



Clinical Trials—Oncology

# Why Antibody-Drug Conjugates Are Revolutionizing Precision Oncology

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The Institute@Precision is part of Precision Medicine Group, an ecosystem of organizations spanning discovery to commercialization, purpose-built for precision.

## Precision oncology and role of antibody-drug conjugates

Antibody-drug conjugates (ADCs) represent the next frontier in targeted cancer therapies. By combining the precision of monoclonal antibodies with the potency of cytotoxic drugs, ADCs offer a powerful solution to treating cancer with greater accuracy, minimizing damage to healthy tissues. Antibody-drug conjugates are composed of three essential parts:

- **Monoclonal Antibody:** Targets a tumor-associated antigen.
- **Cytotoxic Payload:** A potent drug designed to kill cancer cells.
- **Linker:** A chemical structure that connects the antibody to the payload.

This innovative combination allows for the precise delivery of the cytotoxic drug directly to cancer cells expressing specific antigens, significantly reducing off-target effects compared to traditional chemotherapy.

### Antibody-drug conjugate Mechanism of Action: Cancer's trojan horse

ADCs function much like a modern-day Trojan horse, delivering potent cytotoxic agents directly into cancer cells while sparing healthy tissues. This highly targeted approach is a sophisticated multi-step process designed to maximize efficacy while minimizing systemic toxicity.

- **Targeting and binding:** The entry point  
The first step in the ADC mechanism is precision targeting. ADCs consist of a monoclonal antibody that specifically binds to antigens found on the surface of cancer cells. These tumor-associated antigens are typically overexpressed in cancer cells compared to normal tissues, allowing ADCs to selectively attach to malignant cells.
- **Internalization:** Sneaking behind the defenses  
Once the ADC binds to the target antigen, the cancer cell “accepts” the Trojan horse through receptor-mediated endocytosis. The ADC is internalized by the cancer cell, forming an endosome that transports it deeper inside. This internalization often occurs through a pathway known as clathrin-dependent endocytosis.

- **Endosomal maturation and lysosomal fusion:**

The trap springs

Once inside, the endosome matures and fuses with lysosomes, the acidic organelles filled with enzymes capable of breaking down cellular components. This environment is crucial for the next step—activating the hidden cytotoxic payload. The cytotoxic agent within the ADC waits until the proper conditions are met inside the lysosome.

- **Payload release:** Releasing the soldiers

The cytotoxic payload is linked to the antibody by a linker that is stable in the bloodstream but cleaves in response to the acidic, enzyme-rich environment within the lysosome. Upon reaching this intracellular environment, the linker is cleaved, releasing the cytotoxic drug into the cancer cell's cytoplasm.

- **Cytotoxic action:** Targeted action

Once released, the cytotoxic agent exerts its lethal effects on the cancer cell. These agents typically induce apoptosis (programmed cell death) or necrosis, destroying the cancer from within. This targeted destruction minimizes collateral damage to healthy tissues, which is a key advantage over traditional chemotherapy.

- **Bystander effect:** Expanding the attack

ADCs can also induce a “bystander effect,” where the released cytotoxic agent affects neighboring non-targeted tumor cells. This phenomenon increases the overall efficacy of ADCs by expanding the therapeutic reach beyond just the cells expressing the target antigen.

## Recent developments in antibody-drug conjugate approvals and efficacy

Recent advancements in the ADC landscape have reinforced their growing role in precision oncology. As of September 2024, 13 ADCs have received FDA approval for various cancer indications.<sup>1</sup> These ADCs target key antigens across both solid and hematologic malignancies.

Increasingly, ADC are demonstrating their value in cancer care, particularly in combination therapies and their ability to target resistant cancer cell populations. Recent clinical trials show promising results when ADCs are combined with immune checkpoint inhibitors, enhancing anti-tumor responses. These combinations are opening new avenues for treating difficult-to-treat cancers.<sup>2</sup>

Emerging targets such as Nectin-4 and Claudin18.2 are broadening the therapeutic applications of ADCs. By improving their adaptability and overcoming resistance, ADCs are being explored as potential frontline options in cancer therapy.

### ADC path in the theragnostic world:

#### Antibody-radionuclide conjugate

ADC efficacy is sometimes limited by tumor target expression. Antigen expression can be misinterpreted due to tissue availability or limitation (histopathological interpretation) in size, preparation or it is evaluated with an immunohistochemistry antibody that recognizes a different epitope than the targeting antibody. Antibody-radionuclide conjugate (ARC) emerged as a theragnostic approach using diagnostic positron-emission tomography (PET), a precision imaging radiodiagnostic for patient selection. Using the same antibody for diagnosis (ARC) and treatment (ADC) could represent an option to maximize the benefit from ADC therapy confirming the antigen target.

The theragnostic strategy offers a noninvasive, whole-body, contemporaneous, and therapeutically directed approach to patient selection that overcomes many limitations of traditional immunohistochemistry (IHC). By employing pretherapy PET detection of target-expressing tumors after injection of an imaging radiodiagnostic (ARC), this approach allows for more accurate identification of patients who can benefit from ADC therapy while avoiding treatment of those with tumors that do not express the ADC target.

This advancement addresses several challenges in ADC therapy:

- Limited tumor target expression
- Disease evolution resulting in loss of sufficient antigen expression
- Risks associated with biopsies
- Outdated or unrepresentative biopsy samples
- Variability in histopathological interpretation of antigen expression

By combining the specificity of ADCs with the diagnostic power of ARCs, this theragnostic approach represents a significant step forward in precision oncology, potentially improving patient outcomes and resource utilization in cancer treatment.

The Antibody Drug Conjugates (ADC) Market size was valued at USD 8.71 billion in 2023 and is expected to reach USD 24.70 billion by 2032, growing at a CAGR of 12.30% over the forecast period 2024-2032.

— SNS Insider Research

A key contributor to the acceleration of ADCs is the increasingly favorable regulatory environment. Streamlining approval processes for targeted therapies has reduced the time to market and enabled faster patient access to innovative treatments. The regulatory expertise provided by partners like Precision for Medicine plays a crucial role in navigating these pathways efficiently.

## Addressing the challenges and limitations in ADC development

While ADCs hold great promise, they face specific challenges related to manufacturing, regulation, and cost.

### Manufacturing complexity

Due to their unique structural and functional characteristics, producing ADCs requires highly specialized facilities, which can create scalability challenges. Precision for Medicine manufacturing teams have a proven track record of planning, building, and maintaining manufacturing facilities, capital expansions, and technical operations. These capabilities can ensure that ADCs are produced at the highest standards while supporting efficient scale-up to meet market demand.

### Regulatory hurdles

The regulatory requirements for ADCs are stringent and can be complex as there are no dedicated regulatory guidelines specifically for ADCs. Instead, ADC developers must navigate existing harmonized international guidelines from organizations such as the International Council for Harmonisation (ICH), which provide a framework applicable to both small and large molecules. Working with Precision's global regulatory affairs team, sponsors benefit from input across the drug development lifecycle to streamline approval processes and regulatory success.

### Cost considerations

High development and manufacturing costs can limit the accessibility of ADCs. By assembling multidisciplinary teams and deploying advanced screening and bioanalytical technologies, Precision reduces the time spent on each phase of development. Our approach to clinical development planning optimizes strategic recommendations to infuse efficiency into every step.

## Delivering ADC Success with Precision

Precision for Medicine offers unparalleled value to sponsors developing ADCs. Through cutting-edge biomanufacturing services, comprehensive regulatory support, and streamlined clinical trial planning and execution, we help ensure that ADC therapies reach the market efficiently and safely.

## References

1. <https://www.biochempeg.com/article/74.html>
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3. <https://www.snsinsider.com/reports/antibody-drug-conjugates-market-4421>

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