

MEDICAL HISTORY

Patient Name _____ Nickname _____ Age _____

Name of Physician/and their specialty _____

Most recent physical examination _____ Purpose _____

What is your estimate of your general health? ☐ Excellent ☐ Good ☐ Fair ☐ Poor

DO YOU HAVE or HAVE YOU EVER HAD:

1. hospitalization for illness or injury _____
2. an allergic or bad reaction to any of the following:
 - ☐ aspirin, ibuprofen, acetaminophen, codeine _____
 - ☐ penicillin _____
 - ☐ erythromycin _____
 - ☐ tetracycline _____
 - ☐ sulfa _____
 - ☐ local anesthetic _____
 - ☐ fluoride _____
 - ☐ chlorhexidine (CHX) _____
 - ☐ iodine _____
 - ☐ metals (nickel, gold, silver, _____)
 - ☐ latex _____
 - ☐ nuts _____
 - ☐ fruit _____
 - ☐ milk _____
 - ☐ red dye _____
 - ☐ other _____
3. heart problems, or cardiac stent within the last six months _____
4. history of infective endocarditis _____
5. artificial heart valve, repaired heart defect (PFO) _____
6. pacemaker or implantable defibrillator _____
7. orthopedic or soft tissue implant (e.g joint replacement, breast implant) _____
8. heart murmur, rheumatic or scarlet fever _____
9. high or low blood pressure _____
10. a stroke (taking blood thinners) _____
11. anemia or other blood disorder _____
12. prolonged bleeding due to a slight cut (or INR > 3.5) _____
13. pneumonia, emphysema, shortness of breath, sarcoidosis _____
14. chronic ear infections, tuberculosis, measles, chicken pox _____
15. breathing problems (e.g. asthma, stuffy nose, sinus congestion, nasal breathing) _____
16. sleep problems (e.g. sleep apnea, snoring, insomnia, restless sleep, bedwetting) _____
17. kidney disease _____
18. liver disease or jaundice _____
19. vertigo (e.g. "the room is spinning") _____
20. thyroid, parathyroid disease, or calcium deficiency _____
21. hormone deficiency or imbalance (e.g. polycystic ovarian syndrome) _____
22. high cholesterol or taking statin drugs _____
23. diabetes (HbA1c= _____) _____
24. stomach or duodenal ulcer _____
25. digestive or eating disorders (e.g. celiac disease, gastric reflux, bulimia, anorexia, Crohn's, or any inflammatory bowel disease) _____

YES NO * When checking yes, CIRCLE which condition applies to you

- | YES | NO | | YES | NO |
|--------------------------|--------------------------|--|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | 26. osteoporosis/osteopenia or ever taken anti-resorptive medications (e.g. bisphosphonates) _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | 27. arthritis or gout _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| | | 28. autoimmune disease (e.g. rheumatoid arthritis, lupus, scleroderma) _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| | | 29. glaucoma _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| | | 30. contact lenses _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| | | 31. head or neck injuries _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| | | 32. epilepsy, convulsions (seizures) _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| | | 33. neurologic disorders (e.g. Alzheimer's disease, dementia, prion disease) _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| | | 34. viral infections and cold sores _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| | | 35. any lumps or swelling in the mouth _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| | | 36. hives, skin rash, hay fever _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| | | 37. STI/STD/HPV _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| | | 38. Hepatitis (type _____) _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| | | 39. HIV/AIDS _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| | | 40. tumor, abnormal growth _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| | | 41. radiation therapy _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| | | 42. chemotherapy, immunosuppressive medication _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| | | 43. difficulties with stress management _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| | | 44. psychiatric treatment, antidepressants, mood stabilizers _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| | | 45. concentration problems or ADD/ADHD _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| | | 46. alcohol/recreational drug use _____ | <input type="checkbox"/> | <input type="checkbox"/> |

ARE YOU:

- | | | |
|---|--------------------------|--------------------------|
| 47. presently being treated for any other illness _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| 48. aware of a change in your health in the last 24 hours (e.g., fever, chills, new cough, or diarrhea) _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| 49. taking medication for weight management _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| 50. taking dietary supplements, vitamins, and/or probiotics _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| 51. often exhausted or fatigued _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| 52. experiencing frequent headaches or chronic pain _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| 53. a smoker, smoked previously or other (e.g. smokeless tobacco, vaping, e-cigarettes, and cannabis) _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| 54. considered a touchy/sensitive person _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| 55. often unhappy or depressed _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| 56. taking birth control pills _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| 57. currently pregnant _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| 58. diagnosed with a prostate disorder _____ | <input type="checkbox"/> | <input type="checkbox"/> |

Describe any current medical treatment, impending surgery, genetic/development delay, or other treatment that may possibly affect your dental treatment. (i.e. Botox, Collagen Injections) _____

List all medications, supplements, vitamins, and/or probiotics taken within the last two years.

| Drug | Purpose | Drug | Purpose |
|-------|---------|-------|---------|
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |

PLEASE ADVISE US IN THE FUTURE OF ANY CHANGE IN YOUR MEDICAL HISTORY OR ANY MEDICATIONS YOU MAY BE TAKING.

Patient's Signature _____ Date _____

Doctor's Signature _____ Date _____

DENTAL HISTORY

Patient Name _____ Nickname _____ Age _____
Referred by _____ How would you rate the condition of your mouth? ☐Excellent ☐Good ☐Fair ☐Poor
Previous Dentist _____ How long have you been a patient? _____ Months/Years
Date of most recent dental exam ____/____/____ Date of most recent x-rays ____/____/____
Date of most recent treatment (other than a cleaning) ____/____/____
I routinely see my dentist every ☐ 3 mo. ☐ 4 mo. ☐ 6 mo. ☐ 12 mo. ☐ Not routinely

WHAT IS YOUR IMMEDIATE CONCERN? _____

PLEASE ANSWER YES OR NO TO THE FOLLOWING: ***When checking yes, CIRCLE which applies to you**

PERSONAL HISTORY



YES NO

1. Are you fearful of dental treatment? How fearful, on a scale of 1 (least) to 10 (most) [____] ☐ YES ☐ NO
2. Have you had an unfavorable dental experience? ☐ YES ☐ NO
3. Have you ever had complications from past dental treatment? ☐ YES ☐ NO
4. Have you ever had trouble getting numb or had any reactions to local anesthetic? ☐ YES ☐ NO
5. Did you ever have braces, orthodontic treatment or had your bite adjusted, and at what age? ☐ YES ☐ NO
6. Have you had any teeth removed, missing teeth that never developed or lost teeth due to injury or facial trauma? ☐ YES ☐ NO

GUM AND BONE



YES NO

7. Do your gums bleed sometimes or are they ever painful when brushing or flossing? ☐ YES ☐ NO
8. Have you ever had or been told you have gum loss, gum disease, or bone loss between your teeth? ☐ YES ☐ NO
9. Have you ever noticed an unpleasant taste, odor in your mouth or swollen and puffy gums? ☐ YES ☐ NO
10. Is there anyone with a history of periodontal disease in your family? ☐ YES ☐ NO
11. Have you ever experienced gum recession, or can you see more of the roots of your teeth? ☐ YES ☐ NO
12. Have you ever had any teeth become loose on their own (without an injury), or felt them move when chewing? ☐ YES ☐ NO
13. Have you experienced a burning or painful sensation or metallic taste in your mouth? ☐ YES ☐ NO

TOOTH STRUCTURE



YES NO

14. Have you had any cavities within the past 3 years? ☐ YES ☐ NO
15. Does the amount of saliva in your mouth seem too little or do you have difficulty swallowing any food? ☐ YES ☐ NO
16. Do you feel or notice any holes (i.e. pitting, craters) on the biting surface of your teeth? ☐ YES ☐ NO
17. Are any teeth sensitive to hot, cold, biting, sweets, or do you avoid brushing any part of your mouth? ☐ YES ☐ NO
18. Do you have grooves or notches on your teeth near the gum line? ☐ YES ☐ NO
19. Have you ever broken teeth, chipped teeth, or had a toothache or cracked filling? ☐ YES ☐ NO
20. Do you frequently get food caught between any teeth? ☐ YES ☐ NO

BITE AND JAW JOINT



YES NO

21. Do you have problems with your jaw joint? (pain, sounds, limited opening, locking, popping) ☐ YES ☐ NO
22. Do you feel like your lower jaw is being pushed back when you try to bite your back teeth together? ☐ YES ☐ NO
23. Do you avoid or have difficulty chewing gum, carrots, nuts, bagels, baguettes, protein bars, or other hard, dry foods? ☐ YES ☐ NO
24. In the past 5 years, have your teeth changed (become shorter, thinner, or worn) or has your bite changed? ☐ YES ☐ NO
25. Are your teeth becoming more crooked, crowded, or overlapped? ☐ YES ☐ NO
26. Are your teeth developing spaces or becoming more loose? ☐ YES ☐ NO
27. Do you have trouble finding your bite, or need to squeeze, tap your teeth together, or shift your jaw to make your teeth fit together? ☐ YES ☐ NO
28. Do you place your tongue between your teeth or close your teeth against your tongue? ☐ YES ☐ NO
29. Do you chew ice, bite your nails, use your teeth to hold objects, or have any other oral habits? ☐ YES ☐ NO
30. Do you clench or grind your teeth together in the daytime or make them sore? ☐ YES ☐ NO
31. Do you have any problems with sleep (i.e. restlessness or teeth grinding), wake up with a headache or an awareness of your teeth? ☐ YES ☐ NO
32. Do you wear or have you ever worn a bite appliance? ☐ YES ☐ NO

SMILE CHARACTERISTICS



YES NO

33. Is there anything about the appearance of your mouth (smile, lips, teeth, gums) that you would like to change (shape, color, size, display)? ☐ YES ☐ NO
34. Have you ever bleached (whitened) your teeth? ☐ YES ☐ NO
35. Have you felt uncomfortable or self conscious about the appearance of your teeth? ☐ YES ☐ NO
36. Have you been disappointed with the appearance of previous dental work? ☐ YES ☐ NO

Patient's Signature _____ Date _____

Doctor's Signature _____ Date _____

Associating Snoring and Sleep Apnea with Health

1: TRADITIONAL SCREENING QUESTIONS

- ☐ Do you awaken unrefreshed or feel sleepy during the day due to restless sleep?
- ☐ Is your snoring loud enough to disturb others?
- ☐ Have you been aware of your snoring for a long time?
- ☐ Have you been told your breathing stops while asleep?
- ☐ Do you ever wake yourself from sleep feeling that you are choking?
- ☐ Have you ever had a sleep study?
- ☐ Have you tried CPAP? (Was the pressure > 10.5 cm? Y/N)
- ☐ Is your BMI > 27? Is your neck > 17" for a man, or > 15.5" for a woman?
- ☐ Do the edges of your tongue have a scalloped pattern?
- ☐ Is your waist/height > .55?

2: CARDIOLOGY & VASCULAR MEDICINE

- ☐ Do you have high blood pressure or take medicine for hypertension?
- ☐ Have you been diagnosed with CAD, stroke, congestive heart failure, Afib, other heart health issues, or syncope?
- ☐ Do you have a pacemaker?
- ☐ Do you have elevated total cholesterol levels?

3: PULMONOLOGY

- ☐ Have you experienced difficulty breathing during the day?
- ☐ Do you have shortness of breath, even with mild exertion?
- ☐ Have you been diagnosed with COPD, asthma, or pulmonary hypertension?
- ☐ Is asthma worse at night?
- ☐ Do you have a chronic cough, either dry or productive?

4: GASTROENTEROLOGY

- ☐ Have you or your dentist noticed erosion on molars?
- ☐ Do you experience heartburn or acid reflux at night or when you awaken in the morning?
- ☐ Do you take heartburn medications, either prescription or OTC?

5: NEUROLOGY

- ☐ Do you experience numbness, tingling or pain in your feet or hands or head?
- ☐ Do you ever experience leg cramps at night?
- ☐ Do you ever experience muscle weakness or dizziness or difficulty with coordination?
- ☐ Have you ever been diagnosed with Alzheimer's or dementia?

6: ENDOCRINOLOGY

- ☐ Have you been diagnosed with diabetes or hypothyroidism?
- ☐ Have you unexpectedly gained or lost weight lately?
- ☐ Have you gone through menopause? Are you on HRT?
- ☐ Have you been diagnosed with low testosterone?
- ☐ Do you experience repetitive limb movements or jerks in sleep, urges to move legs, night sweats, or leg cramps?

7: OTOLARYNGOLOGY

- ☐ Do you have difficulty breathing through your nose?
- ☐ Do you experience a dry mouth upon awakening?
- ☐ Do you have allergies that make nasal breathing difficult?
- ☐ Is postnasal drip a frequent problem?

8: UROLOGY

- ☐ Do you experience erectile dysfunction?
- ☐ Do you experience decreased interest in sex or have you taken medications to enhance sexual performance?
- ☐ Do you ever leak urine involuntarily?
- ☐ Do you have to urinate several times at night, or have you been diagnosed with BPH?

9: DENTISTRY

- ☐ Do you grind your teeth while sleeping?
- ☐ Do your front teeth have a worn look?
- ☐ Have you had jaw muscles or joint pain, ringing in your ears, vertigo, or dizziness?
- ☐ Have you been diagnosed with periodontitis (gum disease)?
- ☐ Are your teeth crowded or crooked or jaws misaligned?

10: PSYCHOLOGY & PSYCHIATRY

- ☐ Are you irritable upon waking in the morning?
- ☐ Do you experience insomnia? (falling asleep or maintaining sleep)
- ☐ Do you experience depression, anxiety, PTSD, memory or concentration problems?
- ☐ Do you take medications for any of these conditions?

11: RHEUMATOLOGY

- ☐ Have you ever been diagnosed with gout?
- ☐ Have you ever been diagnosed with rheumatoid arthritis?

12: DERMATOLOGY

- ☐ Have you been diagnosed with atopic dermatitis (eczema) or psoriasis?

13: OPHTHALMOLOGY

- ☐ Have you been diagnosed with floppy eyelid syndrome, chronic eye irritation, dry eye syndrome, glaucoma, nonarteritic anterior ischemic optic neuropathy, papilledema, keratoconus, central serous chorioretinopathy, or macular edema?
- ☐ Are you taking antivascular endothelial growth factor medications for retinal disease?

14: CHRONIC PAIN

- ☐ Do you often wake up with headaches or have chronic headaches?
- ☐ Do you experience any chronic pain anywhere in your body?
- ☐ Do you take medications for pain on a daily basis?

15: HEPATOLOGY

- ☐ Have you ever been diagnosed with nonalcoholic fatty liver disease?

16: ONCOLOGY

- ☐ Have you ever been diagnosed with cancer?

17: OBSTETRICS (GESTATIONAL USA)

- ☐ In prepregnancy: Are you 35 or older or is your BMI>25?
- ☐ Do you feel fatigued, experience nasal congestion, or have you started to snore?
- ☐ Has your BP or blood sugar increased significantly?

18: NEPHROLOGY

- ☐ Have you been diagnosed with kidney disease?

19: PEDIATRICS (EXCLUDE FROM SCORING)

- ☐ Do you know any children who are mouth breathers, have large tonsils, or who make any sleep breathing sounds?
- ☐ Do you know any children with bedwetting problems?
- ☐ Do these children have a crossbite or convex facial profile?

Risk level of having a sleep-related breathing disorder:

1 LOW 2-3 MODERATE 4+ HIGH

Name: _____

DOB: _____

Date: _____

Score: _____





FATIGUE SEVERITY SCALE (FSS)

Date _____ Name _____

Please circle the number between 1 and 7 which you feel best fits the following statements.

This refers to your usual way of life within the last week.

1 indicates “strongly disagree” and 7 indicates “strongly agree.”

| Read and circle a number. | Strongly Disagree Strongly Agree | | | | | | |
|--|---|---|---|---|---|---|---|
| 1. My motivation is lower when I am fatigued. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 2. Exercise brings on my fatigue. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 3. I am easily fatigued. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 4. Fatigue interferes with my physical functioning. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 5. Fatigue causes frequent problems for me. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 6. My fatigue prevents sustained physical functioning. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 7. Fatigue interferes with carrying out certain duties and responsibilities. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8. Fatigue is among my most disabling symptoms. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 9. Fatigue interferes with my work, family, or social life. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |

VISUAL ANALOGUE FATIGUE SCALE (VAFS)

Please mark an “X” on the number line which describes your global fatigue with 10 being worst and 0 being normal.

| | | | | | | | | | | |
|--|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| <div style="border-bottom: 1px solid black; width: 100%;"></div> | | | | | | | | | | |



Epworth Sleepiness Scale¹¹

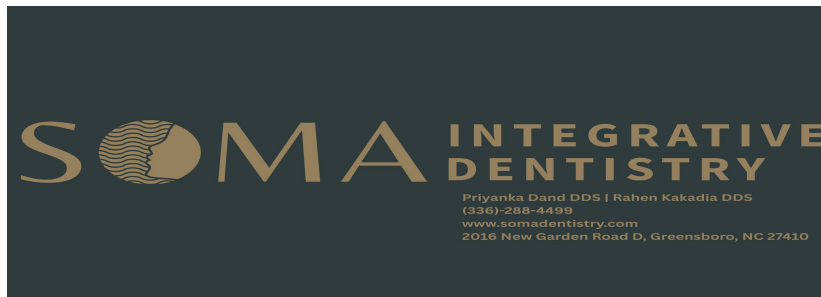
How likely are you to nod off or fall asleep in the following situations, in contrast to feeling just tired? This refers to your usual way of life in recent times.

Even if you haven't done some of these things recently, try to work out how they would have affected you. It is important that you answer each question as best you can.

Use the following scale to choose the most appropriate number for each situation.

| THINK OF EACH SITUATION AS IF YOU ARE NOT TRYING TO FALL ASLEEP | Would never nod off 0 | Slight chance of nodding off 1 | Moderate chance of nodding off 2 | High chance of nodding off 3 |
|---|--------------------------------|---|---|------------------------------------|
| Sitting and reading | | | | |
| Watching TV | | | | |
| Sitting, inactive , in a public place (e.g., in a meeting, theater, or dinner event) | | | | |
| As a passenger in a car for an hour or more without stopping for a break | | | | |
| Lying down to rest when circumstances permit | | | | |
| Sitting and talking to someone | | | | |
| Sitting quietly after a meal without alcohol | | | | |
| In a car, while stopped for a few minutes in traffic or at a light | | | | |

Add up your points to get your total score. A score of 10 or greater raises concern: you may need to get more sleep, improve your sleep practices, or seek medical attention to determine why you are sleepy.



Name: _____ **Date:** _____

To help us understand and take the very best care of you today and in the future, please take a moment to answer these few but very important questions:

If you could change your smile, you would:

- ☐ Make them brighter
- ☐ Make them straighter
- ☐ Close spaces
- ☐ Repair chipped teeth
- ☐ Replace missing teeth
- ☐ Replace old crowns that don't match
- ☐ Have a smile makeover
- ☐ Chew more easily
- ☐ Relieve pain

On a scale of 1-10, with 10 the highest rating:

How important is your dental health to you?

1 2 3 4 5 6 7 8 9 10

Where would you rate your current dental health?

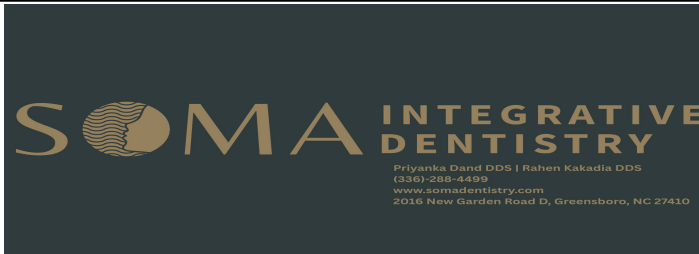
1 2 3 4 5 6 7 8 9 10

Why did you leave your previous dentist?

What is the most important thing to you about your future smile and dental health?

What is the most important thing to you about your dental visit today?

Thank you for taking the time to help us help you!



HIPAA CONSENT FOR USE AND DISCLOSURE OF HEALTH INFORMATION

SECTION A: PATIENT GIVING CONSENT

Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Telephone: _____ E-mail: _____

SECTION B: TO THE PATIENT—PLEASE READ THE FOLLOWING STATEMENTS CAREFULLY.

Purpose of Consent: By signing this form, you will consent to our use and disclosure of your protected health information to carry out treatment, payment activities, and healthcare operations.

Notice of Privacy Practices: You have the right to read our Notice of Privacy Practices before you decide whether to sign this Consent. Our Notice provides a description of our treatment, payment activities, and healthcare operations, of the uses and disclosures we may make of your protected health information, and of other important matters about your protected health information. A copy of our Notice accompanies this Consent. We encourage you to read it carefully and completely before signing this Consent.

We reserve the right to change our privacy practices as described in our Notice of Privacy Practices. If we change our privacy practices, we will issue a revised Notice of Privacy Practices, which will contain the changes. Those changes may apply to any of your protected health information that we maintain.

SIGNATURE

I, (print name) _____, have had full opportunity to read and consider the contents of this Consent form and your Notice of Privacy Practices. I understand that, by signing this Consent form, I am giving my consent to your use and disclosure of my protected health information to carry out treatment, payment activities and health care operations.

Signature: _____ Date: _____

If this Consent is signed by a personal representative on behalf of the patient, complete the following:

Personal Representative's Name: _____

Relationship to Patient: _____



New Patient Information Form

Last Name: _____ Title: _____ First Name: _____

Preferred Name: _____

Home Address: _____

City/State/Zip Code: _____

Home Phone: _____ Cell Phone: _____

My preferred form of contact for confirmations/communication is: _____

I want to receive texts: Y / N (confirmations, scheduling & financing)

I want to receive emails: _____ (confirmations and scheduling only)

I identify my gender as: M / F / Other: _____ (fill the blank)

Marital Status: Single Married Widowed Divorced

"I am aware in order to hold my appointments **I must respond to the reminders and confirm** them either by typing the letter "c" in a text message, clicking a link in an email or responding to a voicemail left at the number above": _____ (initials)

SS#: _____ DOB: _____

Referring Dr: _____ Referring Patient: _____

Cancellation/Rescheduling Policy

As a courtesy our office employs the practice of contacting you prior to your visit to remind you of your scheduled appointments. This system has proven itself extremely effective and reliable, but please be advised that **you are ultimately responsible for keeping the appointments that you make**. If you find that you need to reschedule an appointment, please contact us within 48 hours/ 2 Business days prior to the appointment time and we will be happy to help you find a spot that works better with your schedule. However, if we do not hear from you within this acceptable time frame (either to confirm your appointment or to reschedule), then your absence is considered a "no show" or a delinquent cancellation and you will be charged a fee of \$75.

In no way is it our intention to charge our patients additional money, but please understand the necessity of this policy. It is very costly to us if you miss your appointment and do not give us adequate time to schedule another patient in your reserved spot. Because your dental care is our top priority and **because we value you as a patient, your appointment time has been solely reserved for you**. When you do not show up, that time is completely lost, and in turn, directly affects the fees for our services.

We understand that unforeseen events occur which may prevent you from keeping your appointment which is why we have a "One Strike" cancellation policy. We are happy to forgive up to one missed appointment/late cancellation before the \$75 fee applies. Beyond this one, regardless of the reason, the fee must apply. This policy enables us to maintain a high level of service for all our patients without raising our standard fees.

"I have read the above statements and verify that I am aware of the policy and the \$75 fee."

Signature: _____ Date: _____

Consent for Voicemail/Answering Machine/Text Messages:

I (print)_____ give the office of Soma Integrative Dentistry & Team authorization to leave a detailed message at (phone number)_____, and/or (email address) _____ regarding details to an upcoming or previous appointment I had or will have in your office, detailed information regarding a balance I have due, or a credit that I may have to my account until further notice.

Signature: _____ Date: _____

Consent for Treatment/Finances/Appointments

I (print) _____ give the office of Soma Integrative Dentistry & Team authorization to discuss my treatment plan, finances or any appointment I have scheduled in your office with the members of my immediate family (names below) until further notice.

Family Member: _____

Family Member: _____

Family Member: _____

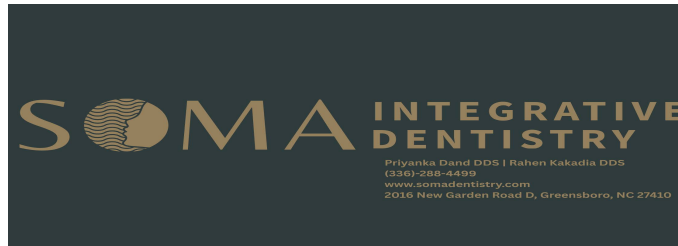
Signature: _____ Date: _____

Consent for Transfer of Funds Within My Family Account

I (print) _____ give the office of Soma Integrative Dentistry & Team authorization to transfer funds within my family's transactions in our office, giving **credit transfers to balances that may be due at any time, without asking for authorization for each transfer, until further notice.

Signature: _____ Date: _____

****For example, Mom has a credit of -\$14 in our office and Daughter has a balance of \$9 in our office. Soma Integrative Dentistry & Team has authorization to transfer \$9 from Mom's credit to Daughter's balance and there is no need to contact you for authorization for this sharing of funds. This is solely for transactions within the accounting in our office and does not require us to access your credit card/banking accounts.**



Soma Integrative Dentistry AND YOUR INSURANCE PLAN - HOW THEY WORK TOGETHER

The staff at ***Soma Integrative Dentistry*** is pleased that you have insurance benefits to help with the cost of your dental care. We would like to help you obtain the maximum use of these benefits. With this in mind, please read the following information regarding our insurance claims processing policies so that we can work together to best utilize your benefits.

DO YOU ACCEPT MY INSURANCE?/HOW MUCH WILL THEY PAY?

We currently file claims for all private care insurance plans (*plans that do not require you to select a dentist from a list or require our office to accept a reduced fee for services*). This means that we work with literally hundreds of insurance plans and companies. Although we can maintain computerized history of payment by a given company, they do change, and therefore it is impossible to give you a guaranteed quote at the time of service.

We estimate your portion based on the most up-to-date information we have, but it is **ONLY AN ESTIMATE**. If you would like to know a more exact insurance benefit, we will be happy to file a “pre-treatment authorization” with your insurance company prior to treatment. This does delay treatment but will give you a more “exact” out of pocket figure you may require (based off your benefits at the time they process the authorization).

I THOUGHT I PAID MY PORTION BUT I GOT A BILL, WHY?

We base the patient portion of your bill on our most current data although there are many factors that can affect this estimate. There may be a deductible (*individual or family*) or you may have received treatment in another office prior to joining ***Soma Integrative Dentistry***, which is not calculated into our database. Sometimes you may need to see a specialist for care, which also uses your annual benefit. Insurance companies do not (*and cannot in most cases*) notify us of changes to your benefits, they only notify you. If these situations apply to you, please let us know when we estimate your treatment plan so we may adjust accordingly. Also, information given by insurance representatives over the phone is not a guarantee of payment or guaranteed to be accurate. Since it is your insurance plan it is also your responsibility to be familiar with all aspects of your individual plan.

INSURANCE DIDN'T PAY, NOW WHAT?

We bill your insurance as a courtesy. If insurance does not pay within 60 days, ***Soma Integrative Dentistry*** reserves the right to request payment in full from you for services performed and let you collect the insurance funds that are due to you. This is rare but it is important that you recognize that the insurance policy you carry is a legal contract between you and your insurance company. Our office is not, and cannot be a part of that legal contract. Ultimately, you are responsible for all charges incurred in our office.

FINANCIAL OPTIONS

Soma Integrative Dentistry does request payment in full for your portion at the time of service. Beside ATM Debit Cards (which are run like a credit card-no pin needed), we also accept MasterCard, VISA, American Express and Discover. If you are in need of an extended finance option, we also work with Care Credit, who offers low monthly payments with possible low fixed interest rates for those who are eligible. These plans and their benefits are designed to help meet your treatment plan needs. Just ask one of the patient service staff for an application.

We welcome you to our dental family and look forward to helping you get the healthy, beautiful smile you've always wanted. If there is anything we can do to make your visits here more pleasant, please don't hesitate to ask one of our staff members.

I have read, understand, and accept the terms of the above outlined policies for insurance handling and financial commitments that I may incur as a result of treatment at Soma Integrative Dentistry

Signature

Date