

Privacy and Data Protection Policy

Space to Breathe Therapy respects your privacy and aims to handle personal information lawfully, fairly and transparently.



Information We May Use

We may need account and contact details, membership and payment status, messages you send us, technical or security information, and accessibility information you choose to share. Payment card details are normally handled by the payment provider rather than stored by the Hub.

Why We Use It

Information may be used to create and manage accounts, provide purchased services, respond to enquiries, maintain security, meet legal obligations, improve the Hub and send communications where there is a lawful basis. We will not use health or other sensitive information casually or for unrelated purposes.

Sharing and Storage

Information is shared only where there is a proper reason, such as with service providers that help operate the website, professional advisers, regulators or emergency services where required by law or safety. We keep information only for as long as it is needed for the purpose, legal obligations and legitimate record keeping.

Your Rights

Depending on the circumstances, you may have rights to be informed, access your information, correct it, request deletion or restriction, object to certain uses and ask for data portability. Some rights are not absolute. You may also complain to the Information Commissioner's Office.

Contact and Full Notice

Use the privacy contact details on spacetobreathetherapy.co.uk to make a request. This page is a member-friendly summary and should be read with the website's full privacy and cookie notices, which provide the controller details, lawful bases, retention information and relevant service providers.