

# Terms & Conditions

**State of Mind Sport Website**

**Last updated:** January 2026

These Terms and Conditions apply to your use of the **State of Mind Sport** website. By using our website, you agree to these terms.

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## 1. About Us

This website is operated by **State of Mind Sport**, a UK-registered charity using the power of sport to promote positive mental health and wellbeing.

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## 2. Using Our Website

You agree to use our website:

- Lawfully and respectfully
- For personal, non-commercial purposes
- Without causing harm, disruption or distress to others

You must not misuse the website or attempt to gain unauthorised access to it.

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## 3. Website Content

All content on this website – including text, images, videos, logos and downloadable materials – belongs to or is licensed by State of Mind Sport unless otherwise stated.

You may:

- View, download or print content for personal use

You may not:

- Copy, reproduce, distribute or modify content for commercial purposes without written permission

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## 4. Mental Health Information Disclaimer

The information provided on this website is for **general information and awareness purposes only**.

It is **not a substitute for professional medical advice, diagnosis or treatment**.

If you are in immediate danger or need urgent support, please contact:

- Emergency services: **999**
- NHS 111
- Samaritans (UK): **116 123**

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## 5. Links to Other Websites

Our website may contain links to third-party websites. These links are provided for convenience and information only.

We are not responsible for the content, policies or practices of third-party sites.

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## **6. Donations and Payments**

Donations made through our website may be processed by third-party platforms. Those platforms are responsible for handling payment details securely and have their own terms and privacy policies.

State of Mind Sport does not store payment card details.

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## **7. Limitation of Liability**

We make reasonable efforts to ensure the information on our website is accurate and up to date, but we cannot guarantee this.

We are not liable for any loss or damage resulting from:

- Use of or reliance on website content
- Website unavailability
- Links to external websites

Nothing in these terms limits liability where it cannot legally be excluded.

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## **8. Changes to These Terms**

We may update these Terms and Conditions at any time. Changes will take effect once published on our website.

Your continued use of the website means you accept the updated terms.

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## 9. Governing Law

These terms are governed by the laws of **England and Wales**, and any disputes will be subject to the jurisdiction of the English courts.

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## 10. Contact Us

If you have questions about these Terms and Conditions, please contact:

**[info@stateofmindsport.org](mailto:info@stateofmindsport.org)**