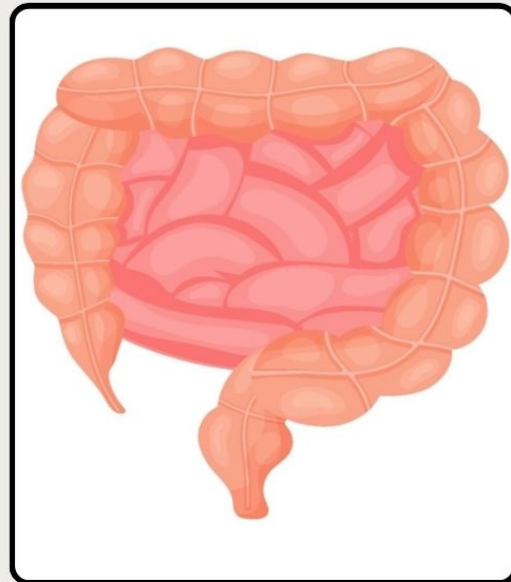


BOWEL RETRAINING CLASS

For those suffering from:

- CONSTIPATION
- IBS TYPE SYMPTOMS
- DIFFICULTY COMPLETELY EMPTYING BOWELS
- URGENCY, FREQUENCY, OR FECAL INCONTINENCE



Class Details:

WHEN: JUNE 6, 2026 @ 10 AM (1 HOUR CLASS)

WHERE: EMPOWERED LIVING WELLNESS CENTER, 138 MAPLE ST. FLORENCE, OR 97439

COST: \$30 PER PERSON

Hosted by: Restore Pelvic Health Physical Therapy.

to help normalize your bowels and empower you to take back control of your day!



RESTORE

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JESSICA JULIANO, PT, DPT, PRPC

