UNIVERSITY OF MIAMI | eMed®

A unique health program for *your* unique health journey

eMed GLP-1 Pilot Program

- Ongoing, independent clinical care
- At-home convenience
- Branded, FDA-approved medication*
- 24/7 side effect support
- Reminders & progress tracking
- Lifestyle guidance through Thrive Global



A more supportive way to lose weight

Whether you're starting a GLP-1 for the first time or already taking one, the eMed GLP-1 Pilot Program provides the clinical support you need from the comfort of home. An independent, licensed clinical team supports you throughout your journey with weekly check-ins, ongoing support, and semiannual lab testing.

eMed is more than just GLP-1 medication. It's a GLP-1 team and program designed to keep you on track and moving forward.

The eMed Member Journey

Getting Started | Day 1 - 7



Start Journey
Member enrolls via eMed app and receives screening kit



Medical Intake
Guided, at-home clinical intake procedure

Clinical Review | Week 2+



Clinical Evaluation
Interactive clinical evaluation & results



Rx Issued
FDA approved meds via mail-order pharmacy

Ongoing Care



Progress Tracking
Weekly check-ins, progress tracking, 24/7 side effect support, and health & lifestyle guidance

01 Download the eMed app. Sign up and follow the guided, at-home collection steps.

02 Return your blood sample via same-day FedEx pickup using the box included with your kit.

03 Review your lab results in the eMed app.

Scan. Learn More. Download App

emed.com/umiami

Enter Access Code

UMiami

*Prescription medications are available only after an independent clinical evaluation by a licensed healthcare professional. Eligibility is not guaranteed. GLP-1 medications are prescription drugs. Important Safety Information: https://www.emed.com/important-safety-information