

Recording of Open Enrollment Information Session
For MVLE

Time marks for each topic:

	Topic	Time
1	Agenda and Open Enrollment Overview	0:00
2	Medical Benefits Overview	6:42
3	Fedcap Advantage	21:03
4	Dental and Vision Benefits Overview	22:30
5	Flexible Spending Account	24:58
6	Disability and Paid Family Leave	26:34
7	Basic Life & AD&D	29:18
8	Voluntary Benefits	30:33
9	Additional Benefits	35:10
10	EAP, Thrift Plan, Reminders and Recap	36:07

[Click here to watch recording](#)

To see the closed captions, click on the “CC” button on the bottom of the video window.