



Official Newsletter of the National Qigong Association

Dear NQA Family,

Before diving into this issue's articles and sharing a bit about our upcoming conference, I want to take a moment to talk about community. The National Qigong Association is doing something very special, and it hits close to home for me. As your new Publications Chair, I wanted to take this moment to share a bit about why this organization matters, and my hope for what we do with it.

How many of you, growing up, felt like you had a calling in your heart, but you didn't know what it was, or where you belonged? I think a lot of us who found this medicine started out either feeling a disconnect from the world around us, a desire to help heal the imbalances we saw, or had a background of health issues that made us start looking deeper. Many of us had all three. I remember when I went to my first qigong class, feeling like I was finally home. I felt such joy that this medicine existed; there was a rightness and sense of wonder that I felt straight to my core. I thought I was going to one class ("for curiosity"), but I ended up doing an entire doctorate program and finding a life calling instead.

What I love about this organization is the way it brings people together. Each person reading this, right now, can find themselves with a community of allies; people who love this healing path, who want to grow, who love to help, who are explorers in so many meaningful ways.

Walking this path is about so much more than feeling well. It brings profound changes to how we see ourselves, the world, and the possibilities before us. I've had the pleasure of interviewing several of you for articles since late 2023, and it constantly amazes me how many ways people begin their path with qigong, and how they develop their practices. How very needed each of us are.

And how we need each other, to bring this transformative healing work to the world.

I truly hope that when you come to our in-person gathering, you look around and see allies. Future friends. People who heard the call in their hearts towards this path, just like you, who have wisdom to share, and excitement to learn. Sometimes, as healers, we are so used to giving, to being the guide others look to. I've learned that it's such a precious thing to come into a room to learn, to connect, to be inspired and supported.

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Our upcoming conference is going to be a wonderful opportunity to inspire you, refresh you, and surround you with an incredible community of people who support the road you're walking. Come learn, practice, and explore with us, and see what new inspiration blooms from your experience! Let's help each other bring this medicine to the world, to internalize it deeper into ourselves, and celebrate that we get to be stewards of such a magical, meaningful way of life.

With love and gratitude.



Dr. Dina Joy, DCEM, ATT
NQA Publications Chair
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UPCOMING EVENTS

DATE	MEMBER	EVENT
6/21/25	Dr. Christine Sanmiquel	Energy Meets Evidence: Rewiring Your Stress Response with Qigong
6/21/25	Martha Blane	Summer Seasonal Workshop with Body Mind Method (in-person)
6/26/25	Siobhan Hutchinson	Tai Chi & Qigong Festival & Symposium 2025
6/20/25	Vicki Dello Joio	"Living the Lotus" Summer Workshop
7/23/25	Marketa Foley	Receiving Summer Energy As Deep Nourishment
8/31/25	Marketa Foley	Foundations of Qigong Practice (Course)
9/24/25	NQA	2025 NQA Annual Conference in Richmond, VA
10/22/25	Jessica Kolbe	Spiritual Journey to Japan: Going With The Flow
10/26/25	Marketa Foley	Qigong Towards Balanced Life (Course)
11/1/25	Ted Cibik	Doctorate in Medical Clinical Qigong
11/21/25	Richard Clear	Qigong Healing Workshop

Energy in Action: An Event Celebrating the Heart of the NQA

BY PARAS KAUL

Members of The National Qigong Association (NQA) are planning a special event to honor volunteer members of the NQA. On June 18, 2025, at 7:30pm Eastern, NQA will host Energy in Action: Volunteer with the NQA, a Zoom Event for NQA members.

Event organizers will introduce members to NQA founders, who will share stories about their first Qigong experiences and how Qigong brought them to the NQA. There will be opportunities to meet NQA Committee Chairs in breakout rooms and to learn about the projects committees are working on. Volunteer members interested in a committee project are invited to join a committee of their choice.

NQA Board members will introduce themselves, and the President and Vice President will share information related to the future of the Association. The NQA is dedicated to supporting and expanding the practice of Qigong for current and future generations by offering engaging events, expert instructors, related research, and a vibrant, supportive community.

To honor the spirit of community, this event was originally nicknamed a “Hootenanny” during early planning conversations—an affectionate term introduced by Dr. Roger Jahnke that quickly stuck with the team. The NQA rekindles memories of the spirited Hootenannies of the sixties—gatherings that brought together like-minded people with music and storytelling.

Meet our leaders, hear their stories, and learn about what’s to come for the National Qigong Association through the volunteer efforts of its membership community. For Zoom access to the event, please register to join at nqa.org, or click [here](#) to visit the registration page.



Paras Kaul
NQA Web Communications Chair
chair.webcom@nqa.org

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PARAS KAUL



Interview With Corinne Chaves

BY LORRAINE MARCKETTA

Lorraine: Coming from such a rich background in energy work, how did you come to feel you had found a home in Qigong?

Corinne: I met Master Chen in 2002. I had been working in tech until 2001, and several years before I knew I needed to find something else - the environment wasn't sustaining me. It was the Friday before September 11th, and I was thinking about what the rest of life would look like.

I'd been a yoga practitioner and thought I would pursue becoming an Ayurvedic practitioner, so I went to visit schools for yoga teacher training. This pursuit was interrupted for a time when I wound up taking a break to leave the area to be with family. When I returned to Atlanta, my next-door neighbor invited me to come to a workshop. I hesitated, feeling unsure if I'd be interested, but decided to go. The teacher was a Taoist.

I never thought I'd go back, but that night I had a dream, which felt more like a prior life memory. I saw myself walking with a Taoist priestess as a novitiate at a temple. She asked me what kind of work I did. I told her I was a weaver. I have a vivid memory of the steps and the path we took. There were herbs hanging from the ceiling to dry and a series of apothecary drawers along one wall. Then the Master came in. We kowtowed. When I peeked, there he was, boldly sitting - and it was Master Chen! The next day I went back and signed up for the rest of the weekend. On Sunday there was a meditation class. The energy was moving. Master Chen placed his palm over the crown of my head, and I had a sense of him healing it. After the class ended, I approached Master Chen to talk to him. It was at that time that he invited me to attend his class on alchemy.

At this time I was still on the yoga path and studying Ayurveda. There were not many options available at the time in schools to attend in the US, but I looked locally and found someone who would take me on as an apprentice. A license was necessary in order to touch and provide hands-on therapy, so I went to a massage school where it was suggested that I take the Asian body work program which was founded on the principles of Traditional Chinese Medicine (TCM).

At the same time, I continued to study with Master Chen. Around 2003/2004, I felt my path diverging further and further from the yoga path and I realized that in order to continue,

That night I had a dream, which felt more like a prior life memory. I saw myself walking with a Taoist priestess as a novitiate at a temple.

CORINNE CHAVES



because of the commitments I had made to my Vedantic teachers, I needed to ask permission of my yoga lineages. I went into meditation and asked Paramahansa Yogananda and Sivananda for their blessing. I saw an image of the two of them lounging around a low table drinking tea. They signaled to me that it was okay to take this new path.

Lorraine: Who are the people who've influenced you most on your Qi journey.

Corinne: Master Chen has had a tremendous influence. And, there was a man who had been a professor of biochemistry at a university in Europe (L'Université Libre de Bruxelles) who offered a yoga class at my high school. It was from this man that I received the gift of awareness and encouragement that has lasted a lifetime.

Lorraine: Can you share a bit about the deep sense of oneness you've confirmed through Qigong practice? (i.e., Microcosm/macrocosm? As above, so below?)

Corinne: Empathy is a primary result of that oneness. I would feel it when people were ill, or in pain. I've since learned to experience it, while also knowing that it isn't mine. That was a huge liberation.

One aspect of being a teacher is the responsibility to set up and manage the energy field for the group. That oneness is a piece of helping people reunite spirit and body. Then they can experience the world in this way. So many people have divorced, or disowned, parts of themselves. This is especially true if they've experienced trauma and have actively separated spirit from body. So, an essential way to assist people in achieving that ultimate connection is by going through the body. That's what Qigong does. It reunites spirit and body. So often the only things we respond to in the body are pain or pleasure, but there's a whole world of internal experience to be discovered. In Taoist philosophy, we need to go through the body to get to Heaven, so we need to reunite the spirit with the body. Having been a massage therapist since 2003, I've found that body shame and trauma have been major contributors to this separation.

Lorraine: What kinds of results or reactions have you witnessed through teaching others; i.e., healing, emotional balance, personal growth, joy?

Corinne: On day one for a new student, I tell them not to be surprised if emotions come up. Pay attention to the emotional piece. An essay on Xing cultivation on my website speaks to the need to work on both aspects - we must proceed with both physical practice as well as spiritual. If we go too fast or too slow with either aspect, we will not achieve balanced results.

I've seen tremendous transformations for people who have moved to intentional healing. One woman with kidney disease was told she would have to go on dialysis. We did a few Qigong healing sessions, I recommended Qigong healing methods for her to follow, and she turned it all around and never had to go on dialysis. (NOTE: this result required diligent practice on her part and everyone may not experience the same results.)

Qigong has made a real difference for people who have suffered from anxiety, as well as those suffering from autoimmune disorders. They've remained symptom-free as long as they continue doing the practice.

Lorraine: In your own life, how do you feel Qigong has changed, or enhanced, your sense of well-being, physical health and relationships?

Corinne: I feel that I would have died without Qigong.

Lorraine: Are your classes suitable for those who've not previously studied Qigong? And, what about those interested in building on past learning?

Corinne: There are different levels available for classes, depending on a student's background. Options are outlined on my website.

Conclusion: It was a pleasure having the opportunity to speak to Corinne Chaves. For more information about Corinne and her teaching, please visit her website:

<https://wildpeacetaichi.com/corinne-chaves/>.

Her story and approach are deeply powerful, and we highly encourage you to take a moment to read it—especially if you've enjoyed this article.

We're also thrilled to welcome Corinne as a presenter at this year's [NQA Annual Conference](#) in Richmond, Virginia. If you'd like to experience her teaching in person, be sure to join us there!



Lorraine Marcketta
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Click below to watch a video about Corinne



That's what Qigong does—it reunites spirit and body. Per Taoist philosophy, we need to go through the body to get to Heaven, so healing begins when we help people reconnect with the parts of themselves they've disowned, especially after trauma.

CORINNE CHAVES



Announcing Our New Directors

BY CLAYTON CROSLEY

As Chair of the Nominations and Election Committee, I want to extend my heartfelt thanks to all NQA members who took the time to participate in this year's election. Your vote is not just a formality—it is a vital expression of our collective governance and a cornerstone of the NQA's member-driven mission.

Each year, one-third of the Board of Directors seats are open for nominations, followed by an official election. This process ensures fresh perspectives, continuity, and accountability in our leadership. I'm pleased to announce the newly elected and appointed members of the NQA Board of Directors:

- **Rose Wippich** – 3-year term
- **Ben Broadhead** – 3-year term
- **Diego Sanmiquel** – 3-year term
- **Frank Hanley** – 2-year term (appointed to a vacated position)
- **Brian Cook** – 1-year term (appointed to a vacated position)

We are thrilled to welcome these five outstanding individuals. Each brings a unique background, a deep passion for Qigong, and a commitment to advancing the NQA's mission. Their collective experience spans clinical practice, education, organizational development, and community engagement.

With this new slate of board members, the NQA is entering an exciting phase of growth and opportunity. Whether it's expanding access to Qigong, advocating for its inclusion in integrative healthcare, combating legislation that impacts our art or deepening our cultural stewardship, the leadership team is ready to meet the moment.

If you would like to meet the board members, I encourage you to register for the [Energy in Action](#) event June 18th . Stay tuned for upcoming initiatives, leadership updates, and ways you can engage more deeply with the work ahead.



Clayton Crosley
NQA Nominations Chair
publications.chair@nqa.org

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CLAYTON CROSLEY



Announcing Our 2025 Scholarship Recipients

BY LAUREN THOMAS

We are thrilled to announce the recipients of this year's McComiskey-Sullivan Memorial Scholarship: Krista Hill and Sophie Zambrano. Thanks to the generosity of our donors, we were able to award two full scholarships and five partial scholarships for the 2025 Annual Conference.

These opportunities are at the heart of the NQA's mission—ensuring that passionate, committed individuals have access to high-quality Qigong teachings and a supportive, like-minded community.

Sophie Zambrano (pictured top right) moved us with her incredible story of healing. Already a Qigong teacher, Sophie exemplifies what this scholarship stands for: dedication to personal transformation and a desire to uplift others through sharing the practice. We're excited to support her continued journey and know she will make full use of the experience.

Krista Hill (not pictured) inspired the committee with her resourcefulness and determination. She's pursued Qigong in creative and independent ways, and it's clear she's made it a meaningful part of her life. We're honored to provide an opportunity for her to connect in person with the broader Qigong community and deepen her sense of belonging.

We look forward to celebrating all our scholarship recipients at this year's conference in Richmond. If you'd like to support future scholarships, please consider making a [donation](#)—your generosity changes lives.



Lauren Thomas
NQA Events Chair and
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Interview with Debra Lin Allen

BY DR. DINA JOY

This interview was a true joy; I had the opportunity to connect with Debra Lin Allen, and learn more about her beautiful Qigong healing practice, as well as its connection with her Hawaiian roots and the depth of the art of hula dance. In a world full of electronics, constant distraction, and disconnection, Debra brings a joyful, embodied calm that immediately relaxes and refreshes you. Something I love about her path is the way she used her training in different worlds, including medical law, as well as using her pre-med background to use language and documentation that the medical world can understand. These bridges between medicine systems are becoming more important than ever.

Dina: What started your interest in Qigong?

Debra: When I was a little girl, sitting in the car with my parents, I asked them a question about God's parents. They looked over at each other, making a silent decision as they nodded. I didn't know it at the time, but that's when they decided that out of 5 kids, I had been chosen to pass on my mother's qigong wisdom, passed down for generations. I went with my mother to home visits for her healing work. I remember being 4 or 5, turning my sleeping robe into a cape, and joining my mom in healing work at the table as she worked on family members, feeling a natural feeling of flow moving through me as we both worked.

I also grew up studying ancient and modern hula. We visited the forests, picking leaves, flowers and vines to make our leis and skirts. We thank Nature for what it provides, pulling taro from the ground and pounding it, eating food that we could harvest from the aina (land), and making sure that we preserve the ability for those food items to be sustained for the future. I've always been connected to the essence of life, the spirit world, as well as the earth and what it provides.

Dina: Beautiful. I feel Nature is a powerful healer, and caring for the earth is a meaningful part of our health as well. How long have you been teaching and treating people?

Debra: It's been almost 25 years, and I love it. Every few years, my husband asks me when I'm going to retire, I don't think ever will. I think when it's a calling in your heart, it's a large part of who you are.

Dina: What made you decide to teach and treat people?

Debra: When I got into my high school years and onward into college, I was having a little bit of difficulty deciding what I would study in university. I studied a lot of theology in high school and college, just to expand my horizons and see if this was really what resonated in my heart, or if I was going to make a shift. It confirmed that my work would be a bit outside of the box. I graduated with a pre-med degree even though I felt that

I didn't know it at the time, but that's when they decided that out of 5 kids, I had been chosen to pass on my mother's qigong wisdom, passed down for generations. I went on to go with my mother for house visits for her healing work.

DEBRA LIN ALLEN



conventional medicine was not my direction. My mom was such a good guide as I tried to figure out what I would do with what I was learning academically and the shamanic style of medicine I grew up with. She said, "I've got an idea for you. Have you ever thought that you could create your own path through working in the law? Bring your medical skills and what you know of Qigong into it, and advocate for the patient in cases." Her ideal instantly resonated with me and that's what I did, first in Hawaii, and then continuing this when I moved to Colorado. I was so fortunate to find a senior partner in a law firm that really connected with my vision. We worked well together, doing investigations into personal injury and medical malpractice cases, many of them quite complex, to help people get the most effective medical care to restore their health and quality of life as best possible. He's still like a second dad to me.

However, I hit a point in my legal career where I felt my self-nurturance stall out. I knew deeply that it was time for me to venture deeper, to devote myself exclusively to my life's calling. I obtained my formal Medical Qigong training, and more training in Qigong self-practice, and began treating and teaching, sharing Qigong wisdom, not long after.

Dina: What is something you love about this medicine path?

Debra: One of my greatest joys is working with seniors and working with today's youth. These are the two ends of the life spectrum, where I'm by the seniors' side as they reverse their aging, and I get to mentor and witness the young ones grow up, explore and find who they are, and choose their life paths. It's so wonderful to see an elderly person go from lifeless in disposition to glowing, radiant, celebrating life and to help teenagers don their wings and fly.

Dina: What's one of the most meaningful transformations you've seen while sharing Qigong with others?

Debra: I had the opportunity to do Medical Qigong with a lovely and dynamic woman who was diagnosed with a very aggressive form of breast cancer. She was raising very young twins at the time and was in a marriage that she realized was suppressing who she is. Not only did she heal quickly using Qigong, herbal medicine, and healing foods, but she also went to therapy for her marriage, where she and her spouse realized that divorce was the best path forward. She made her choices with care and without hesitation. She's been in a great place ever since; she achieved full remission from the aggressive breast cancer quickly. Her career as a concierge physician is blooming through her confidence in her expertise in her chosen clinical specialty. Her kids are blooming. She's enjoying a great dating life. She's vibrant, her eyes sparkle, and she has this great smile and bright energy. She's thriving in her health and relationships, and she is accomplishing some great things in her life. It's super fun and joyful to witness her embodying who she is.

Dina: Please tell me about your organization and classes for people who would like to learn more.

Debra: Apart from the private visits (both in-person and remotely) that I do, I also teach group self-care classes. When new students join the group classes, I'll often ask some of the students who have been there for a while to share why they initially reached out to me. Sometimes they don't even remember the health condition that brought them to me, and when I remind them of their original issues, it's beautiful to see them say "I totally forgot I had that health issue!" that they've struggled with, oftentimes since childhood. They continue to study and practice with me, many of them for many years, to maintain their inner peace and life balance.

Dina: I love this. So, not only are they healing physically, but they aren't carrying those stories of illness anymore either. That shift in identity is such an essential part of staying well.

Debra: And from there, they make some major changes in their lives! They get closer with who they are, in their spirit and soul connection, and they eventually figure out what they really want to be doing, who they really want to be with, where they really want to live. And then they get to open to the deep work of choosing when and how to align with these discovered truths, and make these changes to live in alignment with their longevity and who they are.

Dina: Do you have a favorite daily practice that you find helpful?

Debra: Yes, for sure. I always wake up with curiosity, and it's important to come from a place of feeling within myself. I start with a little stretching and breathing in bed, I like to do some inner smile practice to check into what parts of my body need a visit from me to start the day. As I make my tea and watch the sunrise and Nature waking up around me, I'll check in and ask, "what do I need?" and feel into that to form my day's Qigong self-practice, including what I need in the form of nutrition from food and herbs.

Dina: What's one piece of advice you'd give to someone new to Qigong?

Debra: This may surprise some people, but I say: Go slow. I remind them of the tortoise and the hare race, or sometimes I'll hold up a paper clip and I'll twist it. When you go fast for too long or keep twisting, it doesn't take too long before something breaks, and if you wait too long before you slow down, what breaks can be beyond repair. Consider what a rubber band does when you stretch far beyond its limits, it snaps apart. It loses its youthfulness and vitality, that elasticity. I remind folks: When you've struggled with the illness for 15-20 years, you don't have to cure it in a month. Take the time you need, listen and follow what's right for you. You will reach your goal, you will heal and you will enjoy longevity and contentment, as long as you move in your self-practice at a pace that is steady and stable.

Note from Dina: Debra brings up such a great point here; something I like to say when working with someone is, "you're worth the time it takes." For all of you reading, this goes for your healing, your education, your business, and your growth. Anything that matters is worth the time, and I'm excited to watch you all bloom as we grow together!

Learn More about Debra at: www.ChiWellness.net

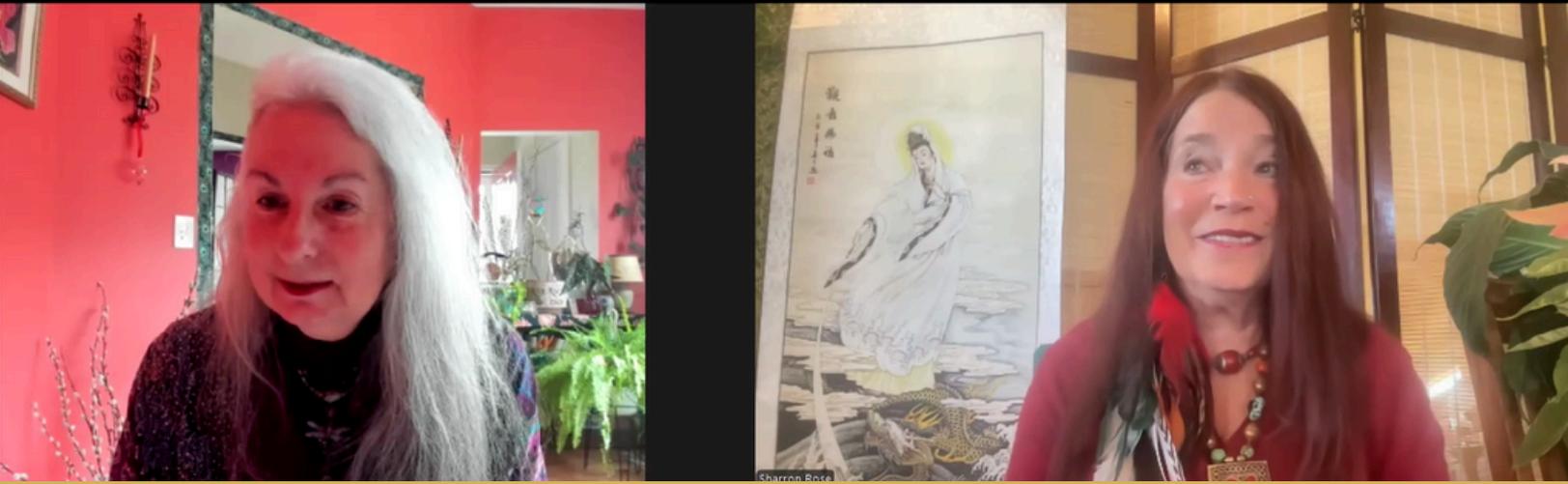


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As I make my tea and watch the sunrise, I'll check in and ask, "what do I need?" and feel into that for the day's qigong practice, as well as what I might need from my nutrition.

DEBRA LIN ALLEN





NQA's New VLOG Series Unveils Committee Voices

BY PARAS KAUL

In March of 2025, NQA Web Communications introduced the beginning of the first series of video blogs (VLOGS) intended to introduce the NQA membership and general public to members of NQA committees. The intent of this project is to share the efforts of dynamic volunteer members whose efforts create the vibrant, supportive community that the Association offers. The efforts of these committee members within the NQA enables the NQA to offer engaging events, expert instructors, and related research and education to NQA members. Sharing "who does what" offers members the opportunity to get to know committee leaders through short video interviews.

Series #1 of the video interviews is with members of the Research & Education Committee. To view the videos, visit nqa.org, click on Resources at the top of the page, and select Blog from the dropdown menu. Or click this link [here](#). There, you'll find an introduction to Video Series #1, hosted by Siobhan Hutchinson. In this first video, she interviews Paras Kaul, who explains that a new committee interview will be released on the Blog page each month.

The first Research & Education Committee member interviewed for the Series #1 videos was [Sharron Rose](#), whose interview was released on the Blog in April. You can find out about the educational film Sharron has produced, Quantum Qi, which features several NQA members and supports and expands an understanding of the practice and life supporting health benefits of Qigong. In May, the second video in Series #1 was released with an interview by [Violet Li](#), a journalist with a mission to support public education about Qigong. June's interview is with [Gayl Hubatch](#) whose work brings an understanding of the meridians and 8 extraordinary vessels in the body, which she explains in her book, Fabric of the Soul: 8 Extraordinary Vessels.

Stay tuned to the NQA video interviews that can be accessed on NQA's Blog webpage. Get to know your colleagues, and possibly find a committee you want to work with! Interviews for Series #2 will start in the Fall with NQA Certified Instructors.



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URGENT LEGISLATION UPDATE IN MASSACHUSETTS

Why MA Bills S.261 and H.422 Must Be Stopped

BY CLAYTON CROSLEY

Qigong—a centuries-old system of movement, breath, and meditation rooted in Chinese tradition—may soon fall under inappropriate government regulation in Massachusetts. Two bills currently under legislative consideration, **Senate Bill 261** (“An Act regulating alternative healing therapies”) and **House Bill 422** (“An Act relative to creating a voluntary licensure pathway for traditional Asian bodywork therapy”), pose a serious threat to the accessibility and autonomy of Qigong practice and instruction across the Commonwealth.

Although these bills may appear well-intentioned, their passage would mark a drastic and unnecessary shift in how Qigong is governed. Both propose regulatory frameworks that would require practitioners and teachers of Qigong to obtain licensure overseen by boards primarily composed of massage therapy professionals—individuals not trained in the theory, tradition, or application of Qigong. This regulatory overreach is not only inappropriate but also risks stripping away the cultural, educational, and spiritual depth that defines Qigong.

A Misguided Approach to Regulation

Senate Bill 261 broadly targets so-called “alternative healing therapies” giving vague and sweeping authority to a licensing board that could redefine who is allowed to practice. House Bill 422 goes further by establishing a voluntary licensure framework for traditional Asian bodywork therapy, but it effectively opens the door for eventual mandates. Though Qigong is supposedly exempted under Section 4(c)-(d) of H.422, the language is unclear and non-binding—leaving the door open for future reinterpretation or removal.

Both bills wrongly group Qigong—a non-invasive, movement-based self-care discipline—with other bodywork modalities like shiatsu and tuina. This categorization ignores Qigong’s foundation in self-cultivation, meditative movement, and internal energy practices. Qigong does not belong under the purview of massage regulation.

Threats to Access, Culture, and Community

Licensing requirements could severely restrict community

Both bills propose regulatory frameworks that would require practitioners and teachers of Qigong to obtain licensure overseen by boards primarily composed of massage therapy professionals—individuals not trained in the theory, tradition, or application of Qigong.

CLAYTON CROSLEY



access to Qigong by:

- Creating barriers for culturally rooted instructors who have taught Qigong for decades without licensure
- Driving up costs for instructors and students alike
- Dissuading new practitioners from entering the field due to bureaucratic red tape
- Undermining community-based and spiritual lineages of Qigong passed down through generations

Regulating Qigong under a Western bodywork framework erases its cultural identity and philosophical foundations. This could discourage authentic teaching and dilute the practice to fit bureaucratic molds—an act of cultural misappropriation under the guise of public safety.

What You Can Do

The time to act is now. These bills are progressing through the Massachusetts legislature, and we must make our voices heard to protect the future of Qigong.

Email Senator Mark Montigny and oppose the Senate Bill: Mark.Montigny@masenate.gov

Email Representative David LeBoeuf and oppose the House Bill: david.leboeuf@mahouse.gov

Email Committee Chair Pavel Payano and urge him to oppose both bills:
Pavel.Payano@masenate.gov

A Call for Respect, Not Regulation

Qigong has helped thousands of people improve their health, manage stress, and find peace—without risk, injury, or controversy. It is a practice of healing and empowerment, not one that needs to be filtered through state licensure governed by unrelated professions.

Let's preserve the freedom, accessibility, and integrity of Qigong. Oppose Bills S.261 and H.422—and help keep this vital tradition in the hands of its rightful stewards: the community, the teachers, and the practitioners who carry its legacy forward.



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