

# Cookies Policy

**State of Mind Sport**

**Last updated:** January 2026

This Cookies Policy explains how **State of Mind Sport** uses cookies and similar technologies on our website and how you can control them.

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## 1. What Are Cookies?

Cookies are small text files that are placed on your device (computer, mobile or tablet) when you visit a website. They help the website work properly and help us understand how people use our site.

Cookies do **not** identify you personally, but they can give us information about your device and browsing behaviour.

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## 2. Why We Use Cookies

We use cookies to:

- Make sure our website works properly
  - Improve your experience when using our site
  - Understand how people use our website so we can improve it
  - Remember your preferences (such as cookie choices)
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### 3. Types of Cookies We Use

#### Essential Cookies

These cookies are necessary for our website to function and cannot be switched off. They include cookies that allow you to navigate pages securely and submit forms.

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#### Analytics Cookies

These cookies help us understand how visitors use our website, such as which pages are most visited and how long people stay on the site.

We may use tools such as **Google Analytics** to collect this information. Data is anonymised and used only for statistical purposes.

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#### Functional Cookies

These cookies remember choices you make (such as form inputs or preferences) to improve your experience.

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### 4. Third-Party Cookies

Some pages may include content or services provided by third parties (for example, embedded videos, social media tools or donation platforms). These third parties may set their own cookies, which we do not control.

We recommend checking their individual privacy and cookies policies.

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## **5. Managing Cookies**

When you first visit our website, you will be asked to choose which cookies you want to accept.

You can also control or delete cookies at any time through your browser settings. Please note that disabling some cookies may affect how the website functions.

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## **6. Changes to This Policy**

We may update this Cookies Policy from time to time. The most up-to-date version will always be available on our website.

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