Cheam Leisure Centre - Aquatic Schedule

Summer Schedule: June 29th - August 3rd 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Morning						
Lane Swim 6:00am-7:55am *6 lanes*	**Lane Swim** 6:00am-9:00am *6 lanes*	**Lane Swim** 6:00am-7:55am *6 lanes*	**Lane Swim** 6:00am-8:55am *6 lanes*	**Lane Swim** 6:00am-7:55am *6 lanes*	**Lane Swim** 7:00am-9:00am *6 lanes*	**Lane Swim** 7:00am-11:30am *6 lanes*
Leisure Swim 6:00am-9:30pm	**Leisure Swim** 6:00am-9:30pm	**Leisure Swim** 6:00am-9:30pm	**Leisure Swim** 6:00am-9:30pm	**Leisure Swim** 6:00am-9:30pm	**Leisure Swim** 7:00am-6:00pm	**Leisure Swim** 7:00am-8:30pm
Blended Aquafit 8:00am-9:00am	**Swim Lessons** 9:00am-12:30pm	**Blended Aquafit** 8:00am-9:00am	**Swim Lessons** 9:00am-12:30pm	**Blended Aquafit** 8:00am-9:00am	**Swim Lessons** 9:00am-1:00pm	**Swim Lessons** 11:30am-2:30pm
Lane Swim 10:00am-12:00pm *2 lanes*	**Swim Club** 10:00am-12:15pm	**Swim Lessons** 9:00am-12:30pm	**Swim Club** 10:00am-12:15pm	**Swim Lessons** 9:00am-12:30pm	**Lane Swim** 9:00am-1:00pm *3 lanes*	**Lane Swim** 11:30am-2:30pm *3 lanes*
Swim Club 10:00am-12:15pm		**Swim Club** 10:00am-12:15pm		**Swim Club** 10:00am-12:15pm		
Afternoon						
Public Swim 12:30pm-9:30pm *1 lane*	**Physio Swim** 12:30pm-2:00pm	**Public Swim** 12:30pm-9:30pm *1 lane*	**Physio Swim** 12:30pm-2:00pm	**Public Swim** 12:30pm-9:30pm *1 lane*	**Public Swim** 1:00pm-6:00pm *1 lane*	**Public Swim** 2:30pm-8:30pm *1 lane*
	Lane Swim 12:30pm-2:00pm *3 lanes*		**Lane Swim** 12:30pm-2:00pm *3 lanes*			
	Public Swim 2:00pm-4:00pm *1 lane*		**Public Swim** 2:00pm-4:00pm *1 lane*			
Evening						
	Swim Lessons 4:00pm-7:00pm		**Swim Lessons** 4:00pm-7:30pm			
	Lane Swim 4:00pm-6:55pm *3 lanes*		**Lane Swim** 4:00pm-7:30pm *3 lanes*			
	Blended Aquafit 7:00pm-8:00pm		**Public Swim** 7:30pm-9:30pm *1 lane*			
	Public Swim 8:00pm-9:30pm *1 lane*					

Leisure Pool: A shallow, family friendly section of the pool. Also includes the lazy river, hot tub and sauna.
Public Swim: Includes the main pool, diving board, leisure pool, hot tub and sauna.
Lane Swim: A time when lanes are available for lane swim.