



2025 Annual Report



Letter from the Chair and CEO

As the needs of our communities across the province shift and change, YMCA BC has grown and been adaptable in the way it provides support—finding new ways to make an impact while dependably providing the crucial programs and services the Y is known for.

That’s what makes the YMCA BC Foundation’s continued support essential, as it allows YMCA BC to be innovative and forward-thinking in how it shows up for community members. This was especially true in 2025, as the Foundation put forward more than \$5.8 million in grants that invest in YMCA BC’s commitment to building healthy, vibrant programs and spaces where everyone belongs.

This funding makes an important difference for people of all ages and walks of life who turn to the YMCA. They include dozens of older adults who received valuable mental wellness support through the Y’s Aging Mindfully program, and hundreds of women who gained tools to navigate their changing health needs with Moving Through Menopause—both introduced in 2025 with Foundation support. They are also the girls across Greater Vancouver who kept active and built confidence through the YMCA’s new Kick Like a Girl initiative, and the parents depending upon its Healthy Family Network to help put nutritious meals on their children’s plates.

The Y strives to ensure everyone can participate in its life-enhancing programs, and that nobody is turned away because of an inability to pay. The Foundation was

instrumental in facilitating that access for all with more than \$500,000 in contributions to YMCA BC’s Financial Assistance program, directly supporting 1,428 people across British Columbia in 2025. Reducing economic barriers for community members helps YMCA BC achieve its purpose—to enable equitable access to healthier outcomes for all.

To build such a significant and lasting impact requires the care and compassion of many selfless individuals. We are so grateful for the work of our volunteer Board of Trustees and Advancing Philanthropy Committee members, who graciously provide us with their time and expertise in guiding the Foundation forward. And, of course, we wholeheartedly thank our generous donors and those leaving legacy gifts to the YMCA BC Foundation—none of our work is possible without their support.



Bob Chan-Kent
Chair,
YMCA BC Foundation



Heidi Worthington
President & CEO,
YMCA BC



FINANCIAL STATEMENTS

Summary of the YMCA BC Foundation Financial Statements
Years Ended December 31, 2025 and 2024

	2025 \$ ('000)	2024 \$ ('000)
STATEMENT OF FINANCIAL POSITION		
Current assets	63,838	65,517
Restricted cash	1,057	439
Investments	28,988	29,877
Tenant incentives	671	916
Notes Receivables	3,000	
Real property	16,412	17,326
Total assets	113,966	114,075
Current liabilities	359	8,711
Long-term debt	7,427	-
Net assets	106,180	105,364
Total liabilities and net assets	113,966	114,075

	2025 \$ ('000)	2024 \$ ('000)
STATEMENT OF OPERATIONS		
Revenue*	8,898	11,382
Expenses	8,614	5,785
Other items: Gain on Asset Disposal	798	
Excess (deficiency) of revenue over expenses before amortization	1,082	5,597
Amortization of property and equipment	-385	-384
Excess (deficiency) of revenue over expenses for the year	697	5,213
Complete financial statements audited by MNP, and from which this summary is extracted, are available upon request.		

FINANCIAL HIGHLIGHTS

How the Foundation Invests in Community



2025 YMCA BC FOUNDATION QUICK FACTS Foundation grants enabled YMCA BC to serve communities in many ways in 2025.

470
passionate alumni from
Camp Elphinstone, Camp
Howdy, Camp Deka,
and Camp Kanannag
connected **through**
**the YMCA Camp
Alumni Program.**



36
grants* provided,
supporting
YMCA BC's
commitment to
**building vibrant,
healthy, inclusive
communities.**
**not including Designated
grants from Named Funds.*



152
girls ages 4-14 participated
in Kick Like a Girl—a pilot,
indoor soccer program
developed in partnership with
Whitecaps FC that combines skill
development, teamwork and
confidence-building.

33,170
hot meals and 76,960
snacks provided to families in
need through the Healthy
Family Network.



1,428
community members
**accessed Y facilities,
camps, and programs
through Foundation-
funded Financial
Assistance**—ensuring no
one is turned away due to
financial reasons.



130
older adults received valuable mental
wellness support and **built meaningful
connections through the Aging
Mindfully program.**



Supported the
development and
implementation of
**YMCA BC's first Truth
& Reconciliation
Action Plan**

9,958
youth across **25 schools**
participated in the Youth
Transitions Program, receiving
valuable support and
**resources to help with
their transition points
in school.**



Donations, Gifts & Grants

Funds that Received Designated Gifts in 2025

- Angela Spanjers Youth Fund
- Barrie and Lorna Sutton Leadership Development Fund
- Chilliwack Family YMCA Endowment Fund
- Jim and Dorothy Condie Fund
- Mark Hume Leadership and Waterfront Fund
- Nancy Forrest and Eric Craigie Fund
- Norm Gloag Memorial Campership Fund
- The Bob Carl Memorial Fund
- The Lorne and May Brown Campership, Leadership and Outdoor Education Fund
- Wilfred Spearman Campership Fund
- YMCA Healthy Heart Endowment Fund

Donations made through the Vancouver Foundation:

- JD Wilson Charitable Trust
- Guy Flavelle Memorial Fund
- Chilliwack Family YMCA Endowment Fund

In Memory Gifts 2025

Gifts given to the Foundation in memory of friends and family members:

- | | |
|----------------------------|------------------------------|
| In memory of Betty Butz | In memory of Mark Hume |
| In memory of Eric Craigie | In memory of Angela Spanjers |
| In memory of Anthony Essex | In memory of Ursula Vine |

YMCA BC FOUNDATION BOARD OF TRUSTEES

- | | |
|-----------------------|--------------------------------|
| Bob Chan-Kent (Chair) | Melinda McKie (Past Chair) |
| Jane Adams* | Stephanie Nesbitt (Vice Chair) |
| Katerina Anastasiadis | Farzin Remtulla (Vice Chair) |
| Rikki Beaudet | Michele Santos* |
| Gavin Hume, K.C. | Grant Stockwell |
| Ameet Johal | Raphael Tachie |
| Dallas Leung | |

*Jane Adams stepped off Board in November 2025 | Michele Santos joined Board in June 2025

ADVANCING PHILANTHROPY COMMITTEE MEMBERS

- | | |
|-----------------------------|------------------------------|
| Kelsey Dunwoodie (Co-Chair) | Stephanie Nesbitt (Co-Chair) |
| Gavin Hume, K.C. | Michele Santos |
| Cindy Lee | Raphael Tachie |
| Eddy Mejlholm | |

