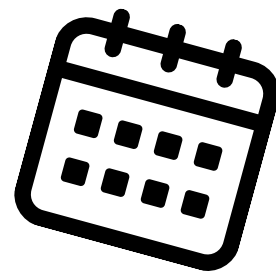




Mark Your Calendar!

Wednesday, December 2nd



This holiday season, kindness gets its own day.

After Black Friday and Giving Tuesday, Kindness Wednesday invites people across the country to pause and complete one intentional act of kindness.

The idea is simple: do one act of kindness, share a kindness story, and invite someone else to take part.

Not everyone can make a financial gift, but everyone can do something kind. A phone call, a thank-you note, a helping hand, or a word of encouragement can change the direction of someone's day.

The inaugural Kindness Wednesday will help close America's 250th year with purpose and invite people to carry kindness forward.

How to Take Part on December 2nd

Individuals can call or text someone who needs encouragement, thank someone who made a difference, help a neighbor, or share a kindness story.

Schools can use a morning announcement, classroom prompt, kindness wall, or student challenge to encourage one act of kindness during the day.

Organizations can send a message to employees or members, highlight people who model kindness, encourage teams to participate, or challenge another organization to join.

Stay tuned for more details!



USofKindness.org

@USofKindness #USK250

Kindland
JUST BE ♥ KIND