



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning						
Lane Swim 6:00am-8:25am 6 lanes	Lane Swim 6:00am-2:00pm 3 lanes	Lane Swim 6:00am-9:25am 3 lanes	Lane Swim 6:00am-8:25am 6 lanes	Lane Swim 6:00am-8:25am 3 lanes	Lane Swim 7:00am-9:00am 3 lanes	Swim Club 7:30am-11:30am
Leisure Swim 6:00am-9:30pm	Leisure Swim 6:00am-9:30pm	Leisure Swim 6:00am-9:30pm	Leisure Swim 6:00am-9:30pm	Leisure Swim 6:00am-9:30pm	Tri BC Swim 7:15am-8:15am	Lane Swim 11:30am-2:30pm 3 lanes
Blended Aquafit 8:30am-9:30am Main pool	Lifesaving Club 7:15am-9:15am	Lifesaving Club 7:15am-9:15am	Blended Aquafit 8:30am-9:30am Main pool	Swim Club 6:15am-7:15am	Dragon Boat 8:15am-11:45am	Swim Lessons 11:00am-2:30pm
Swim Lessons 9:00am-11:30am		Blended Aquafit 9:30am-10:30am Main pool	Lane Swim 9:30am-2:00pm 3 lanes	Blended Aquafit 8:30am-9:30am Main pool	Leisure Swim 7:00am-6:00pm	
Blended Aquafit 10:00am-10:45am Main Pool		Swim Lessons 9:00am-11:30am		Blended Aquafit 10:00am-10:45am Main Pool	Swim Lessons 9:00am-1:00pm	
					Lane Swim 8:15am-1:00pm 2 lanes	
Afternoon						
Public Swim 10:45am-4:00pm 1 lane	Physio Swim 12:30pm-2:00pm 3 lanes	Public Swim 10:30am-4:00pm 1 lane	Physio Swim 12:30pm-2:00pm 3 lanes	Public Swim 10:45am-3:30pm 1 lane	Public Swim 1:00pm-6:00pm 1 lane	Public Swim 2:30pm-8:30pm 1 lane
	Public Swim 2:00pm-4:00pm 1 lane		Public Swim 2:00pm-4:00pm 1 lane			
Evening						
Swim Club 4:00pm-8:30pm	Swim Lessons 4:00pm-7:00pm	Swim Club 4:00pm-8:30pm	Swim Lessons 4:00pm-7:30pm	Swim Club 4:00pm-6:30pm		
Lane Swim 4:00pm-8:30pm 2 lanes	Swim Club 4:00pm-6:30pm	Lane Swim 4:00pm-8:30pm 2 lanes	Swim Club 4:00pm-6:30pm	Public Swim 6:30pm-9:30pm 1 lane		
	Blended Aquafit 7:00pm-8:00pm Main pool	Public Swim 8:00pm-9:30pm 1 lane	Lane Swim 6:30pm-8:00pm 2 lanes			
	Public Swim 8:00pm-9:30pm 1 lane		Tri BC Swim 7:00pm-8:00pm			
			Public Swim 8:00pm-9:30pm 1 lane			
Leisure Pool: A shallow, family friendly section of the pool. Also includes the lazy river, hot tub and sauna. Public Swim: Includes the main pool, diving board, leisure pool, hot tub and sauna. Lane Swim: A time when lanes are available for lane swim.						