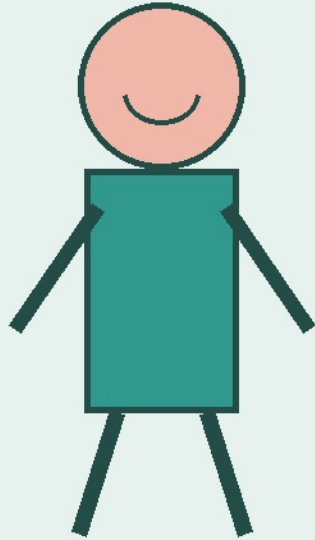


SPACE TO BREATHE

WHAT WORD COMES TO YOUR MIND?

Pause before revealing the answer.



T H E

What helps your body feel a little safer?

ANSWER

BREATHE

A reflective prompt—not a test. There is room for your own meaning.