



## Football South Coast Player Pathway

At Football South Coast we have a belief and passion that junior player development is vital to ensure the quality of football in this region. Junior development is not only about our representative players - it is fundamentally about grassroots development.

Our aim is to offer a wide range of programs for our juniors and to provide a platform to show and learn new skills and techniques in a fun, inclusive and safe environment, under the guidance of our highly qualified coaching staff.

The purpose of this document is to provide an overview of each of our programs which include School Holiday Clinics, Academy's, the FNSW Skills Acquisition Program (SAP) and the FNSW Association Youth League and Girls Conference League Competitions and how this links to the South Coast Flame who are our representative association senior club.

Each program is underpinned by the national curriculum and provides motivation in a friendly environment for young players to progress at their own rate.

One of the building blocks that we encourage is the Discovery and the Skills Acquisition phase.

During the Discovery phase we allow a lot of varied fun football related games and encourage the beginning of fundamental techniques. In other words, we just love them to play. During the Skills Acquisition phase, our FSC coaches provide a solid foundation for technical skills.

Ann-Marie Balliana  
CEO

Jonathan Forster  
Technical Director

## WIN NETWORK School Holiday Clinics



### What are the WIN Network School Holiday Clinics?

- Football Clinics run throughout the school holidays.
- Discovering Football through fun, interactive, engaging activities for 5yrs -13yrs to develop their footballing skills.
- Discover football in accordance with Football Federation Australia's National Curriculum building blocks for junior development.
- Develop the 4 core skills, first touch, running with the ball, 1v1 and striking the ball
- Have fun
- **Talent Identification by our highly qualified coaches for further development programs.**

## WIN NETWORK FSC Academy



### What is the WIN NETWORK Academy?

- Development Program for players 6-12 years of age and 10-15 years of age for Goal Keepers.
- Play for your local club but train with FSC highly qualified staff.
- No selection Process. Everyone is welcome.
- An intensive development program designed in accordance with Football Federation Australia's National Curriculum Guidelines for junior and youth development.
- Discovering football through, fun, interactive and challenging activities.
- Develop the 4 core skills, first touch, running with the ball, 1v1 and striking the ball as game training components of the game.
- Academy locations – Wollongong, Shellharbour and Bulli.
- **Talent Identification by our highly qualified coaches for further development**

## Skills Acquisition Program (SAP)



### What is the Skills Acquisition Program?

- A representative program for the regions most talented U9, U10, U11 and U12 players boys and girls.
- Selection based criteria through trials.
- Trials open to all juniors
- Those successful in selection into the program no longer play for their local club team
- SAP squads represent Football South Coast in the Football NSW run competition
- The program will provide young talented players an opportunity to experience an enhanced football environment, above that provided in community football that will prepare them for the technical and tactical challenges of FNSW National Premier League competitions
- The program is run by FSC Technical Directors and our highly qualified staff.
- **Player pathway opportunities from SAP include Association Youth League, NPL League and Sydney FC**

## Skills Acquisition Program (Girls)



### What is the Girls Skills Acquisition Program?

- A representative program for the regions most talented U10, U11, U12 and U13.
- Selection based criteria through trials.
- Trials open to all juniors
- Those successful in selection into the program no longer play for their local club team
- SAP squads represent Football South Coast in the Football NSW run competition
- The program will provide young talented players an opportunity to experience an enhanced football environment, above that provided in community football that will prepare them for the technical and tactical challenges of FNSW National Premier League competitions
- The program is run by FSC Technical Directors and our highly qualified staff.
- **Player pathway opportunities from SAP include, Girls Conference League and NPL League**

## **Association Youth League Competition Squads (AYL)**



### **What are the Association Youth League Squads?**

- In conjunction with FNSW this program will provide youth male players a development opportunity between community and Football NSW Premier League football. The Association Youth League will prepare players for the tactical and technical challenges of FNSW Premier League competition.
- Selection based criteria through AYL trials
- Trials open to players U13-U16
- Those successful in selection into the program no longer play for their local club team
- AYL squads represent Football South Coast in the FNSW Association Youth League Competition

## **Girls Conference League Competition Squads (GCL)**



### **What are the Girls Conference League Squads?**

- In conjunction with FNSW this program will provide youth female players a development opportunity between community and Football NSW Premier League football. The Girls Conference League will prepare players for the tactical and technical challenges of FNSW Premier League competition.
- Selection based criteria through GCL trials
- Trials open to players U14-U17
- Those successful in selection into the program no longer play for their local club team
- GCL squads represent Football South Coast in the FNSW Girls Conference League Competition

## South Coast Flame



### Who are the South Coast Flame?

- The South Coast Flame is the associations representative senior club for men's football who compete the FNSW State League.
- The FNSW State League underpins the FNSW National Premier League competitions.
- For ages U18s, U20s and 1<sup>st</sup> Grade.
- Trials open to U18s and U20s age groups.
- Those successful in selection into the State League clubs no longer play for their local club team
- Talent Identification opportunities into A League Youth Teams, NSW State Teams and Talented Sports Programs.



## NATIONAL PREMIER LEAGUES

### What is the National Premier League

- The National Premier League for boys and girls is the highest tier of football in NSW and underpins the Hyundai A-League
- Selection based criteria through trials.
- Trials open to all ages U13-U20s
- Those successful in selection into the NPL clubs no longer play for their local club team
- Talent Identification opportunities into A League Youth Teams, NSW State Teams and Talented Sports Programs.

## SYDNEY FC



### Who are Sydney FC?

- Sydney FC is an Australian professional football club based in Sydney New South Wales who has its juniors playing in the NSW National Premier Youth League.
- The National Premier League is the highest tier of football in NSW and underpins the Hyundai A-League.
- Selection based criteria through Talent Identification of Sydney FC scouts at National Premier League and Skills Acquisition Programs games.
- For ages U 13s – U18s
- **Talent Identification opportunities into NSW State Teams, AIS and National Teams.**



## Player Pathway

