

Play is how children learn best! Every game is a chance to grow their words, sentences, and social skills. Here are simple play activities you can try at home - no fancy toys needed!



Blocks

- Build a tower together.
- Use words like “up, down, tall, fall, crash!”
- Encourage turn-taking: “My block.. your block.”



Bubbles

- Blow bubbles and pause. Wait for your child to say “pop!” (if they can).
- Model words like “big”, “up”, “more bubbles”.
- Take turns blowing and popping.

Music & Action Songs



- Sing “Row, Row, Row Your Boat” or “Twinkle Twinkle”.
- Pause to let your child fill in the missing word.
- Add actions to match the words.



Books

- Ask simple questions: “What do you see?”.
- Expand their answers: Child says “dog” → you say “Yes, a big dog is running!”.
- Re-read favourite books - repetition builds learning.

Pretend Play

- Tea parties, toy animals, or cars create endless talking opportunities.
- Model little sentences: “Teddy is hungry,” “The car is fast.”.
- Add sound effects (animals, vehicles).

