



DELAMORE SPA & TREATMENTS

# TOTAL RELAXATION FOR BODY & SOUL



*Delamore Lodge*  
WAIHEKE ISLAND

**BOOK A SESSION  
WITH US TODAY!**

[DELAMORELODGE.COM](http://DELAMORELODGE.COM)

+64 9 372 7372

83 DELAMORE DRIVE, WAIHEKE ISLAND



*Delamore Lodge*  
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## SPA MENU



[DELAMORELODGE.COM](http://DELAMORELODGE.COM)

# DELAMORE SPA MENU

Indulge in the ultimate relaxation experience at our luxury spa at Delamore Lodge. Immerse yourself into a deep sense of calm and grounding with one of our facials or body massage, designed to rejuvenate both body and mind. Our expert therapists provide you with unparalleled care and tranquility throughout your journey.

## LYMPHATIC RADIANCE FACIAL with RAAIE

A deeply restorative facial designed to cleanse, brighten, and rejuvenate the skin while promoting lymphatic drainage and boosting collagen production. This extended treatment incorporates LED therapy and a soothing scalp, hand and arm massage, finishing with RAAIE's Sun Milk Drops SPF50 for all-day protection.

**60 minutes** **\$250**

## STRESS RELIEVER

A long-standing favorite, this treatment is designed to target deep knots and mobilize tight joints. The perfect solution to relieving physical stress and tension.

**60 minutes** **\$245**

## THE DEEP RELAX

Slip into utter bliss with this deeply grounding and nurturing massage. Concerns and focal points to create a purely bespoke experience, specifically suited to your needs.

**60 minutes** **\$235**

## HOT STONE THERAPY

Indulge yourself with a hot stone massage experience using smooth volcanic stones, relieving muscle tension and inducing deep relaxation, finishing with scalp massage and cooling stones on the face to aid lymph drainage. The hot stones improve circulation, boost immunity, and promote a good night sleep.

**90 minutes** **\$295**

## MOTHER TO BE

Treat that special mum-to-be with a beautiful pregnancy massage. The perfect treatment to soothe aches and pains, as well as reduce stress and anxiety.

**60 minutes** **\$235**



## ADDITIONAL TOUCHES

Take your wellness experience to the next level by adding one of our specialized express treatments to your massage or facial.

### THE ENERGISER

Feeling tense in your back and shoulders from your journey? This invigorating treatment comprises of a back exfoliation, hot towel removal, followed by a targeted massage on the neck, back and shoulders.

**30 minutes** **\$120**

### UN-WIND THE MIND

Slip into pure bliss with this deeply relaxing massage focusing on decollate, neck, face and scalp. Includes cooling Rose Quarts stones to stimulate lymphatic flow and drain stagnated fluid.

**30 minutes** **\$120**

### THE WALKER'S AID

Tired, stressed feet? This treatment focuses on the lower legs and feet to mobilise the joints, de-stress muscles and improve circulation.

**30 minutes** **\$120**