



Ieləŋ YMCA Community Centre

September 28th - December 20th

Gymnasium Classes and Programs

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Gym** 9:00am – 11:00am	Indoor Family Playground (ages 0-12) 10:15am – 11:15am		Indoor Family Playground (ages 0-12) 10:15am – 11:15am		Open Gym** 9:00am – 11:00am	Seniors Open Gym** 9:00am – 11:00am
Basketball 11:30am – 1:00pm	Seniors Badminton 11:30am – 1:00pm	Basketball 11:30am – 1:00pm	Badminton 11:30am – 1:00pm	Badminton 11:30am – 1:00pm	Beginner Pickleball 11:15am – 12:45pm	Indoor Family Playground* (ages 0-12) 11:15am – 1:15pm
Intermediate Pickleball 1:15pm – 2:45pm	Beginner Pickleball 1:30pm – 3:00pm	Badminton 1:15pm – 2:45pm	Indoor Soccer 1:45pm – 2:45pm	Seniors Pickleball 1:15pm – 2:45pm	Basketball 1:00pm – 2:30pm	Rental / Birthday Party (G) 1:45pm – 3:45pm
Kids + Youth Gym Time (ages 6-12) 3:15pm – 5:15pm	Open Gym** 3:15pm – 5:15 pm	Indoor Family Playground (ages 0-12) 3:15pm – 5:15pm	Open Gym** 3:00pm – 5:00pm	Indoor Family Playground (ages 0-12) 3:15pm – 5:15pm	Family Badminton (ages 7+) 3:00pm – 4:30pm	Movie Night (G) (ages 0-12) 4:30pm – 6:30pm <i>Check Dates Below</i>
Family Badminton (ages 7+) 5:45pm to 7:15pm	Badminton 5:30pm – 7:00pm	Beginner Pickleball 5:30pm – 7:00pm	Beginner Pickleball 5:15pm – 6:45pm	Basketball 5:30pm to 7:00pm	Intermediate Pickleball 5:00pm – 6:30pm	
Indoor Soccer 7:30pm to 8:30pm	Volleyball 7:15pm to 8:45pm	Indoor Soccer 7:30pm to 8:30pm	Volleyball 7:00pm to 8:30pm	Indoor Soccer 7:30pm to 8:30pm		

*Sunday Indoor Family Playground will include the Bouncy Castle set up. **Basketball is not allowed during Open Gym times, please come for scheduled Basketball times to play this sport.