thank-you note, a helping hand, or a word of encouragement can change the direction of someone's day.

The inaugural Kindness Wednesday will help close America's 250th year with purpose and invite people to carry kindness forward.

### **How to Take Part on December 2nd**

**Individuals** can call or text someone who needs encouragement, thank someone who made a difference, help a neighbor, or share a kindness story.

**Schools** can use a morning announcement, classroom prompt, kindness wall, or student challenge to encourage one act of kindness during the day.

**Organizations** can send a message to employees or members, highlight people who model kindness, encourage teams to participate, or challenge another organization to join.

**Stay tuned for more details!**



USofKindness.org

@USofKindness #USK250

**Kindland**  
JUST BE ♥ KIND