YMCA BC

Bettie Allard YMCA

Gymnasium Schedule

Summer Schedule - Effective July 6th – August 21st, 2026!

Room Guide & Abbreviations:

(G) Gymnasium (Reg.) Registered Programs
(D.I.) Drop In (YPB) Y Play B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Morning – Open to 12:00pm						
Drop-in Beginner Pickleball (G) 6:00am-9:00am **(16+)**	**Drop-in Badminton** (G) 6:00am-9:00m	**Drop-in Inter/Adv Pickleball** (G) 6:00am-9:00am **(16+)**	**Drop-in Basketball** (G) 6:00am-9:00am **(All Ages)**	**Drop-in Basketball** (G) 6:00am-9:00am **(All Ages)**	**Drop-in Basketball** (G) 7:00am-9:00am **(All Ages)**	(Reg.) **Badminton** (G) 7:15am-9:15am
Indoor Family Playground (G) 9:30am-12:00pm **(Parents Present)**	**Cardio Dance** (G) 9:15am-10:15am	**Indoor Family Playground** (G) 9:30am-12:00pm **(Parents Present)**	**Cardio Dance** (G) 9:15am-10:15am	**Indoor Family Playground** (½ G) 9:30am-12:00pm **(Parents Present)**		
	(Reg) Summer Kids (G) 10:30am-12:30pm		**(Reg) Summer Kids** (G) 10:30am-12:30pm	**(Reg) Summer Kids** (G) 9:30am-12:00pm	**Indoor Family Playground** (G) 9:30am-12:00pm **(Parents Present)**	**Family Open Gym** 9:30am-11:00am **(Parents Present)**
Afternoon – 12:00pm to 4:00pm						
(Reg) Summer Kids (G) 12:30am-2:30pm	**Drop-in Youth Pickleball** (G) 1:00pm-3:00pm **(10-18 yrs)**	**(Reg) Summer Kids** (G) 12:30am-2:30pm	**Drop-in Youth Pickleball** (G) 1:00pm-3:00pm **(10-18 yrs)**	**Drop in Pickleball** (G) 12:30am-2:30pm **(16+)**	**Summer Drop-in Basketball** (G) 12:30pm-2:30pm	**Birthday Parties** 11:00am-2:00pm (Reg. Booking)
Drop-in Basketball (G) 2:45pm-3:45pm	**Drop-in Basketball** (G) 3:15pm-4:15pm	**Drop-in Basketball** (G) 2:45pm-3:45pm	**Drop-in Basketball** (G) 3:15pm-3:30pm	**Drop-in Basketball** (G) 2:45pm-5:15pm	(Reg.) **Beginners Volleyball** (G) 2:45pm-4:15pm	**Drop-in Basketball** (G) 2:00pm-4:00pm **(All Ages)**
Evening – 4:00pm to Close						
(Reg.) **Little Kickers** (G) 4:00pm-5:00pm	**CYF Basketball** (G) 4:30pm-5:30pm	(Reg.) **Little Kickers** (G) 4:00pm-5:00pm	**CYF Sports** (G) 4:00pm-6:00pm	(Reg.) **Badminton** (G) 5:30pm-7:30pm	(Reg.) **Inter/Adv Volleyball** (G) 4:15pm-6:15pm	**Y Hoops (G)** 1:30pm-3:15pm **Y Volley (G)** 3:30pm-4:30pm
	CYF Active Kids (G) 5:30pm-6:00pm		**CYF Sports** (G) 4:00-6:00pm **(12-16yrs)**		**(Reg.)Ping Pong** (YPB) 6:00pm-8:00pm	**Drop-in Pickleball** (G) 4:15pm-6:15pm **(16+)**
CYF Sports (G) 5:00pm-6:00pm	**Dance** (G) 6:15pm-7:15pm	**CYF Sports** (G) 5:00pm-6:30pm	**Zumba** (G) 6:15pm-7:15pm			**(Reg.)Ping Pong** (YPB) 6:00pm-8:00pm
(Reg.) **Inter/Adv Pickleball** (G) 7:00pm-9:30pm **(16+)**	(Reg.) **Advance Volleyball** (G) 7:30pm-9:30pm **(16+)**	(Reg.) **Beginner Pickleball** (G) 7:15pm-9:30pm	**Drop-in Basketball** (G) 7:30pm-9:30pm **(All Ages)**	**Drop-in Soccer** (G) 8:00pm-9:30pm **(16+)**	**Adult Only Basketball** (G) 6:30pm-8:30pm **(19+)**	(Reg.) **Badminton** (G) 6:30pm-8:30pm

Updated on July 21, 2026
Schedule may change without notice. For bookings, live updates for most programs, please check the YMCA BC app.