

| MONDAY                                               | TUESDAY                                              | WEDNESDAY                                                       | THURSDAY                                             | FRIDAY                                                 | SATURDAY                                              | SUNDAY                                                 |
|------------------------------------------------------|------------------------------------------------------|-----------------------------------------------------------------|------------------------------------------------------|--------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------------|
| <b>Morning – Open to 12:00pm</b>                     |                                                      |                                                                 |                                                      |                                                        |                                                       |                                                        |
| <b>Drop in Basketball</b><br>6:15-7:45am<br>East Gym | <b>Drop in Basketball</b><br>6:15-9:00am<br>Full Gym | <b>Drop in Basketball</b><br>6:15-7:45am<br>East Gym            | <b>Drop in Basketball</b><br>6:15-7:45am<br>East Gym | <b>Drop in Basketball</b><br>6:15-7:45am<br>East Gym   | <b>Drop in Basketball</b><br>8:15-9:00am<br>Full Gym  | <b>Pickleball 1</b><br>8:15-10:15am<br>Full gym        |
| <b>Badminton</b><br>6:15-7:45am<br>West Gym          |                                                      | <b>Badminton</b><br>6:15-7:45am<br>West Gym                     | <b>Badminton</b><br>6:15-7:45am<br>West Gym          | <b>Badminton</b><br>6:15-7:45am<br>West Gym            | <b>Pickleball</b><br>9:15-10:45am<br>Full gym         | <b>Pickleball 2</b><br>10:15-12:15pm<br>Full gym       |
| <b>Y Gentle</b><br>8:00-9:00am<br>Full Gym           |                                                      | <b>Y Gentle</b><br>8:00-9:00am<br>Full Gym                      | <b>Drop in Basketball</b><br>8:00-9:00am<br>Full Gym | <b>Y Gentle</b><br>8:00-9:00am<br>Full Gym             | <b>Drop in Basketball</b><br>11:00-1:45pm<br>Full gym | <b>Basketball Shooting</b><br>12:30-1:15pm<br>West Gym |
| <b>Pickleball 1</b><br>9:15-11:15am<br>Full gym      | <b>Pickleball 1</b><br>9:15-11:15am<br>Full gym      | <b>Pickleball 1</b><br>9:15-11:00am<br>Full gym                 | <b>Pickleball 1</b><br>9:15-11:00am<br>Full gym      | <b>Drop in Basketball</b><br>9:15-12:00<br>Full Gym    | <b>Generation Health</b><br>2:00-4:45pm<br>Half Gym   | <b>Drop in Basketball</b><br>1:30-4:45pm<br>Full Gym   |
| <b>Pickleball 2</b><br>11:15-1:15pm<br>Full gym      | <b>Pickleball 2</b><br>11:15-1:15pm<br>Full gym      | <b>Pickleball 2</b><br>11:00-12:45pm<br>Full gym                | <b>Pickleball 2</b><br>11:00-12:45pm<br>Full gym     |                                                        |                                                       |                                                        |
| <b>Afternoon – 12:00pm to 4:00pm</b>                 |                                                      |                                                                 |                                                      |                                                        |                                                       |                                                        |
| <b>Drop in Basketball</b><br>1:30-4:15pm<br>Full gym | <b>Drop in Basketball</b><br>1:30-4:15pm<br>Full gym | <b>VSB Foundations Private class</b><br>1:00-2:00pm<br>Full gym | <b>Drop in Basketball</b><br>1:00-6:30pm<br>Full gym | <b>Beginner Pickleball</b><br>12:15-1:45pm<br>Full gym |                                                       |                                                        |
|                                                      |                                                      | <b>Drop in Basketball</b><br>2:15-4:15<br>Full Gym              |                                                      |                                                        |                                                       |                                                        |
| <b>Evening – 4:00pm to Close</b>                     |                                                      |                                                                 |                                                      |                                                        |                                                       |                                                        |
| <b>Drop in Basketball</b><br>4:30-6:00pm<br>East Gym | <b>Drop in Basketball</b><br>4:30-6:00pm<br>East Gym | <b>Pickleball 3</b><br>4:30-6:00pm<br>Full gym                  | <b>Drop in Soccer</b><br>6:45-8:45pm<br>Full Gym     | <b>Drop in Basketball</b><br>2:00-6:00pm<br>East Gym   |                                                       |                                                        |
| <b>Badminton</b><br>4:30-6:00pm<br>West Gym          | <b>Badminton</b><br>4:30-6:00pm<br>West Gym          | <b>Shotokan Karate</b><br>6:30-8:30pm<br>Full Gym               |                                                      | <b>Badminton</b><br>4:30-6:00pm<br>West Gym            |                                                       |                                                        |
| <b>Shotokan Karate</b><br>6:30-8:30pm<br>Full Gym    | <b>Drop in Basketball</b><br>6:15-8:30pm<br>Full gym |                                                                 |                                                      | <b>Drop in Basketball</b><br>6:15-8:30pm<br>Full Gym   |                                                       |                                                        |

No registration required for programs labelled drop in.

This schedule is subject to change without warning.

Please allow 15 minutes for set up and take down times