

MOMENTS THAT CAN INTENSIFY FORGETTING BASIC NEEDS



THE LAST STRAW MAY BE
SMALL. THE LOAD UNDERNEATH
MAY NOT BE.

1

Hyperfocus through meals

2

Not noticing thirst

3

Ignoring the toilet signal

4

Medication out of sight

5

No routine cues

6

**Care tasks have many
steps**

NOTICE THE LOAD • PAUSE • REDUCE DEMANDS • RECOVER