

Changes to GLP-1 Coverage for Tulane University Medical Plan Members

Introducing a GLP-1 weight management program built for you

Beginning January 1, 2027, Tulane University medical plans will cover GLP-1 medications prescribed for weight loss only through the **eMed GLP-1 Weight Management Program**, a clinician-led program that brings together:

- ▶ FDA-approved GLP-1 medications*
- ▶ Ongoing clinical support from licensed clinician
- ▶ At-home medical evaluations and labs
- ▶ Weekly progress monitoring and guidance
- ▶ 24/7 side effect support
- ▶ Full confidentiality



A more supportive way to lose weight

The eMed GLP-1 Weight Management Program is a clinician-led weight management program that brings together FDA-approved GLP-1 medications for eligible participants, ongoing clinical support, and lab testing in one place. New or current GLP-1 users on a Tulane medical plan can enroll in eMed starting December 1, 2026.

The eMed Member Journey

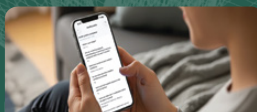
Getting Started | Day 1 - 7



Start Journey
Member enrolls via eMed app and receives screening kit



Medical Intake
Guided, at-home clinical intake procedure



Clinical Evaluation
Interactive clinical evaluation & results



Rx Issued
FDA approved meds via mail-order pharmacy



Progress Tracking
Weekly check-ins, progress tracking, 24/7 side effect support, and health & lifestyle guidance

Clinical Review | Week 2+

Ongoing Care



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PROGRAM EARLY REGISTRATION
Current GLP-1 Utilizers
December 1, 2026

PROGRAM LAUNCH &
RX DELIVERY BEGINS
January 1, 2027