

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING						
Lane Swim 6:00am-8:25am <i>6 lanes</i>	Lane Swim 6:00am-2:00pm <i>3 lanes</i>	Lane Swim 6:00am-9:55am <i>3 lanes</i>	Lane Swim 6:00am-8:25am <i>6 lanes</i>	Lane Swim 6:00am-8:25am <i>3 lanes</i>	Lane Swim 7:00am-9:00am <i>6 lanes</i>	Swim Club 7:30am-11:30am
Leisure Swim 6:00am-9:30pm	Lifesaving Club 7:15am-9:15am	Lifesaving Club 7:15am-9:15am	Leisure Swim 6:00am-9:30pm	Leisure Swim 6:00am-9:30pm	Leisure Swim 7:00am-6:00pm	Lane Swim 11:30am-2:30pm <i>3 lanes</i>
Blended Aquafit 8:30am-9:30am <i>Main Pool</i>	Leisure Swim 6:00am-9:30pm	Leisure Swim 6:00am-9:30pm	Blended Aquafit 8:30am-9:30am <i>Main pool</i>	Swim Club 6:15am-7:15am	Swim Lessons 9:00am-12:30pm	Swim Lessons 11:00am-2:30pm
Swim Lessons 9:00am-12:30pm		Gentle Aquafit 10:00am-10:45am <i>Main Pool</i>	Lane Swim 9:30am-2:00pm <i>3 lanes</i>	Blended Aquafit 8:30am-9:30am <i>Main pool</i>	Lane Swim 9:00am-1:00pm <i>3 lanes</i>	
Gentle Aquafit 10:00am-10:45am <i>Main Pool</i>		Swim Lessons 9:00am-12:30pm		Swim Lessons 9:30am-12:30pm		
Lane Swim 11:00am-12:30pm <i>3 lanes</i>		Lane Swim 11:00am-12:30pm <i>3 lanes</i>		Gentle Aquafit 10:00am-10:45am <i>Main Pool</i>		
				Lane Swim 11:00am-12:30pm <i>3 lanes</i>		
AFTERNOON						
Public Swim 12:30pm-3:55pm <i>1 lane</i>	Physio Swim 12:30pm-2:00pm	Public Swim 12:30am-3:55pm <i>1 lane</i>	Physio Swim 12:30pm-2:00pm	Public Swim 12:30pm-3:55pm <i>1 lane</i>	Public Swim 1:00pm-6:00pm <i>1 lane</i>	Public Swim 2:30pm-8:30pm <i>1 lane</i>
	Public Swim 2:00pm-3:55pm <i>1 lane</i>		Public Swim 2:00pm-3:55pm <i>1 lane</i>			
EVENING						
Swim Club 4:00pm-6:30pm	Swim Lessons 4:00pm-7:00pm	Swim Club 4:00pm-6:30pm	Swim Lessons 4:00pm-7:30pm	Swim Club 4:00pm-6:30pm		
Swim Club 6:30pm-8:30pm	Swim Club 4:00pm-6:30pm	Swim Club 6:30pm-8:30pm	Swim Club 4:00pm-6:30pm	Public Swim 6:30pm-9:30pm <i>1 lane</i>		
Lane Swim 4:00pm-8:30pm <i>2 lanes</i>	Blended Aquafit 7:00pm-8:00pm <i>Main pool</i>	Lane Swim 4:00pm-8:30pm <i>2 lanes</i>	Public Swim 7:30pm-9:30pm <i>1 lane</i>			
Public Swim 8:30pm-9:30pm <i>1 lane</i>	Public Swim 8:00pm-9:30pm <i>1 lane</i>	Public Swim 8:30pm-9:30pm <i>1 lane</i>				
Leisure Pool: A shallow, family friendly section of the pool. Also includes the lazy river, hot tub and sauna. Public Swim: Includes the main pool, diving board, leisure pool, hot tub and sauna. Lane Swim: A time when lanes are available for lane swim.						
*Thursday's Blended Aquafit will not run between September 8 th and October 7 th . Regular Thursday classes resume on October 8 th . *Full pool closure; including leisure and hot areas: October 19 th , 12:30pm-3:30pm; October 20 th , 9:00am-11:30am & December 20 th 10:00am-12:00pm . Schedule is subject to change, please contact 604 824 0231 for any schedule inquiries.						

