

Inspiring Anniversary Highlights

Supporting patient organizations with capacity building trainings

HTA trainings for small patient organizations

● Background

The institutional perspective

Considering patients' perspectives is increasingly recognized in health technology assessment (HTA). Patient input helps HTA bodies **capture unmet need, treatment burden, meaningful outcomes, and acceptable trade-offs between benefits and risks**. However, conflicts of interest and other compliance considerations must be addressed.

The patient organizations' perspective

Patient organizations appreciate the opportunity to inform HTA processes. However, they often **are concerned that they lack professional knowledge and expertise** to contribute meaningfully. Patient organizations - especially smaller ones without paid staff members - often struggle to invest the time for getting prepared for participating in HTA processes even though they would like to express their perspectives. So, they raised the need for an **independent and targeted HTA training**, which could support capacity building for the upcoming HTA process in their indication.

Aims of the project ●



Increase patient organizations' readiness and skills to participate in HTA processes in a fully compliant setting.



Limit the time and effort necessary for patient organizations' capacity building.



Facilitate fully compliant country-specific trainings target to the training to specific patient organizations' needs.

• The project approach



We clearly defined project goals and general training content with our client and patient representatives, based on the needs expressed by patient organisations that had requested an unrestricted educational grant from our client.



We invited applicable European, national, and regional patient organizations, verifying their interest, background knowledge and desired topics.



Subsequently, our team developed a training structure and modular content according to the timelines of the Marketing Authorization Application and subsequent HTA processes, including EU-HTA. This content was structured according to pan-European information and country-specific details.



We conducted trainings in the local language in small groups led by experienced speakers who were involved in local HTA processes and/or healthcare systems and who had experience with patient engagement.



Throughout the training, we gathered feedback to assess understanding of the content. Afterwards, we offered Q&A options, including a follow-up call with patient organizations.

Participant Feedback •

"Everything really very interesting... I admit that I was a little worried about the complexity of the subject but thanks to both of you it was very fluid and understandable."

"Can we have a follow-up training to dive even deeper into this topic?"

"Thanks again for the beautiful presentation. It was really useful! :) We will try to apply and explore the opportunities mentioned."

"Thanks for the good and interactive training today. This helps us as an association in our empowerment and influence. Thank you also for sending the presentation. If there are any issues, I will be happy to contact you."

• SINCE 2016 •

Why we do what we do at admedicum

At admedicum, we firmly believe that real patient involvement is not only possible but essential. For almost 10 years, we have been bringing together people living with chronic and rare diseases with companies, researchers, and healthcare providers – as equals. Because only together can we create solutions that truly make a difference.

Want to learn more about patient preference research, please contact us. We are eager to collaborate and explore how to support you best.

Contact us!

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