


Useful links

Some useful websites for information:

- > National Playing Formats & Rules:
<https://www.playfootball.com.au/sites/play/files/2020-01/Playing-Formats-and-Rules.pdf>
- > Wollongong Council Wet Weather Ground status:
<https://www.wollongong.nsw.gov.au/places/sport-and-fitness/sportsgrounds>
- > Balgownie Junior Football Club Ground Map:
 [2024 Judy Masters Matchday Ground Layout.pdf](#)
- > Dribl Competition Management Software:
<https://dribl.com>

Coaching resources

- > Balgownie Juniors website:
<http://www.balgowniejuniors.com.au/coaching-resources>
- > Football South Coast website:
<https://footballsouthcoast.com/miniroos-sessions/>
https://footballsouthcoast.com/resource_type/coaching/
- > MiniRoos website:
<http://www.miniroos.com.au/>
- > Play By The Rules - Making sport inclusive, safe and fair:
<http://www.playbytherules.net.au/>
- > Youtube: There are many videos available online

Other sites

- Balgownie Rangers Football Club: Balgownie Seniors
<http://www.balgownierangers.com.au>
- Football South Coast website
www.footballsouthcoast.com

Contact Information

Club House location: 17 Para Street, Balgownie

Club Email: secretary@balgowniejuniors.com.au

Website: www.balgowniejuniors.com.au

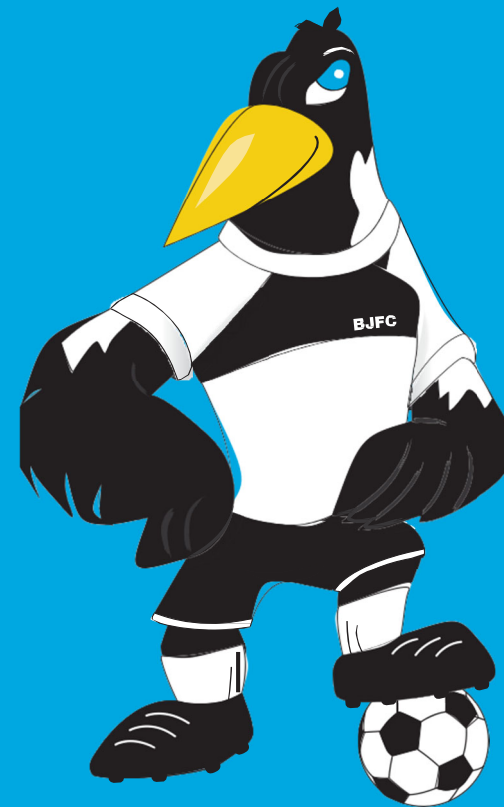
Facebook: www.facebook.com/BallyJuniors

Insta: www.instagram.com/balgowniejuniorfootballclub/

February 2025



Bally Juniors U6/U7 Guide Book



Train together

Play together

Achieve together

Pre-game procedure

Dribl Teamsheets:

- > Team Manager to use the Dribl App to submit their teamsheet, and confirm the opposition teamsheet, well before the game,
- > Covers you and the club for insurance purposes
- > Shirt numbers not important
- > Fines are applicable for not submitting and confirming teamsheets
- > For further information on Dribl

<https://footballsouthcoast.com/wp-content/uploads/sites/15/2023/03/2023-FSC-Dribl-User-Guide.pdf>

<https://footballsouthcoast.com/wp-content/uploads/sites/15/2024/04/Match-Sheets-Dribl-Mini-Roos.pdf>

Game day:

- > Matches are played on Saturday mornings at Judy Masters. Match details will be available on the Dribl App, and on the Match centre on the Football South Coast website: <https://fsc.dribl.com/>

Field location:

- > Will be noted on Dribl App. Refer to online Ground Map or as shown on the large whiteboard at the clubhouse each week
- > Take note of which field you are playing on
- > Early games set up, last game of the day to pack up

Location of gear:

- > Teams should set up their own field
- > 2 sets of goals and cones are located in the blue shipping container

Setting up goals:

- > Can be a little tricky, ask for assistance as necessary.
- > Watch setup video here <https://www.youtube.com/watch?v=BzqzOZQkl5k>
- > Encourage kids to not lean, swing on or handle the goals

Setting up field/cones:

- > Fields should be marked
- > Put a cone on each corner, on halfway and if available at each quarter as well

Wearing of officials bibs:

- > Each kit will have a Marshall bib
- > One parent should wear this (not the coach)

During the game

- > Ensure the kids all have Shirts, Shorts, Socks, Shin Pads and Boots. No jewellery, watches etc
- > Each child should also have their own water bottle
- > Home team to supply match ball (first team listed)
- > Away team to wear the bibs (second team listed)
- > Coloured bibs provided in team bag
- > **Game Rules**
 - Games run for 20min per half with a 5min break
 - 4 players on field, no goalkeepers. 2 up front, 2 at the back
 - Both coaches are allowed to be on the field, however we recommend staying well behind the play.
 - Each coach can act as game leader when the ball is in their half of the field.
 - No corners, always a goal kick
 - No throw-ins, always a kick in. Place ball on line where it went out.
 - Try and encourage the defending team to move back to half way when a goal kick is taken to give the other team a chance to play the ball out
 - Try and allow the game to flow and not stop the game for every foul or error – just talk to the kids on the run and encourage them. Serious fouls need to be pulled up, but explain to everyone what the free-kick is for.
- > **Substitutions**
 - Substitutions can be made at any time, but try and make the changes quickly so as to not hold the game up too much.
- > Remember that it's all about fun for the kids, so be encouraging
- > **There is flexibility to adjust games/rules to suit (within reason)**
 - e.g. extra player for uneven scorelines/games/ability or even up teams if one is short of players
 - If some kids never seem to score a goal all season, consider having a penalty shootout (no keepers) every so often or at the end of the year.

Post-game

- > Shake hands and '3 Cheers'
- > Award a 'player of the match' (try and rotate this each week evenly)
- > Playing shirts in the bag and one parent take home to wash (do not use a dryer)
- > Do not allow players to keep individual shirts or to take home balls. Keep them all together in the kit bag.
- > Last game - Pack up and return goals & cones to clubhouse
- > No need to enter scores in Dribl.