

### **Removable Partial Denture Post-Operative Care**

We have done our best at Hutchinson Family Dental to provide you with well-fitted, functional and esthetic removable partial dentures. We are confident that you will have years of satisfaction and use from them.

- **The First Few Weeks:** New partial dentures always feel strange when first placed in your mouth. Several days or even a few weeks will be required for you to feel accustomed to them.
- **Sore Spots:** Usually your mouth will have a few “sore spots” after wearing the dentures for 24 hours. Don’t worry about these areas. They can be relieved during your next appointment. Another appointment about 7 days later will usually eliminate any other sore areas.
- **Chewing:** The new bite may not feel completely comfortable for a period of days. We will adjust the contacting surfaces of your teeth in 24 hours and again about one week after the dentures have settled into place.
- **Soaking:** Denture soaks are also useful for the denture. Leave the dentures out of your mouth at night to let the tissues rest. We suggest you leave dentures soaking in water to avoid warping.
- **The Future:** Your jaw bones and gums shrink up to 1/32 of an inch per year when your teeth are missing. This shrinkage is one of the main disadvantages of artificial dentures. Because of this shrinkage, you should plan to have your dentures and oral tissues evaluated by us at least once every 6 months. We will inform you when refitting the partial denture is necessary. Wearing an ill-fitting partial denture for too long without refitting can cause severe bone loss and serious oral diseases.
- **Cleaning:** Purchase a denture brush from your local pharmacy and brush dentures with a mild soap, avoiding toothpaste or abrasive detergents. Brush your gums with a regular toothbrush once per day to toughen and clean them. Use fluoride-containing toothpaste for the natural teeth.

If you have any questions, please call our office at 620-663-9119